**Monday-March 2**
Bosco Cheese Sticks W/Marinara
Peas & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Grilled Cheese Sandwich
Palitos de Queso con Salsa Marinara

**Tuesday-March 3**
Baked Mini Corn Dogs
Baked Potato Smiles & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Hummus Box
Perro Caliente Enchilado

**Wednesday-March 4**
Baked Mini Corn Dogs
Baked Potato Smiles & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Hummus Box
Perro Caliente Enchilado

**Thursday-March 5**
**BUILD YOUR OWN BURGER**
Baked Potato Wedges & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Bean & Cheese Burrito
Haga su Propio Hamburguesa

**Friday-March 6**
PIZZA FRIDAY!
Cheese or Pepperoni Pizza
Green Salad & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Power Pack
Pizza de Queso o Salsa chipa

**Monday-March 9**
Quesadilla
Mexican Rice, Carrots & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Grilled Cheese Sandwich
Quesadilla

**Tuesday-March 10**
Baked Chicken Tenders Or Meatball Sub w/Broccoli & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Hummus Box
Pizza de Pollo

**Wednesday-March 11**
Rotini Pasta w/Meat Sauce
Vegetable Medley & Assorted Fruit or Chicken Cesar Salad
Assorted Deli Sandwiches
Vegetarian Option: Protein Box w/Bagel
Pizza con Salsa con Carne

**Thursday-March 12**
**All-Beef Hot Dogs**
Atendiendo a la Carne
Assorted Deli Sandwiches
Vegetarian Option: Bean & Cheese Burrito
Perro Caliente de Res

**Friday-March 13**
PIZZA FRIDAY!
Cheese or Pepperoni Pizza
Tossed Salad & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Power Pack
Pizza de Queso o Salsa chipa

**Monday-March 16**
Hamburgers
Corn
Baked Lays & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Grilled Cheese Sandwich
Hamburgueras

**Tuesday-March 17**
Baked Chicken Tenders
Steamed Cauliflower, Carrots & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Hummus Box
Pizza de Pollo

**Wednesday-March 18**
**Brunch For Lunch**
Mini Pancakes, Beef Sausage Patty, Baked Tater Tots, 100% Juice
or Cheif Salad
Assorted Deli Sandwiches
Vegetarian Option: Protein Box w/Bagel
Pancakes

**Thursday-March 19**
**Orange Chicken**
Brown Rice, Steamed Broccoli & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Bean & Cheese Burrito
Pizza de Pollo Sabor Saramija

**Friday-March 20**
PIZZA FRIDAY!
Cheese or Pepperoni Pizza
Garden Salad & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Power Pack
Pizza de Queso o Salsa chipa

**Monday-March 23**
**BBQ Rib Sandwich**
Green Beans & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Grilled Cheese Sandwich
Sandwich de Costillas

**Tuesday-March 24**
**All-Beef Hotdog**
Vegetarian Beans & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Hummus Box
Perro Caliente de Res

**Wednesday-March 25**
**Roast Chicken**
Baked Cross Trax Fries & Assorted Fruit or Southwest Chicken Salad
Assorted Deli Sandwiches
Vegetarian Option: Protein Box w/Bagel
Pollo Bernando

**Thursday-March 26**
**Beef Taco**
Hard or Soft
Spanish Rice, Corn & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Power Pack
Taco de Res

**Friday-March 27**
PIZZA FRIDAY!
Cheese or Pepperoni Pizza
Tossed Salad & Assorted Fruit
Assorted Deli Sandwiches
Vegetarian Option: Power Pack
Pizza de Queso o Salsa chipa

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Do you know that your kids can go to the fruit and salad bar **every day?**

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Daily Milk Options:
- 1% white-(Breakfast & Lunch)
- Nonfat White-(Breakfast & Lunch)
- Nonfat Chocolate-(Lunch Only)

Menus & Food & Nutrition Info can be found on our website at [www.smmusd.org/foodservices](http://www.smmusd.org/foodservices)

Suggestions or questions, email: fns@smmusd.org

Prepay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)
HARVEST OF THE MONTH

Health and Learning Success Go Hand-in-Hand: Eating a balanced diet rich in fruits, vegetables and whole grains supports a healthy body and mind. With Harvest of the Month, your family can explore, taste and learn about fruits and vegetables and being active every day.

Produce Tips: Strawberries
- Strawberries are the first fruit to ripen each spring! You don’t have to wait long to enjoy them.
- Over 75% of strawberries grown in the US are grown in California.
- Store unwashed strawberries in the refrigerator for up to three days. Before serving, use cool water to gently wash them with green caps still attached.
- A ½ cup of strawberries is an excellent source of Vitamin C. Vitamin C helps your body absorb the iron found in foods.
- Strawberries can be enjoyed by themselves, in a smoothie, as a yogurt or cereal topping, and on salads (spinach base is bes

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<tr>
<th>Cycle Date</th>
<th>Coffee Cake Or Cereal w/ Graham Crackers</th>
<th>Biscuit w/Sausage Or Cereal w/ String Cheese</th>
<th>Pancakes Or Cereal w/ Graham Crackers</th>
<th>Assorted Muffin w/ Yogurt Or Cereal w/ Graham Crackers</th>
<th>Banana Bread Or Cereal w/ Graham Crackers</th>
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<td>Cycle 1</td>
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<td>Mar. 4-9</td>
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<td>Mar. 25-29</td>
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Offered with Every Breakfast: Fruit: Assorted 4oz juice, fresh, or canned - Milk offered Daily: 1% and nonfat white

Did you know? You may qualify for CalFresh and/or Affordable Health Care Benefits? Visit Virginia Avenue Park Tuesdays, 8 am- 5 pm. For more information/appointments call 310-458-8688

Opt out of Nonfat Chocolate Milk via email at fns@smmusd.org

MEAL PRICES
- Elementary Full Price Breakfast-$1.75
- Secondary Full Price Breakfast-$2.00
- Reduced Breakfast-$0.30
- Elementary Full Price Lunch-$3.75
- Secondary Full Price Lunch-$4.25
- Reduced Lunch-$0.40
- Adult Prices: Breakfast-$2.75
- Lunch-$4.75