



October 2024



Menu

Menu is Subject to Change without notice

Cycle Date

<p>Week October 01-04</p>		<p>Spaghetti w/ Meatballs & Marinara Sauce Bread Sticks or WG Bean & Cheese Burrito or Chinese Chicken Salad</p>	<p>Orange Chicken w/ Brown Rice & Broccoli or Ham & Cheese Sandwich w/ Side Salad or Veggies & Hummus Salad w/ pita</p>	<p>HOLIDAY</p>	<p>Cheese Pizza w/ Side Salad or WG Bean & Cheese Burrito or Chef Salad</p>
<p>Week October 07-11</p>	<p>Hamburger w/ Baked Waffle Fries or Yogurt Fruit Parfait & Granola w/ Goldfish or Mandarin Chicken Salad</p>	<p>Crispy Taco w/ Cheese Rice & Beans or Yogurt Fruit Parfait & Granola w/ Color Goldfish or Chicken Caesar Salad</p>	<p>Teriyaki Beef Dunkers w/ Broccoli & Brown Rice or WG Bean & Cheese Burrito or Chef Salad</p>	<p>French Toast, Beef Sausage Patty 100% Juice or Yogurt Fruit Parfait & Granola w/ Goldfish or Chinese Chicken Salad</p>	<p>Cheese Pizza w/ Side Salad or WG Bean & Cheese Burrito or Veggies & Hummus Salad w/ pita</p>
<p>Week October 14-18</p>	<p>Bosco Cheese Sticks w/ Marinara Sauce Carrots or Yogurt Fruit Parfait & Granola w/ Goldfish or Chinese Chicken Salad</p>	<p>Chicken Sandwich on WG Bun w/ Potato Wedges or WG Bean & Cheese Burrito or Chicken Caesar Salad</p>	<p>Rotini w/ Meat Sauce Green Salad & Dinner Roll or Veggies & Hummus Salad w/ pita</p>	<p>Orange Chicken w/ Brown Rice & Broccoli or Ham & Cheese Sandwich w/ Side Salad or Mandarin Salad</p>	<p>Cheese Pizza w/ Green Salad or WG Bean & Cheese Burrito or Chef Salad</p>
<p>Week October 21-25</p>	<p>Chicken Strips w/ Tater Tots & Goldfish Crackers or Yogurt Fruit Parfait & Granola w/ Goldfish or Chinese Chicken Salad</p>	<p>Chicken Taquitos w/ Rice & Beans Corn or WG Bean & Cheese Burrito or Chef Salad</p>	<p>Breaded & Baked Chicken Drumsticks & Waffles or Ham & Cheese Sandwich w/ Side Salad or Mandarin Salad</p>	<p>Baked Potato Bar w/ Cheese, Chili & Broccoli or BBQ Rib Sandwich on a Hoagie w/ Baked Wedges or Veggies & Hummus Salad w/ pita</p>	<p>Cheese Pizza w/ Green Salad or WG Bean & Cheese Burrito or Chicken Caesar Salad</p>
<p>Week October 28-31</p>	<p>WG Baked Corn Dogs w/ Baked Waffle Fries or Yogurt Fruit Parfait & Granola w/ Goldfish or Mandarin</p>	<p>Taco Salad w/ Rice, Beans, & Cheese Baked Scoops or Yogurt Fruit Parfait & Granola w/ Goldfish or Chinese Chicken Salad</p>	<p>Rotini w/ Meat Sauce Green Salad & Dinner Roll or Veggies & Hummus Salad w/ pita</p>	<p>Orange Chicken w/ Brown Rice & Broccoli or Turkey & Cheese Sandwich w/ Side Salad or Chef Salad</p>	

Offered with Every Meal: Fruit: fresh, or canned - Milk offered Daily: 1% and nonfat white and nonfat chocolate

 Cycle Date	2-Week Cycle Elementary Breakfast Menu  Menu is Subject to Change without notice				
Cycle 1 October 01-04 October 14-18 October 28-31	Coffee Cake Or Cereal w/ Graham Crackers	Croissant w/Sausage & Egg Or Cereal w/ String Cheese	Mini Pancakes Or Cereal w/ Graham Crackers	Assorted Muffin w/ Yogurt Or Cereal w/ String Cheese	Banana Bread Or Cereal w/ Graham Crackers
Cycle 2 October 07-11 October 21-25	Scrambled Eggs w/Hash Browns Or Cereal w/String Cheese	Waffle Or Cereal w/Graham Crackers	Breakfast Pizza Bagel Or Cereal w/String Cheese	French Toast Sticks Or Cereal w/Graham Crackers	Build Your Own Yogurt Parfait Or Cereal w/String Cheese