

MALIBU HIGH SCHOOL

MONDAY MESSAGE – October 28, 2024

RED RIBBON WEEK – Oct. 28 – Nov. 1:

RRW is happening here at MMS/MHS October 28-November 1. This year's Red Ribbon Week Theme is: "Life is A Movie, Film Drug Free." The awareness campaign will focus on the awareness and dangers of drugs. Students will participate in a period 2 lesson on Monday 10/28 and lunchtime activities throughout the week in partnership with MMS/MHS Counselors, BGC Malibu / Brent's Club and the Wellness Center. Daily inspiration will be read each day during announcements!

Here are the themes and messages for the week: Dress accordingly to join the fun!

- **10/28 Monday:** This year's Red Ribbon Week theme is "Life is A Movie, Film Drug Free". The theme is a call to action to speak out in support of healthy choices. It also serves as a reminder that we are all empowered with shaping the communities around us through positivity, bravery, and strength. Enjoy watching the educational film clip in your period 2 class on 10/28 and participating in discussion questions in your classes. **MONDAY'S THEME: "Put a Cap On It"** Students wear your caps/hats to symbolize putting a cap on drugs. Come visit the tables in the quad area at lunchtime. The Boys and Girls Club, Brent's Club, Wellness Center and MMS/MHS Counselors will have tables set up at lunch with various activities and to learn important facts about drugs.
- **10/29 Tuesday:** It's Red Ribbon Week! This year's theme is "Life is A Movie, Film Drug Free". The theme is a reminder that by staying drug free, you are sending a message to yourself and others about how much you value yourself, your overall health, your community and your future. One thing's for sure...by making healthy choices, like staying drug free, you are much more likely to achieve your goals. So aim for the stars! We believe in you. **TUESDAY'S THEME: "Team Up Against Drugs" on Team Day Tuesday** Students wear your team jersey to symbolize being a part of a drug free team. Come out to the quad area at lunchtime and join the fun! Brent's Club, ASB, aCoach Daryl & Wellness Center will facilitate sports and games in the quad.
- **10/30 Wednesday:** Happy Red Ribbon Week! This year's theme is "Life is A Movie, Film Drug Free". Staying drug free means investing in your current and future health. You don't have to use drugs to fit in. There are other ways to belong. Celebrate your uniqueness and show it to the world. **WEDNESDAY'S THEME: "Turn your back on drugs"** Students & teachers wear your shirts backwards to symbolize turning your back on drugs. Visit our tables at lunch and participate in the Brent's Club Pledge. Candy just may be given out with your pledge!
- **10/31 Thursday:** "Life is a Movie, Film Drug Free" that's this year's Red Ribbon Week theme. Malibu Middle School and Malibu High school love our students, and we want you to lead happy, healthy, fun and wonderful lives. We know that by making healthy choices, like staying drug free, you are more likely to live the best life for you. So take a moment to commit to yourself that you will continue to make healthy choices to ensure a brighter future. You won't regret it!

THURSDAY'S THEME: Halloween Contest/ Let's Walk the Red Carpet Students and staff dress up in your favorite Halloween costume as drugs are very "scary"! Costume Contests occur at lunch for both High School and Middle School. Come join the fun!

- **11/1 Friday:** It's the last day of Red Ribbon Week and we want to thank you for your participation in supporting healthy, drug free lifestyles. We hope you've really thought about the meaning of this year's theme: "Life is A Movie, Film Drug Free" - and how making healthy choices will help you achieve your goals in life - while having fun in the process. We only want the best for you and can't wait to see what you can achieve!
- FRIDAY'S THEME: Wear RED** Students and staff wear your RED! Raffle tickets to be given out to students who wear red. Raffle tickets will be drawn for our MMS/MHS winners!

Remember Malibu: Life is A Movie, Film Drug Free!

SCHOOL NEWS AND INFORMATION:

SENIORS MANDATORY GRADUATION MEETING: On Wednesday, October 30, all seniors are to report to the theater immediately at the beginning of Support (even if they don't have support in their schedule). Jostens will be presenting important information about C/O 2025 graduation products with time-sensitive deadlines! This meeting is mandatory.

WINTER SPORTS: Winter sports are coming! All athletes must be cleared through athleticclearance.com and have a physical on file to participate. Please see Forms for Athletics on the athletic website - All athletes must be cleared through athleticclearance.com and have a physical on file. Please see Forms for Athletics on the athletic website. <https://www.smmusd.org/domain/2976> Here are the start dates for winter sports for athletes not playing a Fall sport. If you are playing a Fall sport you can try out when that season is completed:

- Boys Soccer: Begins Oct 28 Upper field after school 3:50pm
- Girls Soccer: Begins Oct 23 and then Nov 4 Aux field after school 3:50pm start time
- Girls Basketball Begins Oct 24, Oct 28
- Boys Basketball: Begins Oct 28, non Fall athletes can condition on Tuesday and Thursday now
- Girls Water Polo: Oct 28 for Fall athletes, all non Fall athletes can start now Mon/Wed/Thu - see Coach Hayden for more details

AFTER SCHOOL TUTORING: After school tutoring is available in the Library Monday through Wednesday from 3:45 – 4:45 pm. Stop in and get help with Math or any other subject you might need help with.

HIGH SCHOOL YEARBOOK SALES!

Purchase now for the best pricing! December 1st the price increases!

<http://yearbooks3.pixami.com/MalibuHigh/home3/Bookstore.jsp>

SENIOR PARENTS! All yearbook information can be found at this link:
<https://express.adobe.com/page/HfQRw4dhIIO2q>
But don't wait to buy your seniors yearbook! Prices go up in December!
<http://yearbooks3.pixami.com/MalibuHigh/home3/Bookstore.jsp>

THIS WEEK AT MHS:

HALLOWEEN COSTUME CONTEST: Everyone dress up in your Halloween finest and join us for a Spooktacular parade during ASB's annual Halloween Costume Contest on Thursday, October 31st. There will be a special bell schedule for both Malibu Middle School and Malibu High School and there will be prizes for different costume categories. Don't skip on the fun!

HALLOWEEN GUIDANCE: All students are encouraged to dress up on Thursday, October 31. We encourage students to have fun and be creative. However, our expectations that students be safe, be respectful, and be responsible must also be adhered to. Therefore, students must wear costumes that adhere to the dress code (Nothing defamatory, offensive, degrading, unduly revealing or inappropriate). Students are not allowed to wear masks or face coverings of any kind (IE: blue man suit). Face paint is allowed. No toy weapons or props that may be used as weapons are allowed. Students not dressed appropriately may be provided with loaner clothing, have parents bring appropriate clothing, or face other appropriate disciplinary action.

UPCOMING EVENTS:

NO SCHOOL: There will be no school on Monday, November 11th in honor of Veterans' Day.

ABC MEETING: The next ABC Meeting (Athletic Booster Club) will be **Wednesday, November 13th at 9:00 am** in the Parent Center.

END OF GRADING PERIOD: The end of grading period 2 is **Friday, November 15th**. Progress Reports will be available in Aeries the following week.

COMMUNITY INFORMATION:

COMMUNITY SERVICE OPPORTUNITIES (for Students and Families)
Community Service Opportunities (for Students and Families)

1. Malibu Elementary Trunk or Treat is looking for looking for volunteer helpers!

Email hellenrollens@me.com to sign up. 10/30 from 4:30-6:30.

Questions related to Community Service can be directed to [Kim Retts](#).

BOYS AND GIRLS CLUB OF MALIBU TEEN CENTER:

The Boys & Girls Club of Malibu aims to provide a fun, safe, and creative environment for all Malibu youth to thrive, find support through positive mentorship, develop important life skills, and receive social and emotional support. We are currently offering programs for teens to use as a social, developmental, and supplemental tool.

- **BGCM Enrollment is LIVE!** Visit bgcmalibu.org to learn more and enroll. We provide Malibu families and its community members with a place for their children to be able to participate in developmental programs in a safe and nurturing environment. Members receive positive mentorship, helping them to feel supported and accepted. Our Clubhouses offer fun, educational activities, social emotional learning experiences, and more!
- **Goals for Graduation for grades 9th-12th** - Monthly workshops to support college and career readiness. Meetings will take place on the school campus, once a month, on Monday's during lunch. Students do not have to be Club members in order to participate. To sign up, please email hannamatheson@bgcmalibu.org
- **Brent's Club on Campus** is an incentivized social-emotional wellness program focused on racial justice, youth advocacy, drug prevention, and building peer support by connecting with other Brent's Clubs and youth from diverse communities. Meetings are bi-weekly on Mondays, during lunch, on the school campus. Lunch will be provided every meeting! Email hannamatheson@bgcmalibu.org for more info.
- **BGCM Wellness Center & Social Support Offerings** The Boys & Girls Club of Malibu Wellness Center operates remotely and also in-person to provide no-cost social support & mental health counseling to all in the community. Visit <https://bgcmalibu.org/wellness-center/> to learn more or to request services for you/your teen. There is currently NO WAITLIST for services. PSA: Parents! If you've missed any parent workshops, they are available on our website at <https://bgcmalibu.org/wellness-center-resources/>
- **Third Space is OPEN at Malibu Village!** Third Space is a storefront, gallery and an innovation space for youth to be mentored and inspired. A project of the Boys & Girls Club of Malibu, made possible by many generous community contributors. A percentage of all store purchases benefit the Boys & Girls Club of Malibu:
 - Safe spaces after-school
 - Mental health services for youth, families and aging population
 - Drug and alcohol prevention programming
 - Innovative and inspiring opportunities for youth

To learn more, visit thirdspacemalibu.org or follow us on IG/FB: @thirdspacemalibu

*To contact the Club please call 310-457-1400 (Admin) or 310-241-3675 (Programs)
Email info@bgcmalibu.org For updates on Club news & events, subscribe to BGCM E-Newsletter [Here](#)