

MALIBU HIGH SCHOOL

MONDAY MESSAGE – October 21, 2024

PSAT SCHOOL DAY: All students in grades 9-11 will take the PSAT (Practice SAT) during the school day, cost covered by SMMUSD, on **Friday, October 25th**. **Students must bring their school Chromebook, FULLY CHARGED.** This test can **ONLY** be taken on a Chromebook. If you do not have a Chromebook, make sure to borrow one from the IT department BEFORE testing day. Any questions contact Mrs. Samsel.

SCHOOL NEWS AND INFORMATION:

REFLECTIONS DEADLINE EXTENDED TO 10/28: Calling all MMS-MHS artists! PTA Reflections Art Program is here! Create your dance, film, literature, music, photographic or visual arts piece addressing the theme "Accepting Imperfection." We can't wait to see your creations, and each year some pieces go on to receive awards at the Council, District, State and even National levels! It's a great chance to share your voice! Guidelines can be found online at <https://capta.org/programs-events/reflections/general-rules/>. MMS/MHS Deadline is Monday, October 28th at 8 am. Submit your art online at: https://docs.google.com/forms/d/e/1FAIpQLSfdE6TUgHCUnfGI1-xiLJq-jqarjvD3eduxeaKC4BQANpC6Qg/viewform?usp=sf_link Questions? Contact SharkAttack90265@gmail.com

WINTER SPORTS: Winter sports are coming! All athletes must be cleared through athleticclearance.com and have a physical on file to participate. Please see Forms for Athletics on the athletic website - All athletes must be cleared through athleticclearance.com and have a physical on file. Please see Forms for Athletics on the athletic website. <https://www.smmusd.org/domain/2976> Here are the start dates for winter sports for athletes not playing a Fall sport. If you are playing a Fall sport you can try out when that season is completed:

- Boys Soccer: Begin Oct 28 Upper field after school 3:50pm
- Girls Soccer: Begins Oct 23 and then Nov 4 Aux field after school 3:50pm start time
- Girls Basketball Begins Oct 24, Oct 28
- Boys Basketball: Begins Oct 28, non Fall athletes can condition on Tuesday and Thursday now
- Girls Water Polo: Oct 28 for Fall athletes, all non Fall athletes can start now Mon/Wed/Thu - see Coach Hayden for more details

AFTER SCHOOL TUTORING: After school tutoring is available in the Library Monday through Wednesday from 3:45 – 4:45 pm. Stop in and get help with Math or any other subject you might need help with.

HIGH SCHOOL YEARBOOK SALES!

Purchase now for the best pricing! December 1st the price increases!

<http://yearbooks3.pixami.com/MalibuHigh/home3/Bookstore.jsp>

SENIOR PARENTS! All yearbook information can be found at this link:

<https://express.adobe.com/page/HfQRw4dhIO2q>

But don't wait to buy your seniors yearbook! Prices go up in December!

<http://yearbooks3.pixami.com/MalibuHigh/home3/Bookstore.jsp>

THIS WEEK AT MHS:

PSTA GENERAL MEETING: The next PTSA General Meeting will be **Thursday, October 24th at 9:00 am** in the Parent Center.

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UPCOMING EVENTS:

HALLOWEEN COSTUME CONTEST: Everyone dress up in your Halloween finest and join us for a Spooktacular parade during ASB's annual Halloween Costume Contest on Thursday, October 31st. There will be a special bell schedule for both Malibu Middle School and Malibu High School and there will be prizes for different costume categories. Don't skip on the fun!

HALLOWEEN GUIDANCE: All students are encouraged to dress up on Thursday, October 31. We encourage students to have fun and be creative. However, our expectations that students be safe, be respectful and be responsible must also be adhered to. Therefore, students must wear costumes that adhere to the dress code

(Nothing defamatory, offensive, degrading, unduly revealing or inappropriate). Students are not allowed to wear masks or face coverings of any kind (IE: blue man suit). Face paint is allowed. No toy weapons or props that may be used as weapons are allowed. Students not dressed appropriately may be provided with loaner clothing, have parents bring appropriate clothing, or face other appropriate disciplinary action.

NO SCHOOL: There will be no school on Monday, November 11th in honor of Veterans' Day.

ABC MEETING: The next ABC Meeting (Athletic Booster Club) will be **Wednesday, November 13th at 9:00 am** in the Parent Center.

RED RIBBON WEEK – Oct. 28 – Nov. 1:

RRW is happening here at MMS/MHS October 28-November 1. This year's Red Ribbon Week Theme is: "Life is A Movie, Film Drug Free." The awareness campaign will focus on the awareness and dangers of drugs. Students will participate in a period 2 lesson on Monday 10/28 and lunchtime activities throughout the week in partnership with MMS/MHS Counselors, BGC Malibu / Brent's Club and the Wellness Center. Daily inspiration will be read each day during announcements!

Here are the themes and messages for the week: Dress accordingly to join the fun!

- **10/28 Monday:** *This year's Red Ribbon Week theme is "Life is A Movie, Film Drug Free". The theme is a call to action to speak out in support of healthy choices. It also serves as a reminder that we are all empowered with shaping the communities around us through positivity, bravery, and strength. Enjoy watching the educational film clip in your period 2 class on 10/28 and participating in discussion questions in your classes.*
MONDAY'S THEME: "Put a Cap On It" *Students wear your caps/hats to symbolize putting a cap on drugs. Come visit the tables in the quad area at lunchtime. The Boys and Girls Club, Brents Club, Wellness Center and MMS/MHS Counselors will have tables set up at lunch with various activities and to learn important facts about drugs.*
- **10/29 Tuesday:** *It's Red Ribbon Week! This year's theme is "Life is A Movie, Film Drug Free". The theme is a reminder that by staying drug free, you are sending a message to yourself and others about how much you value yourself, your overall health, your community and your future. One thing's for sure...by making healthy choices, like staying drug free, you are much more likely to achieve your goals. So aim for the stars! We believe in you.*
TUESDAY'S THEME: "Team Up Against Drugs" on Team Day Tuesday *Students wear your team jersey to symbolize being a part of a drug free team. Come out to the quad area at lunchtime and join the fun! Brent's Club, ASB, aCoach Daryl & Wellness Center will facilitate sports and games in the quad.*
- **10/30 Wednesday:** *Happy Red Ribbon Week! This year's theme is "Life is A Movie, Film Drug Free". Staying drug free means investing in your current and future health. You don't have to use drugs to fit in. There are other ways to belong. Celebrate your uniqueness and show it to the world.*

WEDNESDAY'S THEME: "Turn your back on drugs" Students & teachers wear your shirts backwards to symbolize turning your back on drugs. Visit our tables at lunch and participate in the Brent's Club Pledge. Candy just may be given out with your pledge!

- **10/31 Thursday:** "Life is a Movie, Film Drug Free" that's this year's Red Ribbon Week theme. Malibu Middle School and Malibu High school love our students, and we want you to lead happy, healthy, fun and wonderful lives. We know that by making healthy choices, like staying drug free, you are more likely to live the best life for you. So take a moment to commit to yourself that you will continue to make healthy choices to ensure a brighter future. You won't regret it!

THURSDAY'S THEME: Halloween Contest/ Let's Walk the Red Carpet Students and staff dress up in your favorite Halloween costume as drugs are very "scary"! Costume Contests occur at lunch for both High School and Middle School. Come join the fun!

- **11/1 Friday:** It's the last day of Red Ribbon Week and we want to thank you for your participation in supporting healthy, drug free lifestyles. We hope you've really thought about the meaning of this year's theme: "Life is A Movie, Film Drug Free" - and how making healthy choices will help you achieve your goals in life - while having fun in the process. We only want the best for you and can't wait to see what you can achieve!

FRIDAY'S THEME: Wear RED Students and staff wear your RED! Raffle tickets to be given out to students who wear red. Raffle tickets will be drawn for our MMS/MHS winners!

Remember Malibu: Life is A Movie, Film Drug Free!

COMMUNITY INFORMATION:

HELP THE MEF WHEN YOU CELEBRATE HALLOWEEN: We connected with Nights of the Jack to get 10% back for Malibu Education Foundation if parents use this link to buy their tickets: <https://www.tixr.com/pr/MalibuPublicSchools/g/nightsofthejack>

COMMUNITY SERVICE OPPORTUNITIES (for Students and Families)

Community Service Opportunities (for Students and Families)

1. Malibu Moves Half Marathon/5K/Kids Run needs volunteers for shifts on 10/26 and 10/27. Sign up [HERE](#), use group code MEF for our reserved assignments.
2. Malibu Elementary Campout event is looking for volunteer helpers! Email amylingo@aol.com to sign up. 10/26 from 3:00-6:00.
3. Malibu Elementary Trunk or Treat is looking for looking for volunteer helpers! Email hellenrollens@me.com to sign up. 10/30 from 4:30-6:30.

Questions related to Community Service can be directed to [Kim Retts](#).

BOYS AND GIRLS CLUB OF MALIBU TEEN CENTER:

The Boys & Girls Club of Malibu aims to provide a fun, safe, and creative environment for all Malibu youth to thrive, find support through positive mentorship, develop

important life skills, and receive social and emotional support. We are currently offering programs for teens to use as a social, developmental, and supplemental tool.

- **BGCM Enrollment is LIVE!** Visit bgcmalibu.org to learn more and enroll. We provide Malibu families and its community members with a place for their children to be able to participate in developmental programs in a safe and nurturing environment. Members receive positive mentorship, helping them to feel supported and accepted. Our Clubhouses offer fun, educational activities, social emotional learning experiences, and more!
- **Goals for Graduation for grades 9th-12th** - Monthly workshops to support college and career readiness. Meetings will take place on the school campus, once a month, on Monday's during lunch. Students do not have to be Club members in order to participate. To sign up, please email hannamatheson@bgcmalibu.org
- **Brent's Club on Campus** is an incentivized social-emotional wellness program focused on racial justice, youth advocacy, drug prevention, and building peer support by connecting with other Brent's Clubs and youth from diverse communities. Meetings are bi-weekly on Mondays, during lunch, on the school campus. Lunch will be provided every meeting! Email hannamatheson@bgcmalibu.org for more info.
- **BGCM Wellness Center & Social Support Offerings** The Boys & Girls Club of Malibu Wellness Center operates remotely and also in-person to provide no-cost social support & mental health counseling to all in the community. Visit <https://bgcmalibu.org/wellness-center/> to learn more or to request services for you/your teen. There is currently NO WAITLIST for services. PSA: Parents! If you've missed any parent workshops, they are available on our website at <https://bgcmalibu.org/wellness-center-resources/>
- **Third Space is OPEN at Malibu Village!** Third Space is a storefront, gallery and an innovation space for youth to be mentored and inspired. A project of the Boys & Girls Club of Malibu, made possible by many generous community contributors. A percentage of all store purchases benefit the Boys & Girls Club of Malibu:
 - Safe spaces after-school
 - Mental health services for youth, families and aging population
 - Drug and alcohol prevention programming
 - Innovative and inspiring opportunities for youthTo learn more, visit thirdspacemalibu.org or follow us on IG/FB: @thirdspacemalibu

*To contact the Club please call 310-457-1400 (Admin) or 310-241-3675 (Programs)
Email info@bgcmalibu.org For updates on Club news & events, subscribe to BGCM E-Newsletter [Here](#)