MALIBU MIDDLE SCHOOL MONDAY MESSAGE – February 10, 2025

SCHOOL NEWS AND INFORMATION:

WELLNESS WEDNESDAY: MMS STUDENTS! Come to Wednesday Wellness this Wednesday, February12th during Support time and join your Counselor, Mrs. Whitehouse and Wellness Center Staff to learn more about the benefits of self - love. Learn the benefits of treating yourself with compassion, kindness, and understanding and how doing so can help build self-esteem and improve your overall mental and physical health. Get a pass from Mrs. Whitehouse in the Counseling office by Wednesday morning to attend this fun and helpful Wednesday Wellness session.

CONTACTS ON FILE / EMERGENCIES: Parents, please update your Emergency Contacts. Remember, students will only be released to the current contacts on file. You can add family, neighbors, other students' parents – whoever you would trust to pick up your child in an emergency when you are not close by or able to come yourself right away. Give yourself flexibility and save on frustration! If the phones and email are out, there may be no way to let us know it is permissible for your student to leave with someone else once the emergency has happened. Please log into your Aeries Parent Portal, Click Student Info, Click Contacts and Click ADD.

THIS WEEK AT MMS:

PRN COFFEE & RECOVERY: Come join the SMMUSD Parent Resource Network of Malibu for Coffee & Recovery. This is a great time to check in with the Special Ed community and get support and resources if needed. The PRN is a community group for all parents of Special Education students, or students with IEPs. Please join us at MMS on Wednesday, 1/12 9-10am. Please direct any questions to denise.prn.smmusd@gmail.com.

MMS ATHLETICS MEETING: All MMS parents are invited to learn more about our Middle School Athletics program and specifically about Spring Sports offerings. This program was established last school year and is free for all students thanks to Malibu Education Foundation! Wednesday, February 12th, 9-10AM Library (enter through main office) Or via Zoom:

NEXT POMS MEETING: Come join Mr. Schellenberg, Principal and Mrs. Whitehouse, Counselor, on February 14th at the middle school monthly POMS meeting, February 14th at 9am. Our special guests this month will be our high school counselors as they discuss the transition to high school and valuable course information as it relates to high school and beyond. 8th grade parents will especially not want to miss!

UPCOMING EVENTS:

ARTS ANGELS: The next Arts Angels meeting will be Thursday, February 20th at 9 am in the Parent Center.

END OF GRADING PERIOD: The end of grading period 4 is **Friday**, **February 21**st. Progress Reports will be available in Aeries the following week.

PTSA GENERAL MEETING: The next general meeting of the PTSA will be held on Thursday, February 27th at 9 AM in the Parent Center.

MMS MUSICAL: Save the date! The Middle School Musical, Beauty and the Beast, will have performances from February 27th through March 2nd. Don't miss this tale as old as time!

COMMUNITY INFORMATION:

MALIBU LIBRARY EVENTS:

- Dungeons & Dragons Monday, February 10, 4 6 pm at Malibu Library Join us to learn and play the popular role-playing game Dungeons & Dragons. Beginners and experts are welcome. For teens ages 13 17.
- Learn to Draw Anime with Carlos Nieto, Thursday, February 13, 4 5 pm at Malibu Library - Former Simpsons and King of the Hill illustrator Carlos Nieto III teaches you how to design and draw comic characters from scratch. All artistic abilities and skill levels welcome! For ages 12 - 17.

BOYS AND GIRLS CLUB OF MALIBU TEEN CENTER:

The Boys & Girls Club of Malibu aims to provide a fun, safe, and creative environment for all Malibu youth to thrive, find support through positive mentorship, develop

important life skills, and receive social and emotional support. We are currently offering programs for teens to use as a social, developmental, and supplemental tool.

The Boys & Girls Club of Malibu is **HERE FOR YOU!**

We are here to ease some of the challenges in the aftermath of the Palisades Fire. At the BGCM, we aim to be a lifeline to the Malibu community. *Please do not hesitate to access these resources.* They are for YOU and anyone who has been impacted by the Palisades Fire. Visit us and share this information with your friends and your network. Thank you!

- BGCM Disaster Relief Center: Boys & Girls Club of Malibu has opened a
 Disaster Relief Center in response to the Palisades Fire. If you have been
 impacted by the Palisades Fire, please visit us to receive emergency grants
 support, essential supplies, mental health services, and resource connections
 ALL at no cost.
- BGCM Emergency Relief Fund: The BGCM Emergency Relief Fund supports
 Palisade Fire victims and is made possible by generous donations from private
 donors, corporations, and the community at large. BGCM is prioritizing families
 and individuals in the greatest need.
- BGCM Wellness Center: The BGCM Wellness Center continues to provide mental health and social support services to support families, students, the aging population and labor workforce through this difficult time.
 - Mental Health Support + Services: contact 310-457-6801 ext 74141, wellnessinfo@bgcmalibu.org
 - Mindfulness Workshops: Every Thursday starting 2/6 at the BGCM Disaster Relief Center 12:30-1:30p (For adults 18+, no RSVP necessary). Join us for a free drop-in mindfulness workshop designed to help you and your family navigate stress, anxiety, and uncertainty.

Come visit us at the BGCM Disaster Relief Center (23357 Pacific Coast Hwy, Wed-Fri 10a to 5p, Saturday 11a to 4p). SHOP, LEARN MORE, ACCESS RESOURCES AND CONNECT WITH COMMUNITY!