## MALIBU MIDDLE SCHOOL MONDAY MESSAGE – OCTOBER 14, 2024

### **RED RIBBON WEEK**

RRW is happening here at MMS/MHS October 28-November 1. This year's Red Ribbon Week Theme is: "Life is A Movie, Film Drug Free." The awareness campaign will focus on the awareness and dangers of drugs. Students will participate in a period 2 lesson on Monday 10/28 and lunchtime activities throughout the week in partnership with MMS/MHS Counselors, BGC Malibu / Brent's Club and the Wellness Center. Daily inspiration will be read each day during announcements!

Here are the themes and messages for the week: Dress accordingly to join the fun!

**10/28 Monday:** This year's Red Ribbon Week theme is "Life is A Movie, Film Drug Free". The theme is a call to action to speak out in support of healthy choices. It also serves as a reminder that we are all empowered with shaping the communities around us through positivity, bravery, and strength.

*Enjoy watching the educational film clip in your period 2 class on 10/28 and participating in discussion questions in your classes.* 

#### MONDAY'S THEME: "Put a Cap On It"

Students wear your caps/hats to symbolize putting a cap on drugs.

Come visit the tables in the quad area at lunchtime. The Boys and Girls Club, Brents Club, Wellness Center and MMS/MHS Counselors will have tables set up at lunch with various activities and to learn important facts about drugs.

**10/29 Tuesday:** It's Red Ribbon Week! This year's theme is "Life is A Movie, Film Drug Free". The theme is a reminder that by staying drug free, you are sending a message to yourself and others about how much you value yourself, your overall health, your community and your future. One thing's for sure...by making healthy choices, like staying drug free, you are much more likely to achieve your goals. So aim for the stars! We believe in you.

#### TUESDAY'S THEME: "Team Up Against Drugs" on Team Day Tuesday

Students wear your team jersey to symbolize being a part of a drug free team. Come out to the quad area at lunchtime and join the fun! Brent's Club, ASB, aCoach Daryl & Wellness Center will facilitate sports and games in the quad.

**10/30 Wednesday:** Happy Red Ribbon Week! This year's theme is "Life is A Movie, Film Drug Free". Staying drug free means investing in your current and future health. You don't have to use drugs to fit in. There are other ways to belong. Celebrate your uniqueness and show it to the world.

#### WEDNESDAY'S THEME: "Turn your back on drugs"

Students & teachers wear your shirts backwards to symbolize turning your back on drugs. Visit our tables at lunch and participate in the Brent's Club Pledge. Candy just may be given out with your pledge!

**10/31 Thursday:** "Life is a Movie, Film Drug Free" that's this year's Red Ribbon Week theme. Malibu Middle School and Malibu High school love our students, and we want you to lead happy, healthy, fun and wonderful lives. We know that by making healthy choices, like staying drug free, you are more likely to live the best life for you. So take a moment to commit to yourself that you will continue to make healthy choices to ensure a brighter future. You won't regret it!

#### THURSDAY'S THEME: Halloween Contest/ Let's Walk the Red Carpet

Students and staff dress up in your favorite Halloween costume as drugs are very "scary"! Costume Contests occur at lunch for both High School and Middle School. Come join the fun!

**11/1 Friday:** It's the last day of Red Ribbon Week and we want to thank you for your participation in supporting healthy, drug free lifestyles. We hope you've really thought about the meaning of this year's theme: "Life is A Movie, Film Drug Free" - and how making healthy choices will help you achieve your goals in life - while having fun in the process. We only want the best for you and can't wait to see what you can achieve!

#### FRIDAY'S THEME: Wear RED

Students and staff wear your RED! Raffle tickets to be given out to students who wear red. Raffle tickets will be drawn for our MMS/MHS winners!

Remember Malibu: Life is A Movie, Film Drug Free!

## **SCHOOL NEWS AND INFORMATION:**

**MIDDLE SCHOOL MUSICAL AUDITIONS:** Auditions for the Malibu Middle School Musical are this Thursday and Friday, October 17<sup>th</sup> and 18<sup>th</sup> after school. You can sign up for an audition time on the sign-up sheet outside on the choir room door. For the audition you must prepare a short monologue (memorized) and a solo song from a musical production. The solo song needs to have an instrumental or karaoke track. If you are interested in being in the musical, please stop by the choir room and talk with Dr. Sorensen for more information.

**WEDNESDAY WELLNESS**: Hey MMS students! Don't Ghost Your Mental Health! Come join Mrs. Whitehouse and Wellness Center representative for a Wednesday Wellness activity on Wednesday October 30<sup>th</sup> during Support Period. Come learn more about taking care of your Mental Health. Get a pass from Mrs. Whitehouse to attend. This will take place in the Glass Classroom next to the Library.

**REFLECTIONS ART PROGRAM:** Calling all MMS-MHS artists! PTA Reflections Art Program is here! Create your dance, film, literature, music, photographic or visual arts piece addressing the theme "Accepting Imperfection." We can't wait to see your creations, and each year some pieces go on to receive awards at the Council, District, State and even National levels! It's a great chance to share your voice! Guidelines can be found online at <u>https://capta.org/programs-events/reflections/general-rules/</u>. MMS/MHS Deadline is Monday, October 21st at 9am. Submit your art online at: https://docs.google.com/forms/d/e/1FAIpQLSfdE6TUgHCUnfGI1-xiLJqjqarjvD3eduxeaKC4BQANpC6Qg/viewform?usp=sf\_link Questions? Contact <u>SharkAttack90265@gmail.com</u>

**HELP THE MEF WHEN YOU CELEBRATE HALLOWEEN:** We connected with Nights of the Jack to get 10% back for Malibu Education Foundation if parents use this link to buy their tickets: <u>https://www.tixr.com/pr/MalibuPublicSchools/g/nightsofthejack</u>

**AFTER SCHOOL TUTORING HAS BEGUN:** After School Tutoring in the library is available from 2:45-3:45 on Monday and Wednesday with Ms. Dickerson.

**MIDDLE SCHOOL YEARBOOK:** Does your 6th, 7th or 8th grader like photography, writing or graphic design? Come be a part of creating the MMS 24-25 yearbook! For more information email Amber Vanderbilt, parent volunteer in charge of MMS Yearbook, at <a href="mailto:amber.mmsyearbook@gmail.com">amber.mmsyearbook@gmail.com</a> or <a href="mailto:mmsyearbook@gmail.com">mmsyearbook@gmail.com</a> or <a href="mailto:mmsyearbook@gmail.com">mmsyearbook@gmailto:mmsyearbook@gmail.com</a> or <a href="mailto:mmsyearbook@gmail.com">mmsyearbook@gmail.com</a> or <a href="mailto:mmsyearbook@gmail.com">mmsyearbook@gmailto:mmsyearbook@gmail.com</a> or <a href="mailto:mmsyearbook@gmail.com">mmsyearbook@gmail.com</a> or <a href="mailto:mmsyearbook@gmail.com">mmsyearbook@gmail.com</a> or <a href="mailto:mmsyearbook@gmail.com">mmsyearb

# THIS WEEK AT MMS:

**FALL CSF/CJSF DRIVE** – California (Junior) Scholarship Federation is a stateaccredited honor society that recognizes California students for academic scholarship and service. Current 8-12th Graders may apply for fall CSF/CJSF. The CSF and CJSF drive will run from Monday, October 14 through Friday, October 18. **This is the ONLY week counselors will be hosting the signup table during lunchtime**. Late applications will not be accepted. Membership is based on your June report card. Mark your calendar and bring \$5 for membership fees!

**FOOD TRUCKS AT LUNCH:** Lunch trucks will be on campus **Wednesday, October 16**<sup>th</sup> (as part of the HS Spirit Week.) Middle School and High School will have separate lunch schedules to accommodate more students. **Be sure to bring cash**!

**ARTS ANGELS:** The next Arts Angels meeting is scheduled for **Thursday, October 17**<sup>th</sup> **at 9:00 am** in the Parent Center.

**GREAT SHAKEOUT:** Our first emergency drill of the school year will take place on **Thursday, October 17**<sup>th</sup> when we participate in the Great Shakeout.

**SPECIAL SSC MEETING:** The School Site Council will hold a special meeting on Thursday, October 17<sup>th</sup> at 3:45pm in person. This special meeting will be to conduct the public hearing and approval of the Comprehensive School Safety Plan and will be a joint meeting of the MMS SSC and MHS SSC.

## **UPCOMING EVENTS:**

**PSTA GENERAL MEETING:** The next PTSA General Meeting will be **Thursday**, **October 24**<sup>th</sup> at 9:00 am in the Parent Center.

**HALLOWEEN COSTUME CONTEST:** Everyone dress up in your Halloween finest and join us for a Spooktacular parade during ASB's annual Halloween Costume Contest on Thursday, October 31st. There will be a special bell schedule for both Malibu Middle School and Malibu High School and there will be prizes for different costume categories. Don't skip on the fun!

**HALLOWEEN GUIDANCE:** All students are encouraged to dress up on Thursday, October 31. We encourage students to have fun and be creative. However, our expectations that students be safe, be respectful and be responsible must also be adhered to. Therefore, students must wear costumes that adhere to the dress code (Nothing defamatory, offensive, degrading, unduly revealing or inappropriate). Students are not allowed to wear masks or face coverings of any kind (IE: blue man suit). Face paint is allowed. No toy weapons or props that may be used as weapons are allowed. Students not dressed appropriately may be provided with loaner clothing, have parents bring appropriate clothing, or face other appropriate disciplinary action.

**HALLOWEEN DANCE:** Join your fellow spooks for the MS Halloween Dance on Friday, November  $1^{st}$  from 6 - 8 pm. Tickets are \$15 in advance from the Student Store or \$20 at the door. It's going to be a spooktacular time!

**ABC MEETING:** The next ABC Meeting (Athletic Booster Club) will **be Wednesday**, **November 13<sup>th</sup> at 9:00 am** in the Parent Center.

## **COMMUNITY INFORMATION:**

**EMILY SHANE FOUNDATION CARNIVAL:** Join the Emily Shane Foundation as they present their community fall fundraiser Wings and Waves of Achievement: An Autumn Carnival for All! on Sunday, October 20<sup>th</sup> from 11:30 am – 2:30 pm at Alumni Park, Pepperdine University. Highlights will include live music, food trucks, vendors, children's attractions, raffles, auctions and more. The event will culminate in a spectacular butterfly release! Admission is free. Click <u>HERE</u> for more information and to find out how you can help through the "\$100 From 100 Campaign."

### BOYS AND GIRLS CLUB OF MALIBU TEEN CENTER:

The Boys & Girls Club of Malibu aims to provide a fun, safe, and creative environment for all Malibu youth to thrive, find support through positive mentorship, develop important life skills, and receive social and emotional support. We are currently offering programs for teens to use as a social, developmental, and supplemental tool.

- **BGCM Enrollment is LIVE!** Visit <u>bgcmalibu.org</u> to learn more and enroll. We provide Malibu families and its community members with a place for their children to be able to participate in developmental programs in a safe and nurturing environment. Members receive positive mentorship, helping them to feel supported and accepted. Our Clubhouses offer fun, educational activities, social emotional learning experiences, and more!
- Goals for Graduation for grades 9th-12<sup>th</sup> Monthly workshops to support college and career readiness. Meetings will take place on the school campus, once a month, on Monday's during lunch. Students do not have to be Club members in order to participate. To sign up, please email <u>hannamatheson@bgcmalibu.org</u>
- Brent's Club on Campus is an incentivized social-emotional wellness program focused on racial justice, youth advocacy, drug prevention, and building peer support by connecting with other Brent's Clubs and youth from diverse communities. Meetings are bi-weekly on Mondays, during lunch, on the school campus. Lunch will be provided every meeting! Email hannamatheson@bgcmalibu.org for more info.
- BGCM Wellness Center & Social Support Offerings The Boys & Girls Club of Malibu Wellness Center operates remotely and also in-person to provide no-cost social support & mental health counseling to all in the community. Visit <u>https://bgcmalibu.org/wellness-center/</u> to learn more or to request services for you/your teen. There is currently NO WAITLIST for services. PSA: Parents! If you've missed any parent workshops, they are available on our website at <u>https://bgcmalibu.org/wellness-center-resources/</u>
- Third Space is OPEN at Malibu Village! Third Space is a storefront, gallery and an innovation space for youth to be mentored and inspired. A project of the Boys & Girls Club of Malibu, made possible by many generous community contributors. A percentage of all store purchases benefit the Boys & Girls Club of Malibu:
  - Safe spaces after-school
  - Mental health services for youth, families and aging population
  - Drug and alcohol prevention programming
  - Innovative and inspiring opportunities for youth

To learn more, visit thirdspacemalibu.org or follow us on IG/FB: @thirdspacemalibu

\*To contact the Club please call 310-457-1400 (Admin) or 310-241-3675 (Programs) Email <u>info@bgcmalibu.org</u> For updates on Club news & events, subscribe to BGCM E-Newsletter <u>Here</u>