

Physical Education Programs

Spring 2021



Agenda

- Review Middle School Programs
- Review CDE Expectations for ISPE
- MS ISPE Update



Middle School Programs

Jeanette Asher, John Adams Middle School Mary Hirt, Lincoln Middle School Lisa Lambert, Malibu Middle/High School

John Adams Middle School



LINE DANCING &



♥ VOLLEYBALL ♥



Touch Rugby



BASKETBALL



YOGA



Lincoln Middle School











Malibu Middle School Physical Education

Promoting the physical, mental and social health of all students





Noodle Water Polo during



Swim Day.



Supporting each other during Run Day









Ca. Department of Education's ISPE Expectations



ISPE Monitoring Plan

ISPE District Committee
Meeting
Fall 2020



ISPE District Committee
Meeting
Winter 2021
(2 meetings)



ISPE District Committee
Meeting
Spring 2021

MS ISPE Committee

Meeting
Spring 2021

Spring 2021
Secondary Sites Hold Own
Info Meetings



What is ISPE?

- An alternative instructional strategy, not an alternative curriculum
- Students must experience the same course of study and meet the same academic standards as classroom-based students
- Expected to be equal in quality and quantity to classroom instruction



What are the Components of an ISPE Program?

Physical Education

- Skills and knowledge
- Standards aligned content
- TK-8: Five overarching standards
- 9-12: Three overarching standards
- TK-12: Include eight required content areas

Physical Activity

- Exercise
- Sports
- Dance
- Recess
- Intramural sports
- Athletic programs

These activity examples in isolation are not likely to constitute high-quality, standards-based PE instruction.



How do We Monitor?

- We have to account for both physical activity (movement) and physical education (content)
 - 200 minutes in 10 days: 6th
 - 400 minutes in 10 days: 7th 12th
- Physical Activity is monitored through the Activity Log
- Physical Education will need to be monitored through assigned grade-level work comparable to assignments given to students at that grade level in the school and graded by a credential PE teacher



How Does this Apply to Us?

Middle School

- Continue with current practice for admission
- Continue with current practice of collecting activity logs
- Developed ISPE curriculum packets that includes identification of standards, common units, assignments and assessments to be used across all three middle schools for 6th-8th grade
 - 6 curriculum packets per grade level
- Created assignment packets with cover sheets with clear due dates
- PE teacher overseeing ISPE program with admin designee support

High School

- Continue with our past practice for admission
- Continue with our past practice of collecting activity logs



Middle School ISPE Curriculum Development

Jeanette Asher

Mary Hirt

Richard Bartone

Lisa Lambert

The Power of Collaboration





6th through 8th Grade ISPE Curriculum

- Common learning expectations across all MS sites as outlined by the CDE
- Developed six (6) curriculum modules for each grade
 - Initial meet at each reporting period to review learning expectations
 - Weekly learning guide
 - Learning resources (links)
 - Assessment dates and checklist



ISPE Curriculum Scope and Sequence

6 th Grade	7 th Grade	8 th Grade
Line Dance	Throwing and Catching	Salsa Dance
Juggling	Yoga	Basketball
Foot Skills	Volleyball Skills	Football Lead-Up Skills
Into to Team Sports: Ultimate Frisbee	FitnessGram	Outdoor Recreation
FitnessGram	Striking Skills	Strength and Conditioning
Jump Rope Skills	Soccer Skills	Health and Nutrition



ISPE Application Process

Applications available the week of March 12th



ISPE Application

- A: Criteria for ISPE Programs
 - 6th-8th: Use of current PE grade
 - Physical Fitness Exam postponed
- B: ISPE Application/Agreement
 - 6th-8th: No changes
- C: Requirements for Participation
 - 6th 8th: Changes made to reflect addition of Curriculum Packet. Clarification on GPA and grade requirements
- D: Grading Policy
 - 6th-8th: Changes made to reflect addition of Curriculum Packet, clarification that semester grades are final, and requirements in case students are injured during their sport



C: Requirements for Participation (6th - 8th)

- Complete and submit the attached ISPE Application/Agreement Form by the deadline.
- Receive approval from the designated committee prior to starting any ISPE-designated activity.
- Complete and document a <u>minimum</u> of 200 minutes of physical education learning activity for each 5 school days for the duration of each term. These minutes cannot be a part of any school activity or competition/performance.
- Attend initial meeting at the start of each reporting period to review learning expectations, assignments, assessments and due dates in the curriculum packet.
- Complete and submit the ISPE Student Activity Log on the day prior to the end of each grading period. All necessary signatures verifying activity must be completed by the due date. Incomplete or late forms will not be accepted.
- Complete and submit all ISPE assignments given by the SMMUSD ISPE teacher and/or administrator
 as outlined in the curriculum packet prior to the end of the grading period. The curriculum packet
 consists of activities, written assignments and assessments.
- All sports begin by September 1st and conclude by June.
- Student must maintain a 2.0 GPA and have no "F" grades. (It a student falls below a 2.0 GPA and/or receives any Fs at the semester report cards, they will not be eligible for ISPE in the following year).



Next Steps

- Parent Informational Meeting
- ISPE District Committee Meeting
- ISPE Applications Available week of 3/12

March

April

- ISPE Applications due 4/16
- Late applications will not be reviewed

 MS applications reviewed by MS ISPE committee

June

 MS families informed regarding ISPE status

May

