| Unit | Activity Name | Page # | Large Group / Small Group |
|-----------------------------|----------------------|--------|------------------------------|
| ASAP | Four Corners | 24 | L or S |
| ASAP | The Freeze | 31 | L or S |
| ASAP | Chicken Dance | 33 | L or S |
| Manipulatives | Scarf Exploration | 1 | S |
| Manipulatives | Bean Bag Exploration | 5 | S |
| Manipulatives | Hoop Exploration | 15 | S |
| Balance/Stunts/ Tumbling | Basic Body Position | 7 | L or S |
| Balance/Stunts/ Tumbling | Static Balances | 9 | L or S |
| Catching and Throwing | Self-Toss and Catch | 9 | L or S |

| Catching and Throwing | Partner Throwing and Catch | 15 | S |
|----------------------------------|-----------------------------|------|--------|
| Catching and Throwing | Clean Your Room | 27 | L or S |
| Jumping | Jumping and Landing Patters | 1 | L or S |
| Jumping | Stationary Rope Jumping | 9 | L or S |
| Jumping | Jumping Rhythmically | 11 | S |
| Dance | Whole Unit | 1-25 | L or S |
| Dribbling/Volleying/ Striking | Keep it Up | 15 | S |
| Dribbling/Volleying/ Striking | Straddle Ball | 21 | L or S |
| Recess Activities | Corn Toss | 1 | S |
| Limited Space | All Activities | 1-16 | L or S |