

PE CURRICULUM GUIDE

Grades K-2			
Month	Instructional Unit	Standard	Assessment
August	Rules of the Play Structure/Recess Activities	1, 3, 5	
September	Building a Foundation	1, 2, 3, 4, 5	
October	Games	3,4, 5	Games Performance Rubric
November	Kick and Trapping	1, 5	Kicking and Trapping Performance Rubric
December	Manipulatives	1, 2, 4, 5	Manipulatives Performance Rubric
January	Parachute	3, 4, 5	
February	Dribbling/Volleying/ Striking	1, 4	Dribbling/Volleying and Striking Performance Rubric
March	Dance	1, 2, 5	Dance Performance Rubric
April	Jumping	1, 4	Jumping Performance Rubric
May	Catching/Throwing	1, 4, 5	Catching and Throwing Performance Rubric
June	Balance/Stunts/ Tumbling	1, 2, 4, 5	Balance/Stunts/Tumbling Performance Rubric

ALL

Rotation 1

Rotation 2

Rotation 3