

Are you an advocate for mental health or would you like to be? If so, please consider applying for the

## **BGCM Mental Health Advocacy Award**

This award will be given to an individual who demonstrates leadership and is passionate about mitigating the stigma of mental health. It will be awarded to an individual who plans to or currently advocates for those experiencing mental health challenges. This individual has either participated in the awareness of mental health support, desires to become involved in a mental health profession, has been an ally to those in need of mental health support or has personally been affected by mental health challenges.

Amount of Scholarship: \$1,000

Deadline for Application: December 15th

## **Requirements:**

- 1. The applicant must be a Senior at Malibu High School
- 2. The applicant must fill out short application on page two (2)
- 3. The applicant must submit an essay of 500 words or more answering one of the following statements
  - a. Describe how you would like to contribute to mitigating the stigma associated with seeking mental health support.
  - b. Describe your personal or loved ones' experience with mental health challenges\* and how you would like to use these experiences to help someone else. (\*Confidentiality will be maintained unless something is shared that is a current or imminent danger for yourself or others).
  - c. Identify a policy or resource for mental health that you would like to see either further developed, changed, or created to help make mental health services more accessible in general or for a particular group.
- 4. If selected, the recipient must be able to attend one or two advocacy events (virtual or at-school) in May 2024 during Mental Health Awareness Month.

Please submit application to:
Violet Way at violetway@bgcmalibu.org

See Application Below



## **BGCM Mental Health Advocacy Application**

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