

**MALIBU HIGH SCHOOL**

**STUDENT PHYSICAL EDUCATION ACTIVITY LOG**

**MR. LAWSON'S CLASS**

Students must complete 300 minutes a week of physical activity.

Student Name: \_\_\_\_\_ Period: \_\_\_\_\_

Parent Initials

Date/Activity \_\_\_\_\_

Date/Activity \_\_\_\_\_

Date/Activity \_\_\_\_\_

Date/Activity \_\_\_\_\_

Date/Activity \_\_\_\_\_

Record total minutes for the week. Total \_\_\_\_\_