



Social-Emotional Supports at JAMS

2023-2024 School Year

Person/Agency	Type of Service Offered
<p>JAMS Counseling Team</p> <p>Laura Check, 6th gr.: lcheck@smmusd.org or x72208</p> <p>Negar Asiaban, 7th gr.: nasiaban@smmusd.org or x72207</p> <p>Liz Cowgill, 8th gr.: lcowgill@smmusd.org or x72216</p>	<ul style="list-style-type: none"> - Individual student check-ins to address academic and social-emotional needs - Facilitating Group Counseling sessions - Classroom Guidance Presentations <p><i>Group Counseling-</i> The JAMS counseling program is proud to host a variety of groups to provide support to students who share similar experiences and to develop coping skills or gain tools to overcome challenges. For more information, click here</p>
<p>Mental Health Counselor at JAMS</p> <p>Nancy Gutierrez: ngutierrez@smmusd.org or x72222</p>	<ul style="list-style-type: none"> - Overseeing Social Work Interns and their caseloads - Creating and facilitating Parent Support Groups - Parent guidance for Mental Health Counseling Services on campus and other mental health resources
<p>School Counseling Interns</p> <p><i>Please contact the Grade Level Counselor</i></p>	<ul style="list-style-type: none"> - Individual student check-ins for academic and social-emotional needs - Facilitating Group Counseling sessions - Classroom Guidance Presentations <p><i>Intern availability varies by semester</i></p>
<p>Social Work Interns</p> <p><i>Please contact Nancy Gutierrez or the Grade Level Counselor for the referral process</i></p>	<ul style="list-style-type: none"> - Individual Therapy - Group Counseling - Parenting Support Groups
<p>Social & Emotional Wellness Initiative</p> <p><i>Please contact Nancy Gutierrez or the Grade Level Counselor for the referral process</i></p>	<ul style="list-style-type: none"> - Individual Therapy - Group Counseling - Parenting Support Groups - Parent Education Night Presentations
<p>Family Service of Santa Monica</p> <p><u>Contact Info</u> Brenda Centeno: (323) 553-0321 or brendacenteno@vistadelmar.org</p>	<ul style="list-style-type: none"> - Individual Therapy - Group Counseling - Parent Education Night Presentations - Staff Education Presentations <p><i>Off Campus Support offered for students and parents. Please contact Family Service of Santa Monica directly for more information</i></p>
<p>St. John's Counseling Services</p> <p><u>Contact Info</u> Noa Saadi: (310) 829-8733 or noa.saadi@providence.org</p>	<ul style="list-style-type: none"> - Individual Therapy (<i>students with MediCal or no health insurance</i>) - Group Counseling - Parent Education Night Presentations - Staff Education Presentations <p><i>Off Campus Support offered for students and parents. Please contact St. John's directly for more information</i></p>