



HELPLINES & HOTLINES:

Suicide and Crisis Lifeline: Call or text a message to 988

CA Peer-Run Warm Line (non-judgmental emotional peer support): 1-855-845-7415

Teen Line (peer support, 6pm - 9pm): 1-800-852-8336 or text "TEEN" to 839863

CalHOPE Connect (peer support, live chat): <https://www.calhopeconnect.org/>

CA Youth Crisis Line: 1-800-843-5200

Crisis Text Line: Text "HOME" to 741741

TrevorLifeline (LGBTQ): 1-866-488-7386 or text "START" to 678678

Department of Mental Health Access Hotline: 1-800-854-7771

Child Protection Hotline: 1-800-540-4000

Santa Monica Police Department (non-emergency dispatch): 1-310-458-8491