

GUIDELINES FOR ISOLATION

SCHOOL FLOW CHART

Have you tested positive for COVID-19?

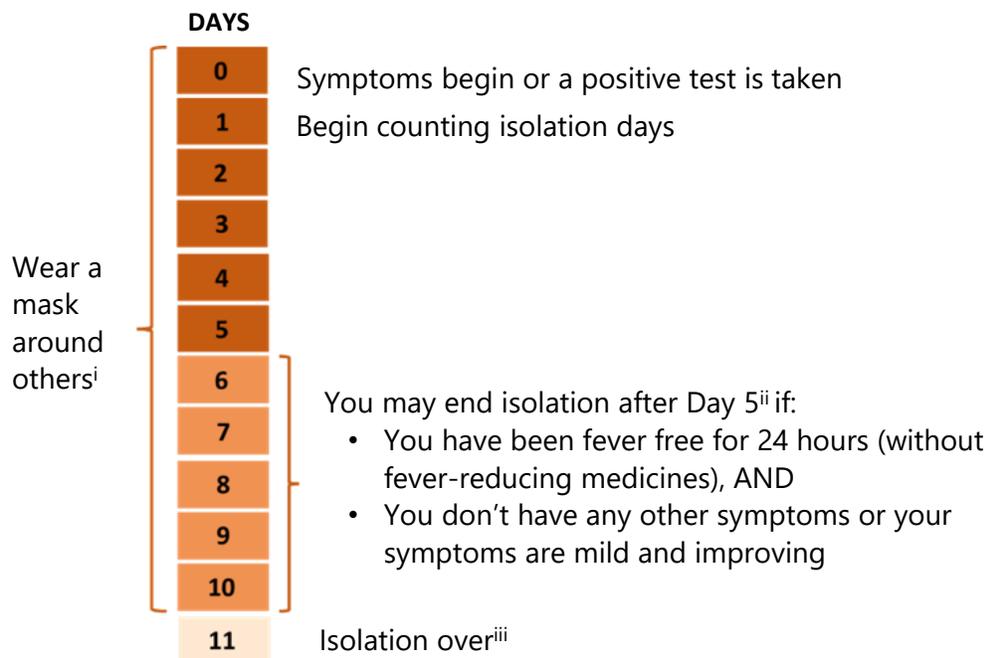
no

You do not need to isolate

yes

Stay home for at least 5 days, regardless of vaccination status, previous infection, or symptom status.

ISOLATION



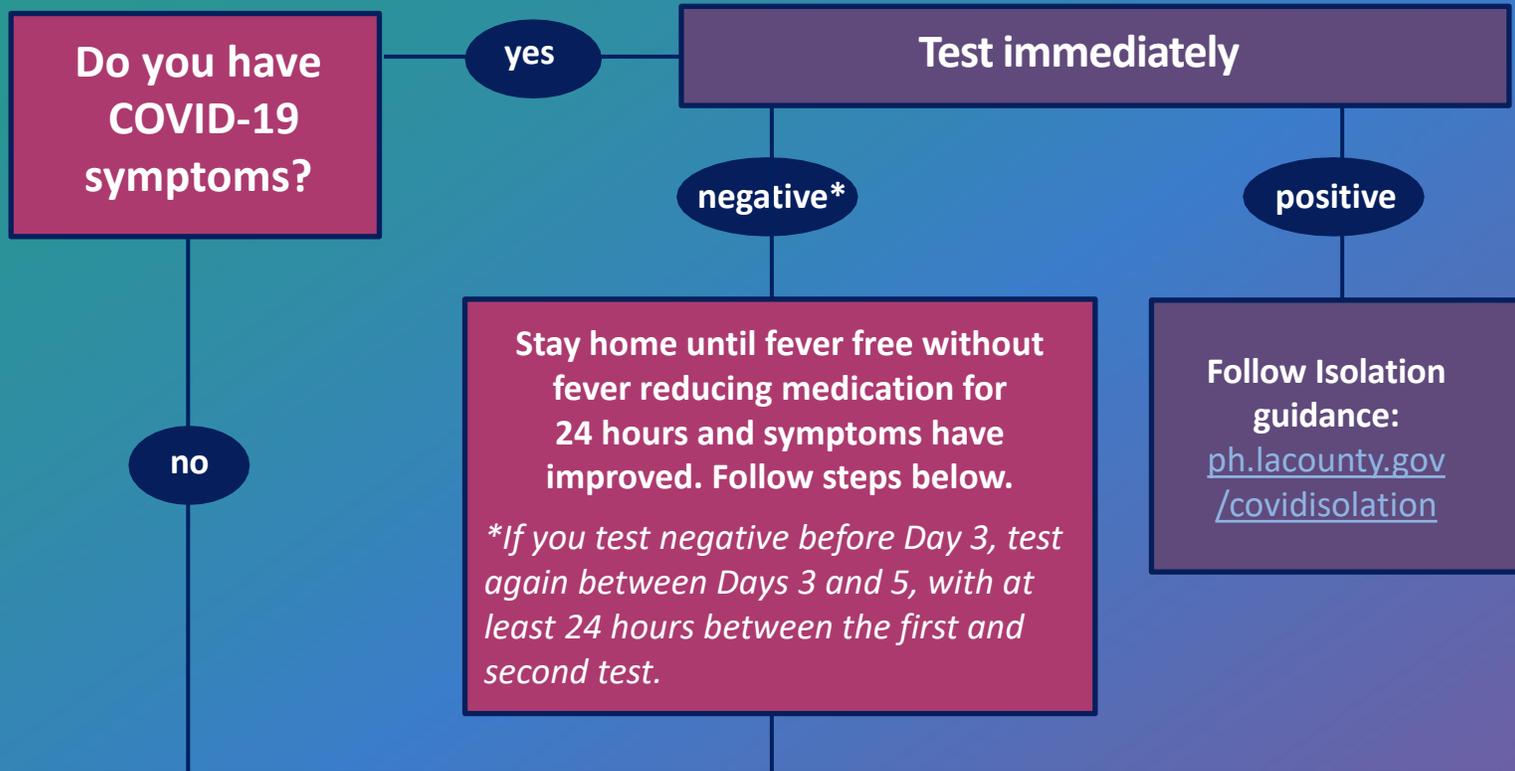
- If you meet the criteria to end isolation after Day 5, you may stop wearing a mask if you have two negative COVID-19 tests in a row that were taken at least a day apart.
- LAC DPH *strongly recommends* that you get a negative test for COVID-19 before ending isolation between Day 6-10. If you do test, it is best to use antigen tests (including self-tests) to lower the risk of false positives.
- If you still have a fever, stay in isolation until 24 hours after your fever resolves. If you are immunocompromised or had severe COVID-19, talk with your doctor about when you can be around others.

- See full isolation instructions at ph.lacounty.gov/covidisolation. Staff who test positive for COVID-19 must follow [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations](https://www.dir.ca.gov/OSHA/OSHA-COVID-19-Prevention-Non-Emergency-Regulations).
- Tell your close contacts they have been exposed and should follow the instructions for close contacts at ph.lacounty.gov/covidcontacts.
- You may be able to get free COVID-19 treatment, which can prevent you from getting very sick and help keep you out of the hospital. See ph.lacounty.gov/covidmedicines.

GUIDELINES FOR CLOSE CONTACTS

SCHOOL FLOW CHART

You are a "close contact" if you shared the same indoor airspace with someone with COVID-19 for a total of 15 minutes or more over a 24-hour period while they were infectious.



If you are a close contact and do not have symptoms, you should take the following steps to reduce the risk of spreading COVID-19 to others:

- 1. Wear a well-fitting mask** around others especially indoors, except when eating or drinking, for 10 days after the last date of exposure.
- 2. Test for COVID-19** within 3-5 days after the last date of exposure.
 - If you or someone you live with is at higher risk for severe disease, test immediately after exposure. If you test negative before Day 3, retest during Days 3-5 after exposure, with at least 24 hours between the first and second test.
 - If you tested positive for COVID-19 within the last 30 days, testing is not recommended unless you develop symptoms. If you tested positive for COVID-19 within the last 31-90 days, you should test using an antigen test.
 - If you test positive at any time, stay home and follow isolation instructions at ph.lacounty.gov/covidisolation.
- 3. Monitor symptoms** for 10 days. If you develop symptoms, test immediately. If you test positive, follow isolation guidance at ph.lacounty.gov/covidisolation.

ph.lacounty.gov/covidcontacts

For more information and to view the latest version, visit: ph.lacounty.gov/EducationToolkitTK12 04/04/2023

