

Samohi Health and Wellness Services



TEEN CLINIC

Come here for sports physicals, first aid for minor injuries, birth control, pregnancy tests, immunizations, prescription medications, vision and hearing tests, dental services, and care for on-going conditions.

When: Tuesdays and Thursdays - 8am to 3pm

Where: Nurse's Office - Admin 203

Walk-ins are welcome or schedule an appointment at the Nurse's Office.

NURSE'S OFFICE

Come here for headaches, sore throats, upset stomachs, menstrual cramps, feminine products and information about reproductive health.

When: Regular school days and hours

Where: Nurse's Office - Admin 203

MENTAL HEALTH SERVICES

Assistance with depression, stress, anxiety, trauma, relationship difficulties, grief and loss, etc. Individual and group therapy available.

Talk to your house advisor, nurse, or mental health coordinator to get connected.

SUBSTANCE USE PREVENTION & TREATMENT

Counseling for students who need support with substance use or completion of mandated hours for on-campus drug infractions.

Talk to your house advisor, nurse, or mental health coordinator to get connected.

Mental Health



Anxiety - Trauma -
Grief and Loss -
Depression -
Substance Use

Physical Health



Medical Concerns -
Reproductive
Health - Dental -
Vision and Hearing

On-Campus & Free



For more
information, contact
your **house advisor**.