



Welcome to  
SAMOHI  
Home of the Vikings

# Let's Meet the Team

Samohi Lead Principal – Dr. Shelton

S House Principal – Dr. Medrano

M House Principal – Mrs. Bravo

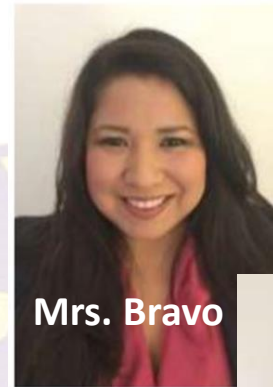
O House Principal – Mrs. Paule Sheahan

H House Principal – Mrs. Komlos

I House Principal – Dr. Choi



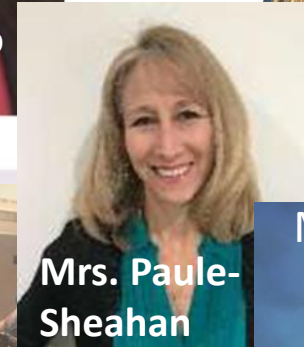
Dr. Shelton



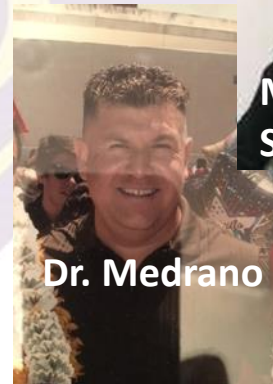
Mrs. Bravo



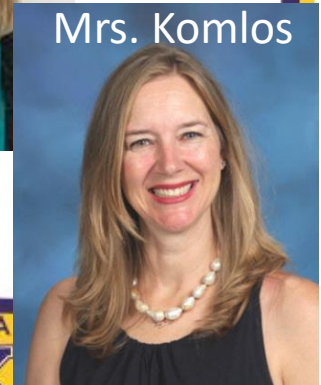
Dr. Choi



Mrs. Paule-Sheahan



Dr. Medrano



Mrs. Komlos

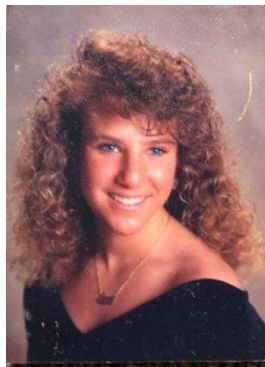


**SAMO Admin ROCKS!!!**



# Let's Meet the Team

S House Advisor – Mrs. Golden Malone



M House Advisor – Mrs. Flavin



# Let's Meet the Team

O House Advisor – Ms. Gonzalez



H House Advisor – Interim Advisor



Ms. Wax

I House Advisor – Mrs. Garrido



# Role of the Advisor

What does an Advisor do?

## Academics

- Monitor your child's academic progress
- Make sure your child is on track for graduation and college

## College/Career Exploration

- Explore College and Career options through Naviance
- Along with the college counselors, advise and guide them through the college process
- Classroom Lessons on college, careers, and other post secondary options

## Social/Emotional

- Provide emotional support
- Provide referrals for therapy
- Facilitate conflict resolution circles
- Point person and safe space for 4 years at Samo

*NOTE: School counselors/Advisors are bound by confidentiality.*

*Unless required by law to report, what a student tells us will remain confidential.*



# THE NEXT 4 YEARS WITH YOUR ADVISOR

## Freshman Year:

- Students will be invited to a meet and greet with their advisor and other students to get to know each other and start to form a connection.
- Advisors will conduct meetings with students and families who earned **multiple** Ds and Fs in core academic classes on their 6-week progress report.
- In November / December, there will be a PTSA night focused on Academic planning for your student's high school career.
- Second semester, Samohi will hold a Soon-to-be-Sophomore Evening focused solely on scheduling for 10<sup>th</sup> grade year. Following this evening event, Advisors will meet individually with your 9<sup>th</sup> grader to finalize the schedule. (subject to change due to COVID-19 restrictions)

## Sophomore Year:

- Advisors continue with academic interventions for students with multiple Ds and Fs.
- There will be a PTSA night focused on Academic planning for your student's high school career.
- Second semester, advisors will have individual academic planning meetings with **you and your student** focused on junior schedule, testing timeline, and postsecondary options.



# THE NEXT 4 YEARS WITH YOUR ADVISOR Cont.

## Junior Year:

- Advisors continue with academic interventions for students with multiple Ds and Fs.
- There will be a PTSA night focused on Academic planning for your student's high school career.
- Second semester, Advisors will meet individually with your 11<sup>th</sup> grader to plan their 12<sup>th</sup> grade schedule.
- Beginning second semester, you and your student will have the opportunity to meet individually with your college counselor to discuss postsecondary plans and options.

## Senior Year:

- There will be several events to support you and your student through any postsecondary application process.
- You will continue to have the opportunity to meet individually with your college counselor to discuss postsecondary plans and options.
- While your college counselor becomes a main point of contact during this year, advisors continue to support and check in on your student.



# Advisor Contact

S House - Mrs. Golden Malone

- Email - [agolden@smmusd.org](mailto:agolden@smmusd.org)
- Google Classroom Code - frkzl2h

M House – Mrs. Flavin

- Email - [jflavin@smmusd.org](mailto:jflavin@smmusd.org)
- Google Classroom Code - dn37lj2

O House – Ms. Gonzalez

- Email - [mgonzalez@smmusd.org](mailto:mgonzalez@smmusd.org)
- Google Classroom Code - nq2nrxb

H House – Ms. Wax

- Email – [wgellis@smmusd.org](mailto:wgellis@smmusd.org)

I House – Mrs. Garrido

- Email - [jgarrido@smmusd.org](mailto:jgarrido@smmusd.org)
- Google Classroom Code - xhk4wsc

## Office Hours

- **Monday & Friday: 2:15 pm – 3:00 pm**
- **By appointment**
- **Always available through email**





# Attendance

Attendance will be taken every period. Students are expected to be in their zoom or google meet on time during their scheduled class time.

If a student is absent, please email the teacher AND your House Assistant with the following information :

- Student Name
- Student ID #
- Date of Absence
- Reason for absence
- Parent Name and Phone Number
- If it is a partial day absence, please indicate the periods your student missed
- Notes must be received within 3 days or absence will be consider UNEXCUSED

S House – Ms. Morris

[tmorris@smmusd.org](mailto:tmorris@smmusd.org)

M House – Ms. Chew

[jchew@smmusd.org](mailto:jchew@smmusd.org)

O House – Ms. Gilbert

[egilbert@smmusd.org](mailto:egilbert@smmusd.org)

H House – Ms. Campos

[jcampos@smmusd.org](mailto:jcampos@smmusd.org)

I House – Ms. Washington

[cwashington@smmusd.org](mailto:cwashington@smmusd.org)



# Attendance Continued

California Ed Code states what absences are considered EXCUSED

- Personal illness
- Quarantine under the direction of a county or city health officer
- Medical, dental, optometric, or chiropractic appointment
  - a) Any school missed for a medical/dental appointment must be cleared with a note from the medical/dental office. The absence will be considered uncleared until documentation is received
  - b) Students who leave school at lunch and do not return to school (even with parental permission) will be marked as truant. These absences cannot be cleared after the fact. The school must be notified prior to any/all students leaving campus early. In an emergency, we must be able to accurately account for all students.
- Attendance at funeral services for a member of the immediate family\*, which shall be limited to one day if the service is conducted in California or three days if the service is conducted out of state.

\*Immediate family shall be defined as mother, father, grandmother, grandfather, spouse, son/son-in-law, daughter/daughter-in-law, brother, sister, or any relative living in the student's immediate household.
- Jury Duty
- Service as a member of a precinct board for an election pursuant to Elections Code 12302
- Participation in religious exercises or to receive moral and religious instruction



# **Flex Time**

## **What is the goal of Flex-Time?**

Samohi Flex-Time provides targeted educational opportunities during the school day for intervention and enrichment to best meet student individual needs. It is our goal that Flex-Time will help all students to be more successful. Students will engage in their own learning by building metacognitive and advocacy skills to promote emotional health, explore passions and grow in a focused, academic, and productive environment.

### **Three main areas of offerings:**

- Academic Support • Enrichment Opportunities • Social Emotional Support

**Mandatory -**

**Thursdays September 17 - October 8**



# Flex Time Expectations

## What do students do?

- ❖ Be Productive
- ❖ Be Focused
- ❖ Be Responsible
- ❖ Be a Self-Advocate
- ❖ Be Present
- ❖ Be Proactive

homework



**In short, students have been given the gift of time,  
When it's time please help your child make good choices  
and use it wisely!**



# Struggling in a particular class?

**Step 1** – Student should reach out to teacher for help

**Step 2** – If the student is still struggling, parent should reach out to teacher for a phone or video conference.

**Step 3** – If the issue is still not resolved, parent and student should contact advisor.

**Step 4** – If steps 1 – 3 do not fix the problem – administration will get involved.

We are ALL here to help.

Self-Advocacy can be scary and hard, but this is the time to practice that skill.



# College and Career Center

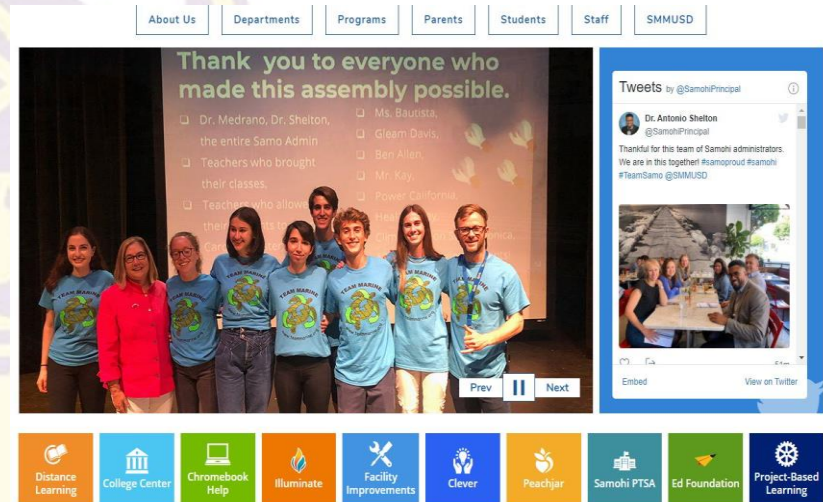
In order of appearance  
From left to right

- **Rosa Mejia**  
(O-Z)
- **Ernesto Flores**  
(A-G)
- **Julie Honda**  
(H-N)
- **Stephanie Savage**  
Admin Assistant



# Naviance

- ❖ Career-interest search and planning
- ❖ College match search
- ❖ Scholarship search
- ❖ College visit and workshop sign-ups
- ❖ Document requests and submissions



How does my student get on Naviance

Open your account on CLEVER – Samohi front page

Login: Student's smmk12 email

Password: Student ID#



# GET INVOLVED!



**Quality participation and commitment in one or more activities is the key:**

- ❖ **Service to the community – volunteering, internships**
- ❖ **Involvement in a club/organization**
- ❖ **Participation in an athletic team**
- ❖ **Employment (College Center page on the Samohi website)**
- ❖ **Hobbies**





# Join a Club at Samo

## CLUBS!

The master list will be  
released on September  
21st on the school  
website

The master list will include the club names, objectives,  
meeting day & times, and zoom links to join

Follow the instagram  
[@vikingsssamohi](https://www.instagram.com/vikingsssamohi) for club and  
school updates



# Finding Balance in your HS Experience

- Keep the big picture in mind. What realistically can your student tackle without overloading?
- Encourage your student to take responsible risks and tackle challenges in areas he/she enjoys. It's not necessary to take every Honors class available.
- Students should leave time for activities, family, friends, and fun to maintain good overall mental and physical health.



# Mental Health Services

MENTAL HEALTH SERVICES // SUBSTANCE USE PREVENTION & TREATMENT

- Assistance with depression, stress, anxiety, trauma, relationship difficulties, grief and loss, etc. Individual and group therapy available.
- Counseling for students who need support with substance use or completion of mandated hours for on-campus drug infractions.
- Talk to your house advisor, nurse, or mental health coordinator to get connected. During COVID closures, services will be provided via telehealth.

**Due to the impact of COVID-19 and school closures, Samohi is introducing the “Student Needs Referral Form.” This form can be completed by staff, students, or parents to refer a student or family who is in need of additional supports/resources. There are four major areas of support.**

<https://sites.google.com/view/wellness-services-center/home>

<https://drive.google.com/file/d/1WAPkplhIZNADoIF1tIYyqWFMntGculO/view?usp=sharing>



<http://tiny.cc/samohineeds>

**WELLNESS SERVICES**  
**Google Classroom**  
Join using code: 3veqpz2

# Advisor Contact

S House - Mrs. Golden Malone

- Email - [agolden@smmusd.org](mailto:agolden@smmusd.org)
- Google Classroom Code - frkzl2h

M House – Mrs. Flavin

- Email - [jflavin@smmusd.org](mailto:jflavin@smmusd.org)
- Google Classroom Code - dn37lj2

O House – Ms. Gonzalez

- Email - [mgonzalez@smmusd.org](mailto:mgonzalez@smmusd.org)
- Google Classroom Code - nq2nrxb

H House – Ms. Wax

- Email – [wgellis@smmusd.org](mailto:wgellis@smmusd.org)

I House – Mrs. Garrido

- Email - [jgarrido@smmusd.org](mailto:jgarrido@smmusd.org)
- Google Classroom Code - xhk4wsc

## Office Hours

- **Monday & Friday: 2:15 pm – 3:00 pm**
- **By appointment**
- **Always available through email**



# 4 YEARS GOES BY IN THE BLINK OF AN EYE



**Enjoy the ride!!!**



Q & A

You have

Questions

We have

Answers



**You opinion matters**  
**Please use the link or QR code**  
**to complete a brief survey.**  
**We want your feedback**

<https://tinyurl.com/samoparent>

