

Samohi Athletic Tryout Information

Welcome to Santa Monica High School Athletics. We are excited for you to join the Viking family! In order to participate in a high school competitive sport, a student must attend a tryout conducted by the coach of the program. Students must attend all tryout dates/times unless otherwise noted by the coach. Students can play multiple sports throughout the year as long as they are not in the same season of play. Students must be enrolled at Santa Monica High School to participate in tryouts.

Participating in the Athletic Program at Samohi requires students to adhere to the attendance/tardy policy, be academically eligible and complete the necessary forms to obtain clearance for every sport. In order to be academically eligible, the student must have maintained a minimum 2.0 grade point average of a 4.0 scale in all enrolled courses during the previous grading period (per the California Interscholastic Federation – Southern Section Bylaws, Article 1 Section 205 Scholastic Eligibility). Ineligible students must sit out of competition until the next eligibility date. Eligibility will be determined shortly after the close of each grading period.

What to do prior to tryouts:

- Complete the Sports Physical Exam form. This form must be completed and signed by a doctor (physical exams are valid for one year from date of exam). Blank forms: <https://www.smmusd.org/Athletics-HealthHistory>
- Pre-register for each sport you are interested in on the Registration link
- Upload required documents through registration link
 - Sports Physical Exam form signed by a doctor
 - Proof of medical insurance

For specific tryout procedures and questions, please email the head coach.

Be sure to check schedule updates prior to your tryout:

<https://www.smmusd.org/domain/2940>

Santa Monica High School					
Athletic Tryout Schedule 2023-2024					
Fall Sports - August to November					
Sport	Dates	Times	Campus Location	Registration Link	Head Coach
Boys & Girls Cross Country	June 17, August 12, August 19, 2023	9:00 AM	6/17 Track Field; 8/12 & 8/19 at Ocean/Montana	XC Registration	Tania Fischer: tfischer@smmusd.org
Girls Flag Football	June 14, 2023	12:00 PM - 2:00 PM	Football Field	G Flag Football	Ramsey Lambert: rlambert@smmusd.org
Football - no tryouts/no cuts	June 13, 14, 15, & 16, 2023 - daily practice begins	3:30 PM - 5:30 PM	Football Field	Football Registration	Carter Paysinger: cpaysinger@smmusd.org
Girls Golf	June 15 & 16, 2023	12:00 PM	Rancho Golf Course	Girls Golf Registration	Roshni Mejia: r.mejia@smmusd.org; Bart Burdick: bburdick@smmusd.org
Girls Tennis	June 13, 2023 - current 8th graders/August 23, 2023 - current 9, 10, 11th graders	9:00 AM - 12:00 PM/1:00 PM-4:00 PM	Tennis Court	Girls Tennis Registration	Shaun Simone: ssimone@smmusd.org
Girls Volleyball	June 13 & 14, 2023	4:00 PM - 7:00 PM	South Gym	Samohi Volleyball Tryout Registration Form	Liane Sato: lsato@smmusd.org
Boys' Water Polo	June 13 OR July 11, 2023	8:00 AM	Pool	BWP Registration	Matthew Flanders: mflanders@smmusd.org
Winter Sports - November to February					
Boys Basketball	June 13 & 14, 2023	8:00 AM - 11:00 AM	North & South Gym	Boys Basketball Registration	James Hecht: jhecht@smmusd.org
Girls Basketball	June 12 & 13, 2023	2:00pm- 4:00pm	North & South Gym	Girls Basketball Registration	Iralford@smmusd.org
Boys Soccer	June 15 & 16, 2023	8:00 AM - 11:00 AM	Football Field	Boys Soccer Registration	csandoval@smmusd.org
Girls Soccer	June 13 & 14, 2023	8:00 AM - 11:00 AM	Football Field	Girls Soccer Registration	pnajera@smmusd.org
Girls Water Polo	June 13 OR July 11 OR August 24, 2023	8:00 AM/3:30 PM for 8/24/23	Pool	GWP Registration	Matthew Flanders: mflanders@smmusd.org
Boys & Girls Wrestling	June 12, 2023 & June 13, 2023	1:00 PM - 3:00 PM/10:00 - 12:00 PM	Wrestling Room	Wrestling Registration	Jason Mun: jmun@smmusd.org
Spring Sports - February to June					
Baseball	June 15 & 16, 2023	11:30 AM - 2:30 PM	Sealy Field	Baseball Registration	Jordan Sigman: jsigman@smmusd.org
Boys Golf	June 15 & 16, 2023	12:00 PM	Rancho Golf Course	Boys Golf Registration	Roshni Mejia: r.mejia@smmusd.org; Bart Burdick: bburdick@smmusd.org
Boys Lacrosse	June 13, 2023	11:30 AM - 2:30 PM	Football Field	Boys LAX Registration	James Phelan: jphelan@smmusd.org
Girls Lacrosse	June 15, 2023	11:30 AM - 2:30 PM	Football Field	Girls LAX Registration	Brian Patenaude: bpatenaude@smmusd.org
Softball	June 16 OR 17, 2023	9:00 AM - 10:00 AM	Sealy Field	Softball Registration	Jenny Forster: jforster@smmusd.org
Boys & Girls Swimming	June 13 OR July 11 OR August 24, 2023	8:00 AM/3:30 PM for 8/24/23	Pool	Swim Registration	Matthew Flanders: mflanders@smmusd.org
Boys Tennis	June 14, 2023 - current 8th graders/November 14, 2023 - current 9, 10, 11th graders	9:00 AM - 12:00 PM/after school 11/14/23	Tennis Court	Boys Tennis Registration	Shaun Simone: ssimone@smmusd.org
Boys & Girls Track & Field	December 16, 2023, January 13 & February 11, 2024	9:00 AM - 2:00 PM	Track & Field	email coach	Tania Fischer: tfischer@smmusd.org
Boys Volleyball	June 15, 2023, September 13, 2023	4:00 PM - 7:00 PM; 9/13/23 at 5:00 PM - 6:00 PM	South Gym	Boys Volleyball Tryout	Liane Sato: lsato@smmusd.org
Girls Beach Volleyball	November 27 & 28, 2023	4:00 - 5:15 PM	Ocean Pk Beach	GVB24 Samohi Girls Beach Volleyball Tryout Registration	Liane Sato: lsato@smmusd.org
Year-Round Sport - August to June					
Pep Squad (Cheer & Pom)	March 18, 2023				Lily Sheahan: lsheahan@smmusd.org