

MONDAY MESSAGE – JUNE 15, 2020

SCHOOL NEWS AND ANNOUNCEMENTS:

SCHOOL IS OUT FOR SUMMER! This will be the last Monday Message for the 2019-2020 school year. Keep an eye on your email inbox for important messaging for the opening of the 2020-2021 school year including links for registration, GYSD, school pictures, and purchasing items from the student store to avoid lines at GYSD.

SUMMER INFORMATION

SUMMER OFFICE HOURS AND BACK TO SCHOOL INFORMATION:

Malibu Middle School is open during the summer break (onsite subject to health guidelines.) Keep an eye out for the Back to School Summer Email in August.

SUMMER SCHOOL INFORMATION: Summer school is scheduled from June 18 through July 22.

STUDENT MEAL SERVICE: SMMUSD will continue to provide breakfast and lunch to all students under the age of 18 during the summer. Service is available from 8 – 10 am at Webster Elementary and three other SMMUSD schools. For more information click here: [English](#) [Spanish](#)

MALIBU (BUS PASSES): Message from Transportation Department: Since the Fall schedule is still being discussed, so are the bus passes and bus schedules. Please remain patient while we continue to work together and make decisions as a District.

SUMMER READING SUGGESTIONS FOR OUR RECENTLY PROMOTED 8TH

GRADE CLASS: From the Malibu High School English Department: Considering the unique circumstances we find ourselves in during these challenging times, English teachers did not see a viable way to address all of our students' needs in the usual manner in terms of summer reading assignments. That being said, this summer there will be no formal reading assignments and these "suggestions" will not be tied to any academic grade or assignment when we get back to school in the fall. Instead, we encourage students to explore these purely optional selections as selected with thought and care by the individual teachers in our department. We release these suggestions in good faith and hope that our academic community might benefit in the joy of reading. - READ ON! - Find the list of reading suggestions [here](#).

COMMUNITY INFORMATION

BOYS AND GIRLS CLUB OF MALIBU SUMMER PROGRAMS: BGCM is offering two programs this summer:

- Teen Center Summer 2020: Teen Center Clubhouse, July 6th through August 7th from 8 am – 2 pm for grades 6th – 12th.
- Camp Bu 2020: Juan Cabrillo Clubhouse, July 6th through August 7th from 8 am – 2 pm for incoming TK – 5th grades.

These are not “drop in” programs. You **MUST** register by June 22nd to participate. For registration information, or to learn more, click the links:

Teen Center Summer 2020: <https://share.peachjar.com/flyers/1000010/districts/5758>

Camp Bu 2020: <https://share.peachjar.com/flyers/1000016/districts/5758>

You can also visit the BGCM website at <https://bgcmalibu.org/>.

SUMMER CHROMEBOOK CARE INSTRUCTIONS:

Chromebook Storage tips:

- Do not stack devices on top of one another, because the weight can damage screens.
- Place the Chromebooks in a secure location, such as a cabinet or cart where they won't be accidentally knocked over or stepped on.
- Store your Chromebooks in a cool, dry area. Be sure they avoid direct sunlight.
- Keep track and take care of cords and cables.
- Keep food and drinks away from the Chromebook and the charger.

Tips for protecting your Chromebook's battery life:

- Do not let the Chromebook battery fully lose its charge over the summer. Even when a Chromebook is off, its battery continues to slowly lose charge. If left long enough, the batteries might no longer function and can't be recharged.
- Do not keep your Chromebook plugged into a charger while in storage for months. This can reduce battery life and lead to other issues. If you're storing Chromebooks for a long time, charge them to at least 80% and unplug them from a battery source.

How do I get technical support over the summer?

SMMUSD is offering Tech Support over the summer on an as-needed basis. Middle School and High School students should complete the [Chromebook Incident Report](#).

Will I continue to have access to my online programs from the 2019-2020 school year?

You will have access to online educational programs through Clever all summer. Your account will be promoted to the next grade level during the first week of August.

Helpful Chromebook Resources:

- [Google Chromebook Help Center](#)
- [Chromebook Keyboard Shortcuts](#)

FROM THE WELLNESS CENTER: In light of all the current events, stress and anxiety are at an all-time high. What can we do to manage our emotions? Creativity helps us focus our mind and gives us pleasure and meaning. Here are 6 ways to be creative right now:

1. In all forms, visual art provides a sense of accomplishment. Try painting, sketching, sculpting, or even an adult coloring book. The point isn't to create a masterpiece, the point is to do something relaxing and enjoy beauty.
2. Tending to a garden, including a potted garden if you're in a smaller space, is a soothing pastime. Growing something from seed or bulb is a great way to learn the process. You can also grow leftover cuttings of vegetables in mason jars with water. Get creative in cultivating your green thumb!
3. Creative writing or journaling helps us process our feelings and make sense of the world. This is therapeutic for many – offering insights to our thoughts, behaviors, and emotions.
4. Using our hands makes up feel useful, gives us purpose, and is a great distraction. This could be in the form of a DIY project, knitting, crocheting, sewing, or remaking a personal space.
5. Dance is a great form of exercise and releases endorphins, the natural "happiness" hormone. It's a great way to express yourself if you're not able to go outside often. Learn a choreographed dance if you're not comfortable creating your own.
6. Listening to or making your own music can be a beautiful way to take your mind off things. If you don't play an instrument, now is a great time to learn! There are plenty of instructional YouTube videos out there. You can start with a simpler instrument, like a ukulele, and transition to a harder instrument such as a guitar or bass, over time.

Creativity gives human beings purpose, improves cognition, and makes us happier. Give it a try and see if it elevates your mood in these uncertain times!