### Lunch Menu for Lincoln and John Adams Middle School
#### 2022-2023

Menu is Subject to Change Without Notice

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breaded Drumsticks w/mashed potatoes</td>
<td>Cheese or Pepperoni Pizza</td>
<td>Orange or Teriyaki Chicken w/Brown Rice &amp; vegetables</td>
<td>Hamburger w/ Tater Tots</td>
<td>Mini Corn Dog w/Baked Potato Wedges</td>
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</tbody>
</table>

**Daily Options**
- Cheese Pizza
- Burrito w/Seasoned Potato Wedges
- Yogurt Parfaits
- Assorted Salads
- Assorted Deli Sandwiches

**Fresh Salads offered daily @ Lincoln**

**Offered Daily**
- Fruit (Fresh, Canned, 4oz Juice)
- Fresh Baby Carrots, Side Green Salad
- Milk (1% White, Nonfat White, & Nonfat Chocolate)