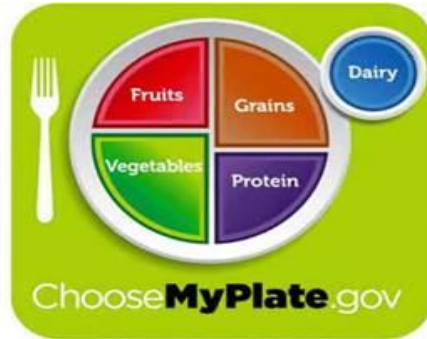


Lunch Menu for Lincoln and John Adams Middle School 2022-2023



Menu is Subject to Change Without Notice

Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Drumsticks w/mashed potatoes	Cheese or Pepperoni Pizza	Orange or Teriyaki Chicken w/Brown Rice & vegetables	Hamburgers w/ Tater Tots	Mini Corn Dog w/Baked Potato Wedges

Daily Options

- Cheese Pizza
- Burrito w/Seasoned Potato Wedges
- Yogurt Parfaits
- Assorted Salads
- Assorted Deli Sandwiches

Fresh Salads offered daily @ Lincoln

Offered Daily

- Fruit (Fresh, Canned, 4oz Juice)
- Fresh Baby Carrots, Side Green Salad
- Milk (1% White, Nonfat White, & Nonfat Chocolate)