



Parent Newsletter

Monday, February 3, 2020

Volume 1, Number 23

Updated Calendar

SMMUSD Master Calendar

Tues-Thur	1/21-2/20	Zoe Langley "Talent Show" Practices continues at lunchtime
Mon - Fri	2/3 - 2/14	1st - 5th grade ELA Assessment Period (3-5 have until 2/24) (See article below)
Mon-Fri	2/3-2/28	Black History Month (Library-based programs)
Feb	2/3 - 2/28	5th Grade Healthy Kids Survey (Positive Parent Permission Required, Parents and Staff will be surveyed too.
Tues - Fri	2/18 - 2/28	1st - 5th grade Math Assessment Period (Informs Instructional Choices)
Tues	2/4	PTA General Meeting w/ Superintendent Dr. Ben Drati / 8:30 - 9:30 @ rm13 (Agenda: Budget Issues)
Fri	2/7	100 th Day of School
		Student Council Spirit Day - Crazy Hair Day
		Report Cards Sent Home
Mon	2/10	School Rules & Olweus Bully Prevention Assembly (for students who missed the 1/3 assembly) / 8:30 -9 @ Library
		Library Closed - LMT Keshia Nash-Johnson @ Training
Tues	2/11	5th Grade Healthy Kids Survey Day (Parent Permission Link)
Wed	2/12	3rd grade Field Trip
Thur	3/13	SSC Meeting / 3:30 - 4:45 @ Library
Wed - Th	2/13-2/14	5th Grade Healthy Kids Survey Make-Up Days
Mon	2/17	Presidents' Day Holiday / No School
Tues - Fri	2/18 - 2/28	Healthy Kids Online Survey for All K-5 Parents and All Staff
		1st - 5th grade Math Assessment Period
Tues	2/18	PTA General Association Meeting / 3 - 4 @ Room 12
Wed	2/19	Kinder Tide Pool Walk (12:30 to 2:00ish)
Thur	2/20	Bingo Night (5th grade Fundraiser) / 5-7:30pm.
Fri	2/21	Zoe Langley Talent Show Day / 9-10 (K-3) & 10:15 - 11:15 (4-5) @ cafeteria
Fri	2/28	Environmental Defender Assemblies (Deep Learning)
Fri	3/6	Student Council Spirit Day - PJ Day
Mon-Fri	3/9 - 4/3	ELPAC Summative Assessments w/ Substitute Gretchen S. @ Bungalow 22
Fri	3/13	Rethink Plastics Assemblies (Deep Learning) (Gabrielle will provide pre-assembly learning)
Wed	3/18	Kinder Tide Pool Walk (12:30 to 2:00ish)
Sat	3/21	PTA Marine Science Fundraiser Dinner & Auction (Details coming!)
Thur	3/26	Bingo Night (5th grade Fundraiser) / 5-7:30pm
Mon - Fri	3/23 - 3/28	Deep Learning School-wide Pre-assessment (Details coming from Julie)
Thurs	4/2	Minimum Day 7 of 8 (Currently Anticipated date of Open House - May postpone to May 28; stay tuned.)
		Spring Break
Mon - Fri	4/6 - 4/17	
Mon	4/20	School Resumes at 8:15
Mon-Fri	4/27 - 5/22	CAASPP Summative Assessment Window (Final Schedule Forthcoming)
Thur	5/28	Deep Learning Science & Art Fair (Open House too?)
June 18 - July 15		Summer School will be at MES

Principal's Message

Assessments and Surveys February brings our school several informative assessments and surveys. Please look at the dates above and your teachers' newsletters to stay current, and please speak to your child about giving their best effort. The teachers and School Site Council will use the data to make informed instructional and environmental decisions to help our students feel and be successful at school.

Safe School Plan The MES Safe School Plan (SSP) has been extensively revised by the SSC. President Anne Russell has been instrumental with every step of the overhaul. The plan is 237 pages in length and every page has been analyzed for accuracy as it relates to our campus. The SSP was reviewed by the SSC, the SSC's Safety sub-committee, the Sheriff, and a member of Fire Station 71. The SSP was also shared with the City Mayor and her management team. The SSP was open to Public Comment on January 9 at the regularly scheduled SSC meeting. After the Public Hearing all comments from the SSC members and the Safety sub-committee were explicitly reviewed and edits and revisions were made. The work President Anne and I did at the point consumed better than 20 hours. Anne is very thorough and I have 21 years experience managing School Safety Plans. We brought the SSP to the SSC for final discussion on January 28 and the SSC unanimously approved it. The MES SSP is now being reviewed by Student Services and will very likely be reviewed by the Board of Education at their meeting in early March.

Communicating the plan, training on the plan, and auditing supplies are the next big steps.

Communication: A redacted copy of the SSP is available for review in the office beginning February 3 and by March 10 on our website. An Abstract of the SSP (A-SSP) is being developed for the Sheriff, Fire Station 71, and the MES Staff. A redacted abstract of the SSP (RA-SSP) is also being developed for parents and interested-members of the Public (This version will be housed in our forthcoming Parent handbook.).

Training: Staff will review the 237 page SSP and the A-SSP on March 20. Annual reviews will be conducted every September. Safety Drills will be conducted and various elements of the SSP will be tested such as Search & Rescue, Reunification, or Evacuation Routes.

Supplies: SSC Parent Representatives Heather Alfano and Melissa Mastrippolito will be examining every emergency backpack for shortages and expired items. District replaced our emergency food in January.

4th Grade Fundraiser - 5th Grade CIMI Overnight Trip 4th grade parent leader Roui Israel and I had a meeting recently to begin estimating the total cost of CIMI. We learned that our initial down payment is due by March and luckily the PTA was prepared for this and will be sending that check. Additionally we started to discuss fund-raising that 4th grade students and parents can do to help lower the total cost for everyone. The fundraiser ideas that Roui and I discussed were a jog-a thon and bake sales. Once we have completely figured out the costs, we will begin advertising all of this in the parent newsletter and specifically to 4th grade parents. The fundraiser dates and all of the preparation to make them work well will be shared with you soon. We covered the importance of money handling and explaining our plan to the fourth grade parents. Should we come up short, we will rely upon voluntary donations. If we are still short, we will cancel the trip for all students and lose our deposit. This is as much information as I have for you now.



Together for kids,
Chris Hertz

English Language Proficiency Assessments for California / ELPAC

Annually our students who are English Learners (EL) take the ELPAC. Students in grades K-2 will be taking the Listening, Speaking, and Reading portions of the ELPAC in a one-on-one setting (no group administration) so they will have the support of the test examiner at all times. 3rd - 5th grade students will take an online version of the assessment. The examination period is listed in the calendar above. The exam is one of several ways we track and support our English Learner students to learn English faster.

5 Tips to Cut Down on Screen Time - Advice from the MBGC Wellness Center

As your child's school responsibilities begin to ramp up again, the Wellness Center at the Boys & Girls Club of Malibu would like to stress the importance of reducing screen time. **Screen time** is defined as the amount of time spent using a smartphone, computer,

television, or video game console. Kids and teens ages 8 - 18 spend an average of 7+ hrs/day looking at screens. The new warning from the AHA recommends parents limit screen time for kids to 2 hrs/day. For younger children, the recommended limit is only 1 hr/day. There are numerous studies that illustrate the **negative side effects** of too much screen time. Some of these side effects include, reduced self-esteem, negative self-image, reduced communication skills, increased anxiety, worsening of eyesight, reduced focus, reduced social functioning, etc.

The following 5 tips are simple and easy methods for you to implement in your home to facilitate your child's wellbeing.

1. Log screen time – use information stored by devices to monitor your child's screen time
2. Remove devices from bedrooms – aids in creating healthy sleep patterns
3. Focus on family during mealtimes – interact with one another without devices
4. Introduce new hobbies – board games, sports, reading, cooking, art, etc.
5. Model healthy electronic use yourself – this will benefit you and your child's wellbeing

The Wellness Center at The Boys & Girls Club of Malibu is located in four public schools in the area and is always available to provide services that help promote healthy social and emotional support to all students in the Malibu Public School District. If you have any questions, please contact our Director, Randi Goodman (LMFT #52964) at randigoodman@bgcmalibu.org or at 310-691-6523.

The Wellness Center at the Boys & Girls Club of Malibu has temporarily relocated their offices to the Juan Cabrillo School Library. If you have any questions or concerns, our contact information is the same. Please feel free to reach out with any inquiries or stop by for a tour of the new space! We are open 9am-3pm daily.

[New AED Machine at MES](#)

MES has received an AED Machine from District. The machine is in the nurse's office near the door. Soon the AED and the [Directions \(Link\)](#) will be housed inside a red cabinet just inside the Nurse's Office. The AED talks to you when you open it and through each step. It's remarkably reassuring.

While I believe everyone should stay current AED/CPR & First Aid certification, please be reminded of California's Good Samaritan Law. Check with the Red Cross to learn more. You may save someone's life.

Here is a link to an Infograph that will help you know the difference between a [Heart Attack vs. Cardiac Arrest \(Link\)](#). (The AED knows the difference too when the chest and back pads are applied, and will talk you through that.)

MES will be responsible for purchasing replacement batteries, adult pads and child pads. Batteries (\$150) last about 5 years and adult pads (\$4) and child pads (\$65) last about 3 years. These consumables will be monitored by the HOS and Principal Hertz.

The following job classifications are required to be current with AED/CPR:

- Campus Monitor
- Para-educator 1, 2, & 3
- Certified Occupational Therapy Assistant
- Health Office Specialist
- LVN
- Senior Office Specialist

[Talent Show Coming - Volunteer Zoe Langley](#)

There will be a K-3 show and a 4-5 show on Friday, February 21. The k-3 show would have mostly have k-3 student performers and the 4-5 show would have mostly 4-5 performers. Tentative schedule: k-3 show at 9 - 10 and the 4-5 show at 10:15 - 11:15. The vision for our All Star Talent show is to create a platform for our student poets, musicians, gymnasts, singers, dancers, magicians, comedians, and hoola hoop enthusiasts! Zoe Langley will choreograph a 50's dance, a 40's dance, and a country western line dance! All students are welcome to engage (Kindergarten through 5th grade). Recruiting and practices begin this week.

[Student Council Schedule](#)

MES spirit days are every Friday, but special theme spirit days are the first Friday of each month and they are:

- ~~Jan 1, Career Day~~
- Feb 7, Crazy Hair Day
- Mar 6, PJ Day
- April 3, Backwards Day
- May 1, Crazy Sock
- May 8 Teacher's Favorite Color Day
- June 5, Crazy Towel (not confirmed yet)

Student Council meetings are at lunch in the art room, every other Wednesday. All students may join anytime.

- ~~Jan 8 & 22~~
- Feb 5 & 19
- Mar 4 & 18
- April 1 & 22
- May 16 & 20
- June 3

Spanish Interpretation and Translation Services

Effective today, Alexandra Aspron is the substitute that will be covering for Juanita Devis. Alexandra's cell # is 310-924-5638 and her email is alexaspron8@gmail.com. Welcome Alex! (Alex is the PTA President at MHS.)

5th Grade PTA End-of Year Planning Committee Establishes Plan and Tradition for MES - from PTA President Lara Godbille

Earlier this month a 5th Grade Promotion Committee including Principal Hertz, our teachers, room parents, and a PTA representative met to discuss a plan for our kids' promotion ceremony and festivities in June. The committee was mindful to the fact that whatever we do this year will set a precedent for all future MES promotions. At the same time, the committee wrestled with the need to retain traditions that were important to both former Juan Cabrillo and PDMMS students and families. Below is the plan we came up with and information about how you can participate and support it.

The Plan

Monday, June 8 @ 1pm: Promotion ceremony at MES

- Steve Graham is putting together tear-jerking video of all kids through the years (see below for how/when to submit photos)
- Regular promotion ceremony in cafetorium
- Kids will wear traditional graduation gowns with sashes that say "MES – Class of 2020"

Tuesday, June 9 @ 10am-12pm: Class field trip to MHS pool

- This is a sanctioned school field trip complete with permission slips; the kids will be supervised by teachers and there will be a lifeguard at the pool
- Parent chaperones will be welcome
- Kids will take school from MES to MHS pool
- There will be food/drinks, DJ, photo booth, and other fun party stuff
- Each kid will get hoodie beach towel as class gift at pool party

Wednesday, June 10: Last Day of School

- Kids will have customary classroom parties and yearbooks will get distributed

Class Gift: Every year the class donates a gift to the school. The idea for this year is to have a Sea Lion mural painted on the wall across from the kindergarten yard.

How You Can Help:

The 5th Grade Promotion Committee anticipates these festivities, including the class gift, will cost \$8,400 or \$150.00 per student. The way the funds are raised for this event is through direct donation and 5th Grade sponsored Bingo Nights and Bake Sales.

Obviously if we do not raise enough money, we will scale down some of the plans, but we will cross that bridge in late April/early May.

If you are interested in donating directly to support the 5th grade promotion, please write a check made payable to Malibu Elementary School PTA and write "5th Grade Promotion" in the memo section. Drop off the check in the PTA mailbox in the Front Office. If you would prefer to pay by credit card, please contact Lara Godbille at laragodbille@gmail.com and she can accept the payment using PayPal.

Mark your calendars for Bingo Nights: Thursday, February 20th and Thursday, March 26th from 5-7:30pm. We will be serving dinner (\$10/plate – lasagna, salad, water) and having a bake sale at both Bingo nights.

We are going to need to form three committees: Bingo Committee, Promotion Committee, Pool Party Committee. If you are interested in helping out in anyway, please contact the following people:

Bingo – Nikki Wooley – nikkidxb@gmail.com

Promotion – Lara Godbille – laragodbille@gmail.com

Pool Field Trip – Jessica Levin – jsunwater@gmail.com

Baby Photos: We are putting together our 5th grade promotion/graduation slideshow and would like to make a special request that you submit 2 photos...a solo baby photo (preferably age up to 1 year) and an early solo school photo (kinder or 1st grade) of your child for this project. Trying to get photos of JUST your child without any other people in the photo. As high res as possible too. Please email steve_graham@sybersound.com as he's compiling all of the photos NLT February 28th.

There will be more information and details coming out over the next few months as the school year progresses.

School Bathrooms

All adults shall not use student bathrooms. Adults may only use adult bathrooms. Adult bathrooms are located near the staff workroom, in the kitchen, and near the office (This bathroom requires a special key you can check out from the office.).

Illness at School

If your child is sick, please keep him/her home until better. Children should wash their hands thoroughly and regularly at school. Together these actions will help reduce the spread of illness. Thank you.

Bamboo Cutlery at MES

Our student cafeteria no longer has plastic forks and spoons. We have switched to bamboo. This better aligns us with our vision of educating students to be stewards of our local marine biomes.

How Can Families Support Students' Success?

Often, family members ask us how they can support their child's learning. Please consider:

- *Send your child to school on time and everyday with breakfast and a good night's sleep.*
- *Praise your child's school effort.*
- *Ask your child to share what he/she has learned in school.*
- *Help your child through frustrations—they are a normal part of life.*
- *Provide a time, place, supplies, and support for homework.*
- *Call/email the teacher if you have questions about your child's progress.*
- *If your child is ill, allow him/her to stay home to get well before attending school.*

