



SANTA MONICA - MALIBU UNIFIED SCHOOL DISTRICT

March 16, 2020

Important Coronavirus Health Message

Dear parents, guardians and staff,

We would like to communicate important health and safety information during this coronavirus (COVID-19) pandemic as critical to public health, as directed by the Center for Disease Control:

- **Symptoms 2-14 days after exposure ranges from Mild (which helps it spread easily) to Severe and Fatal**

CALL YOUR DOCTOR if you experience:

- Fever
- Cough
- Shortness of Breath

CALL 911: If you experience Difficulty Breathing

- **Keep yourself and others Safe**
 - **Social Distancing**
 - STAY HOME when you or anyone in your household are sick
 - Maintain 6ft distance with others
 - Limit ALL contact to within household
 - NO PLAYDATES OR FRIENDS GETTING TOGETHER!
 - **Hand Hygiene**
 - Wash Hands or use Hand Sanitizer frequently
 - Don't Touch your Face
 - Cough/Sneeze in elbow
 - **Clean & Disinfect high Touch Areas**

There is community spread at this time so everyone is at risk. The above steps are critical to reducing cases.

Please stay healthy and safe and take precaution to prevent the spread of this highly contagious virus. Please see additional information from SMMUSD: <https://bit.ly/2UsvGjV>

More information regarding our school closures and meal plan will be coming later tonight.

Thank you.

SMMUSD Coordinating Nurse and Nursing Team