

WASH YOUR HANDS!



1

USE SOAP AND WARM WATER! (OR HAND SANITIZER

2

COUNT TO 20 SLOWLY WHILE WASHING YOUR HANDS

3

WASH: BACK OF HANDS, WRISTS, BETWEEN FINGERS, UNDER FINGERNAILS



RINSE WELL

5

DRY HANDS WITH A PAPER TOWEL AND THROW

AWAY

6

TURN OFF FAUCET USING THE PAPER TOWEL

