

Health and Safety District Advisory Committee - Regular Meeting

Monday, January 22, 2024

7:00 PM - 9:00 PM

IN-PERSON

Assembly Bill 361 (9/2021) added section 54953(e) to the Government Code, authorizing a local agency to use teleconferencing without complying with the teleconferencing requirements imposed by the Ralph M. Brown Act during a declared state of emergency under specific scenarios. The law remains in effect until January 1, 2024. Due to the state of emergency proclaimed by Governor Newsom in response to the COVID-19 pandemic and its highly contagious variants, and as authorized by per AB 361 and SMMUSD Board of Education Resolution No. 21-08, the November Health and Safety District Advisory Committee meeting will be held virtually.

Meeting Location:

*This meeting location has been updated from Zoom to in person in compliance with reinstated Brown Act requirements.

Health & Safety DAC Meeting

Location: SMMUSD District Office

1717 4th Street

Santa Monica, CA 90401

Room: #118

Parking: Please enter the driveway, stay to the right and go down into the underground parking on level P1 in visitor parking. Take the elevator up to Lobby (L) and proceed to PC testing room 118 for the meeting. You will not need to pay for parking. The code to get out of the garage after the meeting is:

<mark>7741</mark>

Members: Rachel Bressler, RN | Pat Nolan, RN - Absent | Cecilia Soto-Loftus, MPH | Laila Taslimi - Chair | Shuli Lotan, LCSW, PPSC | Deborah Rothman - Absent | Debbie Bernstein - Absent | Michelle Jonas Sroka, | Aimée Koeplin - Guest

Board Liaisons: Richard Tahvildaran-Jesswein - Absent | Laurie Lieberman - Absent | Alicia Mignano

Admin Liaisons: Tara Brown / Dr. Mark Kelly

Student Representatives: Bibiana Peterson (SAMOHI), Terence Tejada-Gonzalez (MHS) - Absent

Chair - Laila Taslimi

<u>AGENDA</u>

I. Call to Order / Approval of Minutes (5 Minutes)

Call to order at 7:11 p.m.

Introductions.

- Approval of minutes Moved by Rachel, Second by Cecilia
- II. Discussion Items (60 Minutes)

Review of Charges:

- Focus on anxiety and depression, including screening and treatment in school-aged children.
- Focus on drug and alcohol treatment and addiction awareness, including responses to the fentanyl crisis.
- Focus on the Wellness Policy.
- Focus on site emergency response to crisis situations.
- Focus on best practices for handling outbreaks of communicable diseases.
- Focus on Controlled Substance Board policy and administrative regulation.
- Focus on any other issues, if directed by the board.

Narcan distribution: How can the committee support PTA Narcan Distribution events?

- Guest: Aimee Koeplin : PTA Council VP of Education:
- Parent Ed Two community training/distribution events in partnership with a Westside Impact. Shared a video with parents and then distributed kits to parents.

- Students have come with parents, and watched a training video. Not distributing to students, but parents are bringing kids to the events.
- If parents are not comfortable administering Narcan. How might students (middle and high school) have access? PTA events are opt-in ones. People are aware of the events coming to. Questions are around how to administer, where store, e.g. can I store in my car (no - not temperature conducive).
- Concern at events Why not more available to students. Parents are concerned for children out with other students and they could help.
- How accessible to students? Can go to a youth drop-in center (1002 Pico) in Santa Monica and get access to it. What about Malibu? Staff have been trained to administer. Malibu parents could host a training.
- District's legal has advised us to give to students, who could administer.
- There is a bill in the works mandating training.
- Testing kits are not being used as much.
- Have done two training and upon request, e.g. Marching band chaperones.
- Given out 200 kits, started with 2100. Store in defibrillator cabinets.
- Any programs, e.g. pre-prom.
- New laws SB 10, safety plan should have protocols for opioid overdoses. All CSSPs comply with the law.
- Clarified number of kits distributed. Estimate 400 of 2100. Should we be concerned that more are not getting out. 2100 anticipated give to students (we asked for the maximum).
- Could do some different types of distributions that could get more out, e.g.
 Virginia Park, Malibu BGCM, middle school parent events.
- PTA seems key to distribution. What help does PTA need?
- Pose question at PTA Council meeting. Keep sharing information to all PTAs to help gain steam. Could do a specific event, or attached to an upcoming event. Have a table at other meetings.
- Shared new related-law information in parent handbooks.
- Continued to discuss options for parents watching video (e.g. QR code)
- Possible through partners such as Venice Family Clinic.
- Shared flyer that is included in every CSSP. Good flyer to those who pick up Narcan from school.
- High school students are in need of getting their hands on Narcon. All freshmen are informed about Narcan in the Freshman Seminar.
- Parents can be advised by their students to go to events, and parents can give their students the Narcan.
- How would students use the flyer? Simplify and use QR code. "Narcan, scan here."
- Can advisory members get kits?
- Need help to have a table at Samohi. Could a DAC member help on Thursday, January 25.
- Discussed making a QR code that students could access.
- Think have new good ideas. May take time later, for a park event.

- Westside Impact attends the Farmers Market at VAP.
- Stairway.
- Let us (the DAC) when you might have events/tables.
- Invited Bibbiana to the student wellness club at Samohi.

III. Public Comments (5 Minutes) : <u>Health and Safety DAC Public Comment Sign-Up Sheet</u> 2023-2024

None

IV. Report from Board Liaisons (15 Minutes)

- · Richard Tahvildaran-Jesswein (5 min.) Absent
- · Laurie Lieberman (5 min.) Absent

Alicia Mignano (5 min.) - Will discuss DAC charges on 2/15/23. Discussing controlled substance policy. Mrs. Brown gave context to the recommendation to come from Staff. Looking to make changes that look at conduct, and our response, differently. Recommendation is also seeking to respond to Dashboard finding and effort to lower suspensions. Laila posed/recommended citing research. Alicia continued to share some concerns of board members, such as chronic absenteeism. LT – long term to address root causes. Members commented on concerns about suspensions as a response – "suspension is not going to stop the problem." Are there solutions or other alternatives? Staff will make recommendations for alternatives to suspensions. Can the DAC get it ahead of time? DAC members were told it is shared six days prior to events. AM will forward to members of the DAC when it is published. This is when we rely on the school board.

VI. Report and Updates from SMMUSD Staff (15 Minutes)

<u>Rachel Bressler / Shuli Lotan / Tara Brown / Mark Kelly</u>

RB - nursing organizations. Information is on the District's website – when to exclude/stay home and when to come. Symptoms-based versus diagnosis-based. Shared website. RB spoke to changes in practice, e.g. lice – not necessarily excluded. Covid protocols are changed. CDPH changed forced isolation - no longer 5 days. - symptoms approach.. LA DPH will adopt, but have not updated their materials.

SL - Most programs are full. Have rolled out Hazel Health (virtual mental health services - depression and anxiety) at every school site. Just started. 24 students referred, 8 have done assessments, waiting for parent consents. Shared thoughts on universal screening – concept ebbs and flows in the field as to whether best practice. CL - asked about students who demonstrate/articulate suicidal ideation. Where they are in services. Response – sometimes. Anecdotal – students who end up in hospital, not have shared with anyone. Discussed JAMS survey and could it be adapted at school sites.

MK - No real report. Working on planning for the upcoming school year.

TB - TK/K round-ups are coming up on January 26. Working on all online enrollment processes. Will have options for persons not to have access to technology. Working on permits to get up and running. Shared information for the round-up flyer. Restorative Justice training: Grant, Roosevelt, Olympic, Edison and SMASH have committed to full-staff training. Also doing Level 1 and 2 from the District Office. DId a English community training and have a Spanish training coming up for parents in March. New RN at Malibu High/Middle School and Malibu Elementary School. Getting ready to administer the Olweus anti-bullying survey.

VI. Report from Student Representatives (10 Minutes)

<u>Bibiana Peterson (SAMOHI)</u>, <u>Terence Tejada-Gonzalez (MHS) - Absent</u>

BP- Has the information ready for flyers and needs to finish QR code (Narcan flyers). Ms. Mignano is able to assist at Samohi.

VII. New Business (10 min)

· Member input

LT - Are there things that members want to hear about at the next or a future agenda? Shared wants to have members give input into the agenda.

Suggestion - Review the Wellness Policy. TB - can send it out and get suggestions from committee members. Richard Marchini came to last meeting and provided information on Wellness Policy,

Future agenda items: Review/Edit Wellness policy final draft 2016

Recommend reading Wellness Policy before next meeting.

Thank you for your commitment to promote nutrition and wellness in your school community

VIII. Adjournment Next meeting: February 26th, 2024 @ 7pm

Adjourned 9:02 p.m.

Thank you for your com

If you will require accommodation to participate in this activity, please notify us at least five days before the event. Si usted necesita que se hagan arreglos para que participe en esta reunión, por favor, comuniquese con las esculea de su hijo/a or el distrito 5 dias antes de la reunion.