

## Core Module

## Middle School Questionnaire

2016-2017

This survey asks about your behavior, experiences, and attitudes related to your school, health, and well-being. It includes questions about use of alcohol, tobacco, and other drugs, and about bullying and violence.

**You do not have to answer these questions**, but your answers will be very helpful in improving school and health programs. **You will be able to answer** whether or not you have done or experienced any of these things.

**Please do not write your name on this form or the answer sheet. Do not identify yourself in any other way.**

Please mark all of your answers on the answer sheet. Fill in the bubbles neatly with a **#2 pencil**. Do not write on the questionnaire. Mark only one answer unless told to *“Mark All That Apply.”*

This survey asks about things you may have done during different periods of time, such as during your **lifetime** (you ever did something), or the past **12 months**, or **30 days**. Each provides different information. Please pay careful attention to these time periods.

**Thank you for taking this survey!**

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**Begin by writing your school's name at the top of the answer sheet.**

1. Fill in the bubble for the letter "M."
2. Fill in the bubble for the letter "J."

**Next, we would like some background information about you.**

3. What is your sex?
  - A) Male
  - B) Female
4. What grade are you in?

A) 6th grade	F) 11th grade
B) 7th grade	G) 12th grade
C) 8th grade	H) Other grade
D) 9th grade	I) Ungraded
E) 10th grade	
5. Are you of Hispanic or Latino origin?
  - A) No
  - B) Yes
6. What is your race?

A) American Indian or Alaska Native	D) Native Hawaiian or Pacific Islander
B) Asian	E) White
C) Black or African American	F) Mixed (two or more) races

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7. If you are Asian or Pacific Islander, which groups best describe you? (*Mark All That Apply.*)  
If you are **not** of Asian/Pacific Islander background, mark "A) Does not apply."
- |                                                       |                                                                            |
|-------------------------------------------------------|----------------------------------------------------------------------------|
| A) Does not apply; I am not Asian or Pacific Islander | H) Korean                                                                  |
| B) Asian Indian                                       | I) Laotian                                                                 |
| C) Cambodian                                          | J) Vietnamese                                                              |
| D) Chinese                                            | K) Native Hawaiian, Guamanian, Samoan, Tahitian, or other Pacific Islander |
| E) Filipino                                           | L) Other Asian                                                             |
| F) Hmong                                              |                                                                            |
| G) Japanese                                           |                                                                            |
8. What best describes where you live? A home includes a house, apartment, trailer, or mobile home.
- |                                                  |                                                                         |
|--------------------------------------------------|-------------------------------------------------------------------------|
| A) A home with one or more parents or guardian   | F) Hotel or motel                                                       |
| B) Other relative's home                         | G) Shelter, car, campground, or other transitional or temporary housing |
| C) A home with more than one family              | H) Other living arrangement                                             |
| D) Friend's home                                 |                                                                         |
| E) Foster home, group care, or waiting placement |                                                                         |
9. What is the highest level of education your parents or guardians completed? (*Mark the educational level of the parent or guardian who went the furthest in school.*)
- A) Did not finish high school
  - B) Graduated from high school
  - C) Attended college but did not complete four-year degree
  - D) Graduated from college
  - E) Don't know
10. Do you receive free or reduced-price lunches at school? (*Receiving free or reduced-price lunches means that lunch at school is provided to you for free or you pay less for it.*)
- A) No
  - B) Yes
  - C) Don't know
11. In the past three years, were you part of the Migrant Education Program or did your family move to find seasonal or temporary work in agriculture or fishing?
- A) No
  - B) Yes
  - C) Don't know

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12. What language is spoken most of the time in your home?
- |              |               |
|--------------|---------------|
| A) English   | F) Tagalog    |
| B) Spanish   | G) Vietnamese |
| C) Mandarin  | H) Korean     |
| D) Cantonese | I) Other      |
| E) Taiwanese |               |

*How well do you understand, speak, read, and write English?*

	Very Well	Well	Not Well	Not At All
13. Understand English	A	B	C	D
14. Speak English	A	B	C	D
15. Read English	A	B	C	D
16. Write English	A	B	C	D

17. How many days a week do you usually go to your school's after school program?
- |           |           |
|-----------|-----------|
| A) 0 days | E) 4 days |
| B) 1 day  | F) 5 days |
| C) 2 days |           |
| D) 3 days |           |
18. During the past 12 months, how would you describe the grades you mostly received in school?
- |                |                |
|----------------|----------------|
| A) Mostly A's  | E) Mostly C's  |
| B) A's and B's | F) C's and D's |
| C) Mostly B's  | G) Mostly D's  |
| D) B's and C's | H) Mostly F's  |
19. During the past 12 months, about how many times did you skip school or cut classes?
- |                |                          |
|----------------|--------------------------|
| A) 0 times     | D) Once a month          |
| B) 1–2 times   | E) Once a week           |
| C) A few times | F) More than once a week |

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20. In the past 30 days, did you miss school for any of the following reasons? (*Mark All That Apply.*)
- A) Does not apply; I didn't miss any school
  - B) Illness (feeling physically sick), including problems with breathing or your teeth
  - C) Felt very sad, hopeless, anxious, stressed, or angry
  - D) Didn't get enough sleep
  - E) Didn't feel safe at school
  - F) Had to work
  - G) Had to take care of or help a family member or friend
  - H) Wanted to spend time with friends who don't go to your school
  - I) Wanted to use alcohol or drugs
  - J) Were behind in schoolwork or weren't prepared for a test or class assignment
  - K) Were bored with or uninterested in school
  - L) Were suspended
  - M) Other reason

*How strongly do you agree or disagree with the following statements?*

	<u>Strongly Disagree</u>	<u>Disagree</u>	<u>Neither Disagree Nor Agree</u>	<u>Agree</u>	<u>Strongly Agree</u>
21. I feel close to people at this school.	A	B	C	D	E
22. I am happy to be at this school.	A	B	C	D	E
23. I feel like I am part of this school.	A	B	C	D	E
24. The teachers at this school treat students fairly.	A	B	C	D	E
25. I feel safe in my school.	A	B	C	D	E
26. My school is usually clean and tidy.	A	B	C	D	E
27. Teachers at this school communicate with parents about what students are expected to learn in class.	A	B	C	D	E
28. Parents feel welcome to participate at this school.	A	B	C	D	E
29. School staff takes parent concerns seriously.	A	B	C	D	E
30. I try hard to make sure that I am good at my schoolwork.	A	B	C	D	E
31. I try hard at school because I am interested in my work.	A	B	C	D	E
32. I work hard to try to understand new things at school.	A	B	C	D	E
33. I am always trying to do better in my schoolwork.	A	B	C	D	E

## Core Module

Please mark on your answer sheet how TRUE you feel each of the following statements is about your SCHOOL and things you might do there.

*At my school, there is a teacher or some other adult ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
34. who really cares about me.	A	B	C	D
35. who tells me when I do a good job.	A	B	C	D
36. who notices when I'm not there.	A	B	C	D
37. who always wants me to do my best.	A	B	C	D
38. who listens to me when I have something to say.	A	B	C	D
39. who believes that I will be a success.	A	B	C	D

*At school, ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
40. I do interesting activities.	A	B	C	D
41. I help decide things like class activities or rules.	A	B	C	D
42. I do things that make a difference.	A	B	C	D

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The next questions ask about the use of alcohol, tobacco, marijuana, and other drugs, including pills or medications, to get “high” or for reasons other than medical (*without a doctor’s order*).

Keep the following definitions in mind:

- **One drink of ALCOHOL**, or alcoholic drink (beverage), means one regular size can/bottle of beer or wine cooler, one glass of wine, one mixed drink, or one shot glass of liquor.
- Questions about alcohol do **not** include drinking a few sips of wine for religious purposes.
- **DRUG** means any substance other than alcohol or tobacco, including pills and medications, used to get “high” (“loaded”, “stoned”, or “wasted”) or for purposes other than prescribed by a doctor.

During your life, how many times have you used the following substances?

		Number of Times					
		0 Times	1 Time	2 Times	3 Times	4-6 Times	7 or More Times
43.	A cigarette, even one or two puffs	A	B	C	D	E	F
44.	A whole cigarette	A	B	C	D	E	F
45.	Smokeless tobacco (dip, chew, or snuff)	A	B	C	D	E	F
46.	Electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens	A	B	C	D	E	F
47.	One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)	A	B	C	D	E	F
48.	Marijuana (pot, weed, grass, hash, bud)	A	B	C	D	E	F
49.	Inhalants (things you sniff, huff, or breathe to get “high” such as glue, paint, aerosol sprays, gasoline, poppers, gases)	A	B	C	D	E	F
50.	Derbisol (DB, derbs, dirt)	A	B	C	D	E	F
51.	Any other drug, pill, or medicine to get “high” or for other than medical reasons	A	B	C	D	E	F

Core Module

*During your life, how many times have you been ...*

		Number of Times					
		0 Times	1 Time	2 Times	3 Times	4-6 Times	7 or More Times
52.	very drunk or sick after drinking alcohol?	A	B	C	D	E	F
53.	“high” (loaded, stoned, or wasted) from using drugs?	A	B	C	D	E	F
54.	drunk on alcohol or “high” on drugs <u>on school property</u> ?	A	B	C	D	E	F

*During the past 30 days, on how many days did you use ...*

		0 Days	1 Day	2 Days	3-9 Days	10-19 Days	20-30 Days
55.	cigarettes?	A	B	C	D	E	F
56.	smokeless tobacco (dip, chew, or snuff)?	A	B	C	D	E	F
57.	electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?	A	B	C	D	E	F
58.	at least one drink of alcohol?	A	B	C	D	E	F
59.	five or more drinks of alcohol in a row, that is, within a couple of hours?	A	B	C	D	E	F
60.	marijuana (pot, weed, grass, hash, bud)?	A	B	C	D	E	F
61.	inhalants (things you sniff, huff, or breathe to get “high”)?	A	B	C	D	E	F
62.	any other drug, pill, or medicine to get “high” or for other than medical reasons?	A	B	C	D	E	F

*During the past 30 days, on how many days on school property did you ...*

		0 Days	1 Day	2 Days	3-9 Days	10-19 Days	20-30 Days
63.	smoke cigarettes?	A	B	C	D	E	F
64.	use smokeless tobacco (dip, chew, or snuff)?	A	B	C	D	E	F
65.	use electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?	A	B	C	D	E	F
66.	have at least one drink of alcohol?	A	B	C	D	E	F
67.	smoke marijuana?	A	B	C	D	E	F
68.	use any other drug, pill, or medicine to get “high” or for other than medical reasons?	A	B	C	D	E	F



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*How much do people risk harming themselves physically and in other ways when they do the following?*

		How Much Risk or Harm			
		Great	Moderate	Slight	None
69.	Smoke cigarettes occasionally	A	B	C	D
70.	Smoke 1–2 packs of cigarettes each day	A	B	C	D
71.	Drink alcohol occasionally	A	B	C	D
72.	Have five or more drinks of an alcoholic beverage once or twice a week	A	B	C	D
73.	Smoke marijuana occasionally	A	B	C	D
74.	Smoke marijuana once or twice a week	A	B	C	D

*How difficult is it for students in your grade to get any of the following substances if they really want them?*

		Very Difficult	Fairly Difficult	Fairly Easy	Very Easy	Don't Know
75.	Cigarettes	A	B	C	D	E
76.	Alcohol	A	B	C	D	E
77.	Marijuana	A	B	C	D	E

78. **In your life, how many times have you ridden in a car driven by someone who had been drinking alcohol?**

- A) Never
- B) 1 time
- C) 2 times
- D) 3 to 6 times
- E) 7 or more times

**Next are questions about violence, safety, harassment, & bullying on school property.**

79. **How safe do you feel when you are at school?**

- A) Very safe
- B) Safe
- C) Neither safe nor unsafe
- D) Unsafe
- E) Very unsafe

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80. In a normal week, how many days are you home after school for at least one hour without an adult there?
- A) Never
  - B) 1 day
  - C) 2 days
  - D) 3 days
  - E) 4 days
  - F) 5 days

During the past **12 months**, how many times **on school property** have you ...

		Happened on School Property			
		0 Times	1 Time	2 to 3 Times	4 or More Times
81.	been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around?	A	B	C	D
82.	been afraid of being beaten up?	A	B	C	D
83.	been in a physical fight?	A	B	C	D
84.	had mean rumors or lies spread about you?	A	B	C	D
85.	had sexual jokes, comments, or gestures made to you?	A	B	C	D
86.	been made fun of because of your looks or the way you talk?	A	B	C	D
87.	had your property stolen or deliberately damaged, such as your car, clothing, or books?	A	B	C	D
88.	been offered, sold, or given an illegal drug?	A	B	C	D
89.	damaged school property on purpose?	A	B	C	D
90.	carried a gun?	A	B	C	D
91.	carried any other weapon (such as a knife or club)?	A	B	C	D
92.	been threatened or injured with a weapon (gun, knife, club, etc.)?	A	B	C	D
93.	seen someone carrying a gun, knife, or other weapon?	A	B	C	D
94.	been threatened with harm or injury?	A	B	C	D
95.	been made fun of, insulted, or called names?	A	B	C	D

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During the past **12 months**, how many times **on school property** were you harassed or bullied for any of the following reasons? [You were **bullied** if you were shoved, hit, threatened, called mean names, teased, or had other unpleasant physical or verbal things done to you repeatedly or in a severe way. It is **not bullying** when two students of about the same strength quarrel or fight.]

	0 Times	1 Time	2 to 3 Times	4 or More Times
96. Your race, ethnicity, or national origin	A	B	C	D
97. Your religion	A	B	C	D
98. Your gender (being male or female)	A	B	C	D
99. Because you are gay or lesbian or someone thought you were	A	B	C	D
100. A physical or mental disability	A	B	C	D
101. Any other reason	A	B	C	D
102. During the past <b>12 months</b> , how many times did other students spread mean rumors or lies about you on the internet (i.e., Facebook™, Instagram™, Snapchat™, email, instant message)?				
	A) 0 times (never)	B) 1 time	C) 2–3 times	D) 4 or more times
103. Do you consider yourself a member of a gang?				
	A) No	B) Yes		
104. During the past <b>12 months</b> , did you ever feel so sad or hopeless almost everyday for <b>two weeks or more</b> that you stopped doing some usual activities?				
	A) No	B) Yes		
105. Did you eat breakfast today?				
	A) No	B) Yes		
106. How many questions in this survey did you answer honestly?				
	A) All of them	B) Most of them	C) Only some of them	D) Hardly any

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107. Is your father, mother, or caretaker currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?
- A) No
  - B) Yes
  - C) Don't know
108. Which of the following best describes you? (*Mark All That Apply.*)
- A) Heterosexual (straight)
  - B) Gay or Lesbian
  - C) Bisexual
  - D) Transgender
  - E) Not sure
  - F) Decline to respond

## Resilience &amp; Youth Development Module

## SUPPLEMENT 1

Please mark on your answer sheet how you feel about each of the following statements.

*How true do you feel these statements are about you personally?*

		Not At All True	A Little True	Pretty Much True	Very Much True
W1.	I have high goals and expectations for myself.	A	B	C	D
W2.	I plan to graduate from high school.	A	B	C	D
W3.	I plan to go to college or some other school after high school.	A	B	C	D
W4.	I am looking forward to a successful career.	A	B	C	D
W5.	I know where to go for help with a problem.	A	B	C	D
W6.	I try to work out problems by talking or writing about them.	A	B	C	D
W7.	I can work out my problems.	A	B	C	D
W8.	I don't expect very much of myself in the future.	A	B	C	D
W9.	I can do most things if I try.	A	B	C	D
W10.	I can work with someone who has different opinions than mine.	A	B	C	D
W11.	There are many things that I do well.	A	B	C	D
W12.	I listen to other students' ideas.	A	B	C	D
W13.	I feel bad when someone gets their feelings hurt.	A	B	C	D
W14.	I try to understand what other people go through.	A	B	C	D
W15.	When I need help, I find someone to talk with.	A	B	C	D
W16.	I enjoy working together with other students on class activities.	A	B	C	D
W17.	When I work in school groups, I do my fair share.	A	B	C	D
W18.	I stand up for myself without putting others down.	A	B	C	D
W19.	I try to understand how other people feel and think.	A	B	C	D
W20.	I trust my ability to solve difficult problems.	A	B	C	D
W21.	There is a purpose to my life.	A	B	C	D
W22.	I understand my moods and feelings.	A	B	C	D
W23.	I understand why I do what I do.	A	B	C	D

## Resilience & Youth Development Module

### SUPPLEMENT 1

#### How true are these statements about your FRIENDS?

*I have a friend about my own age ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W24. who really cares about me.	A	B	C	D
W25. who talks with me about my problems.	A	B	C	D
W26. who helps me when I'm having a hard time.	A	B	C	D

*My friends ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W27. get into a lot of trouble.	A	B	C	D
W28. try to do what is right.	A	B	C	D
W29. do well in school.	A	B	C	D

#### How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?

*In my home, there is a parent or some other adult ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W30. who expects me to follow the rules.	A	B	C	D
W31. who is interested in my schoolwork.	A	B	C	D
W32. who believes that I will be a success.	A	B	C	D
W33. who talks with me about my problems.	A	B	C	D
W34. who always wants me to do my best.	A	B	C	D
W35. who listens to me when I have something to say.	A	B	C	D

## Resilience &amp; Youth Development Module

## SUPPLEMENT 1

*At home, ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W36. I do fun things or go fun places with my parents or other adults.	A	B	C	D
W37. I do things that make a difference.	A	B	C	D
W38. I help make decisions with my family.	A	B	C	D

**The next statements are about what might occur outside your school or home, such as in your NEIGHBORHOOD, COMMUNITY, or with an ADULT other than your parents or guardian.**

*Outside of my home and school, there is an adult ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W39. who really cares about me.	A	B	C	D
W40. who tells me when I do a good job.	A	B	C	D
W41. who notices when I am upset about something.	A	B	C	D
W42. who believes that I will be a success.	A	B	C	D
W43. who always wants me to do my best.	A	B	C	D
W44. whom I trust.	A	B	C	D

*Outside of my home and school, ...*

	Not at All True	A Little True	Pretty Much True	Very Much True
W45. I am part of clubs, sports teams, church/temple, or other group activities.	A	B	C	D
W46. I am involved in music, art, literature, sports, or a hobby.	A	B	C	D
W47. I help other people.	A	B	C	D