

The Farmers' Market Salad Bar features locally grown seasonal fruits and vegetables which means students are served the freshest, most flavorful produce every day. Seasonal means that the selection of fruits and vegetables on the salad bar varies at different times of the year - for example, strawberries are not served in December! It also means that certain types of produce may never be seen on the salad bars - for example, mangos because they are imported. None of our farmers use pesticides on their crops.

The Farmers' Market Salad Bar provides a balanced meal. Besides the selection of fruits and vegetables, pasta, whole grain bread, grated cheese are served every day. Two protein choices are offered daily. They include turkey ham, tuna, hard boiled eggs and cottage cheese. Baked potatoes are offered one day a week. Whole wheat pasta, beans, dried fruit and trail mix are served daily when available from USDA.

Every Tuesday and Thursday, the Farmers' Market Salad Bar is the single lunch option at elementary schools.

Volunteers are welcome to assist in prepping the salad bar. Mondays and Thursdays are especially busy days because produce is delivered on these days. **Helpers welcome!**

The Farmers' Market Salad Bar Program provides Farmers' Market tours, Edible Education in the classroom and School Garden support. For more information or if you would like to volunteer at your school salad bar, contact drichwine@smmusd.org.

Food & Nutrition Services would like to thank the following for their partnership and support of the Farmers' Market Salad Bar Program:

City of Santa Monica  
 Santa Monica Farmers' Market  
 American Cancer Society  
 OSH Building Supply  
 Parent Volunteers in the gardens and at the salad bars.

***Pursuant to District Policy 3556, Food & Nutrition Services will strictly enforce the Partial Meal Policy in our elementary schools. In our elementary schools, full price students will be allowed to owe for only three consecutive complete meals, a value not to exceed \$9.00. If a child does not have money and has exceeded his/her three meal credits, a partial meal will be offered to the student. Please note: there is NO credit or partial meal service for secondary students.***

The partial meal will be a nutritionally adequate meal consisting of a cheese sandwich and nonfat milk. Written reminders will be sent home on a regular basis. Unless otherwise agreed upon with the school office and PTA, parents are solely responsible for ensuring that their child's account is active and not in negative status. Parents are encouraged to check their child's balance by contacting the Cafeteria Lead.

\* \* \* \* \*

We in the Food & Nutrition Services Department will do our part to make this year a successful and exciting one for you and your child. Please feel free to call the Food & Nutrition Services Department at (310) 450-8338, ext 228. if you need more information regarding our National School Breakfast/ Lunch Programs.

Food & Nutrition Services Team:  
 Orlando Griego, Director  
 Food & Nutrition Services

Kelly Lancaster, Operations Supervisor  
 School Operations, Training

Patsy Herschberger, Administrative Assistant  
 Free & Reduced Meal Applications  
 Verification  
 All other office duties

Dona Richwine, Nutrition Specialist  
 Menu Nutrition Analysis  
 Nutrition Education  
 Farmers' Market Salad Bar Program

Marlene Cortez, Accounting Technician  
 Non-Sufficient Fund Checks  
 All other accounting duties

**"This Institution is an equal opportunity provider"**



## BACK TO SCHOOL GUIDE

### Food & Nutrition Services

#### Home of the "Cool Lunch" Featuring The Farmers' Market Salad Bar Program



To Our Students & Parents:

The Food & Nutrition Services Department is looking forward to serving your child(ren) balanced, healthy and tasty meals for the upcoming school year. A nutrition analysis is performed of all meals and must comply with the National School Lunch Program to provide adequate calories, calcium, iron, vitamins A and C and not to exceed 30% calories from fat or 10% calories from saturated fat.

Breakfast is available at the following schools: Santa Monica High, Edison, McKinley, Grant, Muir/Smash, Lincoln, Malibu High, Rogers and Adams.

Please note the 2009/10 Meal Deal prices will be as follows:

**Elementary - 20 lunches: \$50.00 (\$10 savings)**  
**Secondary - 20 lunches \$60.00 (\$10 savings)**

**Parents can prepay for only 2 months or 40 lunches (two Meal Deals at one time).**

Due to the high volume of prepayments that are received at the beginning of a new school year, we suggest that you send your child(ren) to school with money on the first day of school.

**Prepayments must be received by the Office Staff by 9:00 am in order to be credited for that days meal.**

**The 2009/10 individual Meal Prices will be as follows:**

Elementary School Prices:  
\$3.00 Lunch, Full Price  
\$0.40 Lunch, Reduced Price  
\$1.25 Breakfast Full Price  
\$0.30 Breakfast, Reduced Price  
\$8.00 Prepaid Reduced Price (20 lunch meals)

Secondary Prices:  
\$3.50 Lunch, Full Price  
\$0.40 Lunch, Reduced Price  
\$1.50 Breakfast, Full Price  
\$0.30 Breakfast, Reduced Price  
\$8.00 Prepaid Reduced Price (20 lunch meals)

### **\*\*SPECIAL NOTICE\*\***

In an effort to offer parents a one time "**special**", Food & Nutrition Services will offer the following during the month of **September only**:

Parents can prepay for 20 or more full price lunches and receive the **Special Meal Deal at the 2006/07 meal price!** This will result in a \$15.00 savings (**versus the \$10.00 savings**). Simply write a check payable to SMMUSD-Food & Nutrition Services and print your child's name and school name on the check, or pay cash. A notice will be sent when there are five lunches (or equivalent) left on your child's account.

**FOR SEPTEMBER ONLY!**  
**Elementary - 20 lunches-\$45.00 (\$15 savings)**  
**Secondary - 20 lunches-\$55.00 (\$15 savings)**

Parents will only qualify for this special if they **prepay** in **September** and their child does **NOT** have a negative balance.

This one time special is only for the month of September and starting October 1st the meal deal will be based on the 09/10 pricing. If a parent does not make a prepayment during September, individual meals will be charged at the new 2009/10 price.

**Please note:** If a payment is made with a check that is returned for Non-sufficient funds, we will reverse the prepayment transaction and the parent will be charged the appropriate fees for any meals consumed by their child(ren). **Future fees, penalties and prepayments must be made with cash or money order, no exceptions.**

**There are no refunds of prepayments,** however, meal credits or cash can be transferred between siblings only. A record of meal credits and cash balances will be sent to parents on a regular basis. **Parents are also encouraged to check their child's balance by contacting the cafeteria lead.**

Negative balances **must** be paid before the student will receive any meal deal (regardless of when they make the prepayment).

### **Important Dates to Remember:**

- The school year begins **September 9, 2009** and ends on **June 25, 2010**. There are 180 days in a school year.
- Meal Applications for the 08/09 school year expire the **morning of October 21, 2009**.
- The last day we will **accept checks** for the 09/10 school year and the last day to purchase a **Meal Deal** will be **Wednesday, May 26, 2010**.

### **FREE AND REDUCED PRICE MEAL APPLICATIONS**

Only one application per family, please! Make sure to include all required information. For example: Signature, date, Social Security # (if you do not have a SS#, write the word "**None**"), **monthly income**, and the names of all household members, foster children, etc. Applications may be mailed back to the District Office, dropped off at the school site or the Food & Nutrition Services Office (see address below).

**Please submit your 2009/10 application by October 1, 2009. Please be aware that your applications for the 2008/09 school year expires the morning of October 21, 2009, and it may take at least ten (10) business days to process your 2009/10 application.**

Applications must be for the **current school year**. **Applications from previous years will not be accepted.** **Please note:** It may take up to ten business days to process an application.

**Mail or return application forms to:**  
**Santa Monica-Malibu Unified School District**  
**Food & Nutrition Services**  
**1651 Sixteenth Street**  
**Santa Monica, CA 90404-3891**

You may also drop your application off at any school site.

Parents are encouraged to return the applications as soon as possible so that your child's status will be current in the computer the first day of school. Applications are available throughout the school year and may be submitted at any time. You may also download a meal application from our website- **www.smmusd.org/foodservices**. Please visit our website for meal applications, menus, and other important information pertaining to the Food & Nutrition Services Department.