








SMMUSD Elementary Lunch Menu

*Menu Subject to change

Prepay online at www.myschoolbucks.com



 <p>Daily Milk Options 1% white-(Breakfast & Lunch) Nonfat White-(Breakfast & Lunch) Nonfat Chocolate-(lunch only)</p>		<p>Thursday-Aug. 22 Chicken Tenders  Baked Potato Wedges Green Beans & Assorted Fruit Assorted Deli Sandwiches Vegetarian Option: Bean & Cheese Burrito Pizzas de Pollo</p>		<p>Friday-Aug. 23 PIZZA FRIDAY! Cheese or Pepperoni Pizza Green Salad & Assorted Fruit Assorted Deli Sandwiches Vegetarian Option: Power Pack Pizza de Queso o Salchicha</p>	
<p>Monday-Aug. 26 Bosco Cheese Sticks w/ Marinara Sauce Carrots & Assorted Fruit  Assorted Deli Sandwiches Vegetarian Option: Bean & Cheese Burrito Palitos de Queso con Salsa Marinara</p>	<p>Tuesday-Aug. 27 Brunch for Lunch French Toast Sticks Beef Sausage Patty, Baked Tater Tots 100% Fruit Juice  Assorted Deli Sandwiches Vegetarian Option: Hummus Box Palitos de Pan Frances</p>	<p>Wednesday-Aug. 28 Chicken Patty Sandwich Baked Fries Assorted Fruit  or Chicken Cesar Salad Assorted Deli Sandwiches Vegetarian Option: Protein Box w/Bagel Sandwich de Pollo Empanizado</p>	<p>Thursday-Aug. 29 Rotini Pasta w/Meat Sauce Garlic Bread Assorted Fruit  Assorted Deli Sandwiches Vegetarian Option: Bean & Cheese Burrito Pasta con Salsa con Carne</p>	<p>Friday-Aug. 30 PIZZA FRIDAY! Cheese or Pepperoni Pizza Garden Salad & Assorted Fruit  Assorted Deli Sandwiches Vegetarian Option: Power Pack Pizza de Queso o Salchicha</p>	

Menus & Food & Nutrition Info can be found on our website at www.smmusd.org/foodservices

Suggestions or questions, email: fns@smmusd.org

This Institution is an Equal Opportunity Provider

2019/20 Meal Applications expire on, October 4, 2019.

Please complete and submit a 2019/20 Meal Application by Sept. 1, 2019.

If you have a kindergartner in your household, or if you are new to the Santa Monica School District please be aware that your child(ren) may not be eligible for free or reduced meals the first day of school until a meal application is processed.

Applications will also be available at the District Office, and can also be found on our website at www.smmusd.org/foodservices. All school sites will have applications available in August. Please complete and return the 2019/20 application by September 1, 2019 or sooner. It can take up to 10 operating days to process an application.

Positive balances may be transferred to siblings or reimbursed for any non-returning student or graduating seniors. Please send your e-mail request for fund balance transfers to rmarchini@smmusd.org.

2019/20 Meal Applications are available on line at www.smmusd.org/foodservices, at the District Office or at your child's school site.

HARVEST OF THE MONTH

Health and Learning Success Go Hand-in-Hand: Eating nutrient-rich foods like fruits and vegetables can help children do better in school. With *Harvest of the Month*, you can set a positive example and put your child on the road to health and learning success.









• **Healthy Fun Facts and Serving Ideas:**

PEACHES— August is National Peach Month

- The peach contains vitamins A, C, B1, B2, B6, and minerals such as potassium, phosphorus, magnesium, calcium, sulfur, chlorine, manganese, copper and iron
- There are over 200 varieties of peaches.
- You can ripen peaches by placing them in a brown paper bag for two to three days. Sliced, fresh peaches should be tossed in lemon or lime juice to prevent browning.

For more ideas visit: www.cachampionsforchange.net

2-Week Cycle Elementary Breakfast Menu					
 Cycle Date					
Cycle 1 Aug 22-23	Coffee Cake Or Cereal w/ Graham Crackers	Croissant w/Sausage & Eggs Or Cereal w/ String Cheese	Mini Pancakes Or Cereal w/ Graham Crackers	Assorted Muffin w/ Yogurt Or Cereal w/ String Cheese	Banana Bread Or Cereal w/ Graham Crackers
Cycle 2 Aug 26-30	Scrambled Eggs w/Hash Browns Or Cereal w/String Cheese	Eggo Waffle Or Cereal w/Graham Crackers	Breakfast Pizza Bagel Or Cereal w/String Cheese	French Toast Sticks Or Cereal w/Graham Crackers	Build Your Own Yogurt Parfait Or Cereal w/String Cheese
Offered with Every Breakfast: Fruit: Assorted 4oz juice, fresh, or canned - Milk offered Daily: 1% and nonfat white					

Did you know? You may qualify for CalFresh and/or Affordable Health Care Benefits? Visit Virginia Avenue Park Tuesdays, 8 am- 5 pm. For more information/appointments call 310-458-8688

Opt out of Nonfat Chocolate Milk via email at fns@smmusd.org

MEAL PRICES

Elementary Full Price Breakfast-\$1.75
 Secondary Full Price Breakfast-\$2.00
 Reduced Breakfast-\$0.30

Elementary Full Price Lunch-\$3.75
 Secondary Full Price Lunch-\$4.25
 Reduced Lunch-\$0.40

Adult Prices: Breakfast-\$2.50
 Lunch-\$4.50