

SMMUSD-Elementary Lunch Menu

Prepay online at www.myschoolbucks.com

August 2017

First Day of School

Tues., August 22nd

* Menu Subject to Change



Varieties of Milk offered daily:
 1% white- (breakfast & lunch)
 Nonfat White
 (breakfast & lunch)
 Non-fat chocolate-(lunch only)





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	<p>Baked Golden Corn Dog Baby Carrots W/ Low Fat Ranch Dressing Grapes  Or Grilled Cheese Sandwich Perro Caliente Empanizado</p>	<p>Chicken Nuggets Potato Smiles Kiwi Or Yogurt & Pretzel Piezas de Pollo</p>	<p>Turkey & Cheese Sandwich Baked Lays Chips Fresh Nectarine Or Hummus Box Sandwich de Pavo y Queso</p>	<p>Pizza Friday! Tony's Thin Crust Cheese Pizza Fresh Green Salad w/Cherry Tomatoes Frozen Fruit Cup Pizza de queso de Corteza Delgada</p>
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<p>MEAL PRICES</p> <p>Elementary Full Price Breakfast-\$1.25 Secondary Full Price Breakfast-\$1.50 Reduced Breakfast-\$0.30</p> <p>Elementary Full Price Lunch-\$3.00 Secondary Full Price Lunch-\$3.50 Reduced Lunch-\$0.40</p> <p>Adult Prices: Breakfast-\$2.25 Lunch-\$4.25</p> 
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<p>Bosco Cheese Sticks w/Marinara Sauce Fresh Peach  Palitos de Queso con Salsa Marinara</p>	<p>Mini Cheeseburgers Baked Cross Trax Fries Banana  Or  Grilled Cheese Sandwich Hamburguesa con Queso</p>	<p>Señor Felix Bean & Cheese Burrito Green Beans Apple Slices Or Yogurt & Pretzel Burrito de Frijoles Y Queso</p>	<p>Chicken Taquitos Black Beans Fresh  Grapes Or Hummus Box Taquitos de Pollo</p>	
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Menus & Food & Nutrition Info can be found on our website at www.smmusd.org/foodservice

Suggestions or questions, email: fns@smmusd.org

This Institution is an Equal Opportunity Provider

2017/18 Meal Application will be available on line at www.smmusd.org/foodservices and at the District Office in July.

Please complete and submit a 2017/18 Meal Application by Sept. 1, 2017.

Parents of 5th Graders: All negative balances should have been paid by June 5, 2017. Per Board Policy, credit is not available in the Middle Schools (grades 6-8).

If there is a negative balance when entering middle school the full price student will not be able to purchase a lunch until the negative balance is paid.

Free/Reduced Price Meal Applications for 2017/18 school year will be mailed in July. Applications will also be available at the District Office, and can also be found on our website at www.smmusd.org/foodservices. All school sites will have applications available in August. Please complete and return the 2017/18 application by September 1, 2017 or sooner. It can take up to 10 operating days to process an application.

Positive balances may be transferred between siblings or reimbursed to any non-returning student or graduating seniors. Please send your e-mail request for fund balance transfers or refund requests to: fns@smmusd.org.

HARVEST OF THE MONTH

Health and Learning Success Go Hand-in-Hand: Eating nutrient-rich foods like fruits and vegetables can help children do better in school. With *Harvest of the Month*, you can set a positive example and put your child on the road to health and learning success.







PEACHES— August is National Peach Month

• **Healthy Fun Facts and Serving Ideas:**

- The peach contains vitamins A, C, B1, B2, B6, and minerals such as potassium, phosphorus, magnesium, calcium, sulfur, chlorine, manganese, copper and iron
- There are over 200 varieties of peaches.
- You can ripen peaches by placing them in a brown paper bag for two to three days. Sliced, fresh peaches should be tossed in lemon or lime juice to prevent browning.

For more ideas visit: www.cachampionsforchange.net *



2-Week Cycle Elementary Breakfast Menu					
 Cycle Date	 Menu is Subject to Change without notice				
		Cycle 1 Aug 22-25			Biscuit w/Sausage Or Cereal w/String Cheese
Cycle 2 Aug 28-31	Banana Bread Or Cereal w/String Cheese	Belgian Waffle Or Cereal w/Graham Crackers	Breakfast Pizza Bagel Or Cereal w/String Cheese	French Toast Sticks Or Cereal w/Graham Crackers	
Offered with Every Breakfast: Assorted 4oz juice, fresh, or canned. Milk Offered Daily: 1% or nonfat white					

Prepay online at www.myschoolbucks.com

Opt out of Nonfat Chocolate Milk via email at fns@smmusd.org

Did you know? You may qualify for CalFresh and/or Affordable Health Care Benefits? Visit Virginia Avenue Park Tuesdays, 8 am- 5 pm. For more information/appointments call 310-458-8688