

Santa Monica-Malibu USD

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

Generated on: 10/17/2017 7:24:59 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 11/01/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | 0.5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Protein Box/ bagel | 1 | 75 | 116 | 53 | 98 | *1.01 | 0.98 | 81.1 | 206 | *16.51 | *5 | 5.25 | 13.11 | 5.02 | *2.76 | *0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Turkey Taco Meat | 3 oz | 250 | 93 | 42 | 328 | 0.00 | 1.21 | 33.7 | 168 | 0.0 | *N/A* | 13.47 | 2.53 | 3.37 | 0.84 | 0.00 |
| Taco Salad Bowl | 2 oz | 250 | 112 | 13 | 287 | 2.55 | 1.07 | 80.5 | 2020 | 5.89 | *1 | 5.45 | 6.89 | 7.49 | 1.58 | *0.00 |
| Veggie Beans | 100 g | 250 | 74 | 0 | 296 | 2.68 | 2.50 | 51.1 | 477 | 1.34 | 0 | 4.03 | 14.78 | 0.33 | 0.00 | 0.00 |
| Weighted Daily Average | | | 586 | *111 | 1190 | *9.54 | 6.05 | 578.4 | 3496 | *42.27 | *33 | 37.86 | 71.75 | 18.53 | *5.86 | *0.00 |
| % of Calories | | | | | | | | | | | *22.4% | 25.9% | 49.0% | 28.5% | *9.0% | *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 11/02/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Bean Taco | 2 each | 75 | 55 | 2 | 166 | 1.70 | 0.87 | 50.0 | 135 | 1.11 | *N/A* | 3.32 | 6.79 | 1.78 | 0.56 | *0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| BEEF PATTIE,FRZ,(APPROX 23 % FA | .50 ounces | 250 | 33 | 9 | 8 | 0.00 | 0.21 | 0.9 | 0 | 0.0 | *N/A* | 2.02 | 0.0 | 2.74 | 1.10 | *N/A* |
| mini hamburger bun wheat | 1 buns | 250 | 68 | 0 | 129 | 0.89 | 0.71 | 20.8 | 0 | 0.0 | *N/A* | 2.03 | 13.29 | 0.82 | 0.15 | 0.01 |
| BEEF PATTIE,FRZ,(APPROX 23 % FA | .50 ounces | 250 | 33 | 9 | 8 | 0.00 | 0.21 | 0.9 | 0 | 0.0 | *N/A* | 2.02 | 0.0 | 2.74 | 1.10 | *N/A* |
| mini hamburger bun wheat | 1 buns | 250 | 68 | 0 | 129 | 0.89 | 0.71 | 20.8 | 0 | 0.0 | *N/A* | 2.03 | 13.29 | 0.82 | 0.15 | 0.01 |
| Tater Tots | 8 pieces | 250 | 129 | 0 | 308 | 1.98 | 0.00 | 0.0 | *N/A* | 3.57 | *N/A* | 1.98 | 15.87 | 5.95 | 0.99 | 0.00 |
| Weighted Daily Average | | | 579 | *24 | 929 | 8.77 | 3.01 | 425.4 | *761 | 23.22 | *28 | 23.07 | 83.69 | 17.16 | 4.74 | *0.02 |
| % of Calories | | | | | | | | | | | *19.0% | 15.9% | 57.8% | 26.7% | 7.4% | *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Nov 1, 2017 thru Nov 30, 2017

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Elementary Lunch-Traditional

Weighted Values - Detailed

Generated on: 10/17/2017 7:24:59 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 11/03/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 300 | 25 | 0 | 3 | 3.00 | 0.36 | 10.0 | 0 | 13.2 | 1 | 0.0 | 6.0 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 300 | 51 | 0 | 162 | 0.00 | 0.00 | 0.0 | 5 | 0.0 | 1 | 0.0 | 2.03 | 5.06 | 0.51 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Tony's Thin Crust Cheese Pizza | 1 slice | 150 | 150 | 13 | 290 | 2.00 | 0.90 | 125.0 | 150 | 0.0 | 7 | 8.0 | 17.5 | 5.5 | 2.50 | 0.00 |
| Pizza WG Cheese | 149 grams | 150 | 140 | 10 | 295 | 2.00 | 0.90 | 250.0 | 375 | 3.0 | *N/A* | 10.0 | 17.0 | 4.0 | 1.75 | 0.00 |
| Weighted Daily Average | | | 539 | *26 | 891 | 9.55 | 2.37 | 714.5 | 1154 | 31.44 | *36 | 27.67 | 74.96 | 15.62 | 5.30 | 0.00 |
| % of Calories | | | | | | | | | | | *26.7% | 20.5% | 55.6% | 26.1% | 8.9% | 0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|---------|-----|---------|-----|------|-------|------|-------|-----|-------|--------|-------|-------|-------|--------|-------|
| Tue - 11/07/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 0.5 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Hummus Box | 1 box | 75 | 101 | 4 | 220 | 2.99 | 0.78 | 84.8 | 37 | 0.3 | 1 | 5.26 | 13.2 | 4.01 | 1.14 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Chicken Corn Dogs, WG | 5 oz | 250 | 250 | 42 | 406 | 5.21 | 1.87 | 83.3 | 26 | 0.0 | 5 | 9.38 | 31.25 | 8.33 | 2.60 | 0.00 |
| Green Beans | 0.5 cup | 250 | 11 | 0 | 141 | 1.07 | 0.51 | 14.6 | 196 | 2.42 | *N/A* | 0.68 | 2.53 | 0.06 | 0.01 | *N/A* |
| Weighted Daily Average | | | 555 | *49 | 950 | 12.57 | 3.46 | 514.7 | 884 | 21.26 | *34 | 24.98 | 81.42 | 14.73 | 4.43 | *0.00 |
| % of Calories | | | | | | | | | | | *24.5% | 18.0% | 58.7% | 23.9% | 7.2% | *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|----------|-----|-----|----|-----|-------|------|-------|-----|--------|-------|------|-------|------|-------|-------|
| Wed - 11/08/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| Protein Box/ bagel | 1 | 75 | 116 | 53 | 98 | *1.01 | 0.98 | 81.1 | 206 | *16.51 | *5 | 5.25 | 13.11 | 5.02 | *2.76 | *0.00 |
| FRUIT JUICE,ASSORTED | 4 fl.oz. | 300 | 64 | 0 | 5 | 0.28 | 0.24 | 13.1 | 59 | 24.46 | 13 | 0.47 | 15.62 | 0.17 | 0.02 | 0.00 |
| Waffle stix | 4 each | 250 | 233 | 0 | 417 | 3.33 | 1.80 | 33.3 | 42 | 0.0 | 8 | 6.67 | 45.0 | 3.33 | 0.00 | 0.00 |
| Turkey Sausage Patty | 1.025 oz | 250 | 50 | 25 | 83 | 0.00 | 0.30 | 16.7 | 0 | 0.0 | *N/A* | 5.0 | 0.0 | 3.33 | 0.83 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|----------------|----------------|----------------|-------------------------|
| Weighted Daily Average % of Calories | | | 592 | *81 | 783 | *5.38 | 3.41 | 462.6 | 806 | *45.86 | *42 *28.4% | 26.36 17.8% | 91.70 62.0% | 13.95 21.2% | *4.24 *6.4% | *0.00 *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| Thu - 11/09/2017 | | | | | | | | | | | | | | | | |
|--------------------------------------|----------|-----|---------|-----|------|------|------|-------|-----|-------|---------------|----------------|----------------|----------------|--------------|----------------|
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| Bean Taco | 2 each | 75 | 55 | 2 | 166 | 1.70 | 0.87 | 50.0 | 135 | 1.11 | *N/A* | 3.32 | 6.79 | 1.78 | 0.56 | *0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Chicken Strips WG | 3 pieces | 250 | 201 | 38 | 276 | 1.26 | 1.36 | 0.0 | 0 | 0.0 | 3 | 16.33 | 10.05 | 10.05 | 1.88 | 0.00 |
| Baked Potato Wedges | 6 pieces | 250 | 139 | 0 | 498 | 2.32 | 1.25 | 0.0 | 0 | 2.78 | *N/A* | 2.32 | 20.83 | 5.79 | 1.16 | 0.00 |
| Weighted Daily Average % of Calories | | | 587 | *43 | 1122 | 8.58 | 3.78 | 381.9 | 760 | 22.42 | *30 *20.5% | 31.63 21.6% | 72.11 49.2% | 19.94 30.6% | 4.27 6.6% | *0.00 *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| Mon - 11/13/2017 | | | | | | | | | | | | | | | | |
|--------------------------------------|---------|-----|---------|-----|------|-------|------|-------|-----|-------|---------------|----------------|----------------|----------------|--------------|----------------|
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| Senor Felix Bean & Cheese Bur | 5.75 oz | 300 | 330 | 20 | 490 | 7.00 | 2.70 | 200.0 | 0 | 2.4 | 0 | 14.0 | 44.0 | 10.0 | 5.00 | 0.00 |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Mexican Rice | 1/3 cup | 300 | 93 | 4 | 218 | 0.45 | 1.02 | 9.9 | 175 | 25.82 | *1 | 2.66 | 15.94 | 1.94 | 0.36 | *0.00 |
| Weighted Daily Average % of Calories | | | 615 | *27 | 890 | 10.76 | 4.01 | 541.9 | 799 | 46.75 | *28 *18.5% | 26.34 17.1% | 94.38 61.4% | 14.26 20.9% | 6.03 8.8% | *0.00 *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

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|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 11/14/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| Hummus Panini | sandwich | 75 | 91 | 0 | 199 | 1.98 | 0.85 | 3.3 | 132 | 15.97 | *0 | 2.52 | 8.47 | 5.46 | 0.16 | *0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| chicken sandwich | 1 each | 250 | 296 | 33 | 742 | 2.56 | 2.23 | 112.5 | 83 | 0.0 | *N/A* | 15.25 | 29.99 | 13.22 | 2.86 | *0.00 |
| Baked Potato Smiles | 1.5 oz | 250 | 68 | 0 | 94 | 1.04 | 0.19 | 0.0 | 0 | 1.25 | 0 | 1.04 | 10.42 | 2.35 | 0.26 | 0.00 |
| Weighted Daily Average | | | 646 | *37 | 1217 | 8.89 | 3.56 | 447.8 | 841 | 35.75 | *28 | 28.49 | 83.32 | 23.34 | 3.96 | *0.00 |
| % of Calories | | | | | | | | | | | *17.2% | 17.6% | 51.6% | 32.5% | 5.5% | *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|----------|-----|---------|-----|------|-------|------|-------|-----|--------|--------|-------|-------|-------|--------|-------|
| Wed - 11/15/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| Protein Box/ bagel | 1 | 75 | 116 | 53 | 98 | *1.01 | 0.98 | 81.1 | 206 | *16.51 | *5 | 5.25 | 13.11 | 5.02 | *2.76 | *0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Teriyaki Beef Dunkers | 4 pieces | 250 | 133 | 29 | 367 | 0.00 | 1.20 | 16.7 | 0 | 0.0 | *N/A* | 11.67 | 5.0 | 7.5 | 2.92 | 0.42 |
| Brown Rice | 1 cup | 250 | 180 | 0 | 8 | 3.01 | 0.69 | 16.7 | 0 | 0.0 | *N/A* | 4.2 | 37.32 | 1.47 | 0.29 | 0.00 |
| Weighted Daily Average | | | 621 | *85 | 654 | *7.32 | 3.16 | 446.4 | 831 | *35.04 | *32 | 30.79 | 89.87 | 16.31 | *6.65 | *0.42 |
| % of Calories | | | | | | | | | | | *20.7% | 19.8% | 57.9% | 23.6% | *9.6% | *0.6% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

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|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 11/16/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1 cup | 75 | 13 | 0 | 1 | 1.50 | 0.18 | 5.0 | 0 | 6.6 | 0 | 0.0 | 3.0 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| Bean Taco | 2 each | 75 | 55 | 2 | 166 | 1.70 | 0.87 | 50.0 | 135 | 1.11 | *N/A* | 3.32 | 6.79 | 1.78 | 0.56 | *0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Bread Wheat Sandwich | 1 slice | 250 | 58 | 0 | 117 | 0.83 | 0.60 | 33.3 | 0 | 1.0 | *N/A* | 2.5 | 10.83 | 0.83 | 0.00 | 0.00 |
| Turkey Breast Sandwich | 1 each | 100 | 75 | 12 | 248 | 1.40 | 3.01 | 5.2 | 251 | 1.37 | *0 | 4.65 | 10.4 | 1.65 | 0.33 | *0.00 |
| Turkey Ham Deli Style | 4 oz | 75 | 34 | 18 | 243 | 0.00 | 0.30 | 0.0 | 0 | 0.34 | *N/A* | 4.19 | 0.56 | 1.4 | 0.56 | 0.00 |
| TUNA SALAD | 2 ounces | 75 | 21 | 5 | 50 | 0.00 | 0.21 | 1.6 | 10 | 0.0 | *0 | 3.54 | 0.02 | 0.61 | 0.09 | *0.00 |
| Cheese, American Sliced | 1 slice | 250 | 92 | 21 | 225 | 0.00 | 0.00 | 0.0 | 4 | 0.0 | 1 | 4.17 | 1.67 | 7.5 | 4.17 | 0.00 |
| Weighted Daily Average | | | 533 | *60 | 1232 | 7.99 | 5.38 | 424.5 | 1025 | 25.65 | *29 | 32.03 | 66.21 | 16.09 | 6.38 | *0.00 |
| % of Calories | | | | | | | | | | | *21.7% | 24.1% | 49.7% | 27.2% | 10.8% | *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|-----------|-----|---------|-----|------|------|------|-------|------|-------|--------|-------|-------|-------|--------|------|
| Fri - 11/17/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 300 | 25 | 0 | 3 | 3.00 | 0.36 | 10.0 | 0 | 13.2 | 1 | 0.0 | 6.0 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 300 | 51 | 0 | 162 | 0.00 | 0.00 | 0.0 | 5 | 0.0 | 1 | 0.0 | 2.03 | 5.06 | 0.51 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Tony's Thin Crust Cheese Pizza | 1 slice | 150 | 150 | 13 | 290 | 2.00 | 0.90 | 125.0 | 150 | 0.0 | 7 | 8.0 | 17.5 | 5.5 | 2.50 | 0.00 |
| Pizza WG Cheese | 149 grams | 150 | 140 | 10 | 295 | 2.00 | 0.90 | 250.0 | 375 | 3.0 | *N/A* | 10.0 | 17.0 | 4.0 | 1.75 | 0.00 |
| Weighted Daily Average | | | 539 | *26 | 891 | 9.55 | 2.37 | 714.5 | 1154 | 31.44 | *36 | 27.67 | 74.96 | 15.62 | 5.30 | 0.00 |
| % of Calories | | | | | | | | | | | *26.7% | 20.5% | 55.6% | 26.1% | 8.9% | 0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|-------------------------------|---------|-----|-----|----|-----|------|------|-------|-----|-------|----|------|-------|------|------|-------|
| Mon - 11/20/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Pasta Bar with Marinara sauce | 3.5 oz | 300 | 300 | 0 | 149 | 5.75 | 2.61 | 33.9 | 139 | 2.78 | *3 | 9.72 | 56.86 | 3.1 | 0.17 | *0.00 |
| CHEESE TOAST | 1 EACH | 300 | 134 | 14 | 389 | 0.82 | 1.03 | 181.9 | 161 | 0.0 | 2 | 5.12 | 16.13 | 5.49 | 2.78 | *0.16 |

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Santa Monica-Malibu USD

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

Generated on: 10/17/2017 7:24:59 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|-----------------|----------------|--------------|-------------------------|
| Weighted Daily Average % of Calories | | | 626 | *18 | 720 | 9.88 | 3.94 | 547.8 | 924 | 21.31 | *32 *20.6% | 24.52 15.7% | 107.42 68.6% | 10.91 15.7% | 3.63 5.2% | *0.16 *0.2% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | | <10.00 |

| Tue - 11/21/2017 | | | | | | | | | | | | | | | | |
|--------------------------------------|----------|-----|---------|-----|------|-------|------|--------|-----|-------|---------------|----------------|----------------|----------------|--------------|--------------|
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| baked chicken | 3 ounces | 250 | 183 | 54 | 317 | 0.00 | 0.90 | *N/A* | 83 | 0.0 | *N/A* | 14.17 | 5.83 | 11.67 | 3.33 | 0.00 |
| PINTO BEANS: cooked | 1/3 CUP | 250 | 68 | 0 | 0 | 4.28 | 0.99 | 21.9 | 0 | 0.38 | 0 | 4.28 | 12.45 | 0.31 | 0.06 | 0.00 |
| Tortilla WW Flour 8" | Tortilla | 250 | 93 | 0 | 161 | 2.50 | 0.90 | 91.7 | 4 | 0.0 | 1 | 3.33 | 15.83 | 2.5 | 0.00 | 0.00 |
| Hummus Box | 1 box | 75 | 101 | 4 | 220 | 2.99 | 0.78 | 84.8 | 37 | 0.3 | 1 | 5.26 | 13.2 | 4.01 | 1.14 | 0.00 |
| Weighted Daily Average % of Calories | | | 638 | *61 | 880 | 13.07 | 3.87 | *530.3 | 749 | 19.22 | *30 *18.7% | 36.71 23.0% | 81.76 51.3% | 20.82 29.4% | 5.21 7.3% | 0.00 0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | | <10.00 |

| Wed - 11/22/2017 | | | | | | | | | | | | | | | | |
|--------------------------------------|---------|-----|---------|-----|------|-------|------|-------|-----|--------|---------------|----------------|----------------|----------------|----------------|----------------|
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| Protein Box/ bagel | 1 | 75 | 116 | 53 | 98 | *1.01 | 0.98 | 81.1 | 206 | *16.51 | *5 | 5.25 | 13.11 | 5.02 | *2.76 | *0.00 |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Hamburger on WG Bun | 3 oz | 250 | 166 | 23 | 346 | 2.13 | 1.75 | 97.6 | 0 | 0.0 | *0 | 10.1 | 16.87 | 7.13 | 2.62 | 0.29 |
| POTATO WEDGES,FRZ,CKD | .5 cup | 250 | 152 | 0 | 49 | 2.36 | 1.98 | 15.1 | 0 | 22.21 | *N/A* | 4.65 | 34.19 | 0.31 | 0.08 | *N/A* |
| Weighted Daily Average % of Calories | | | 626 | *79 | 675 | *8.80 | 5.00 | 525.9 | 831 | *57.25 | *32 *20.6% | 29.68 19.0% | 98.60 63.0% | 14.78 21.2% | *6.13 *8.8% | *0.29 *0.4% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | | <10.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Santa Monica-Malibu USD

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

Generated on: 10/17/2017 7:24:59 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 11/27/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Cheese Lasagna Rollup WG | 5 oz | 300 | 233 | 41 | 337 | 2.33 | 1.26 | 232.6 | 233 | 0.0 | *N/A* | 16.28 | 30.23 | 5.23 | 2.91 | 0.00 |
| Bread Stick, Twisted | 1.5 ounces | 300 | 140 | 0 | 236 | 1.14 | 3.90 | 1.0 | *N/A* | *N/A* | *N/A* | 4.5 | 28.5 | 0.9 | 0.30 | *N/A* |
| Weighted Daily Average | | | 565 | *44 | 755 | 6.77 | 5.45 | 565.5 | *857 | *18.54 | *28 | 30.45 | 93.17 | 8.46 | 3.88 | *0.00 |
| % of Calories | | | | | | | | | | | *19.5% | 21.6% | 65.9% | 13.5% | 6.2% | *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|----------|-----|---------|------|------|------|------|-------|-----|-------|--------|-------|-------|-------|--------|-------|
| Tue - 11/28/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT JUICE,ASSORTED | 4 fl.oz. | 300 | 64 | 0 | 5 | 0.28 | 0.24 | 13.1 | 59 | 24.46 | 13 | 0.47 | 15.62 | 0.17 | 0.02 | 0.00 |
| Hummus Box | 1 box | 75 | 101 | 4 | 220 | 2.99 | 0.78 | 84.8 | 37 | 0.3 | 1 | 5.26 | 13.2 | 4.01 | 1.14 | 0.00 |
| FRENCH TOAST STRIPS:(BAK ED) | 2 PIECES | 250 | 129 | 83 | 222 | 0.72 | 1.29 | 78.2 | 164 | 0.05 | 7 | 5.73 | 18.42 | 3.38 | 1.16 | *0.04 |
| Turkey Sausage Patty | 3 oz | 250 | 146 | 73 | 244 | 0.00 | 0.88 | 48.8 | 0 | 0.0 | *N/A* | 14.63 | 0.0 | 9.76 | 2.44 | 0.00 |
| Weighted Daily Average | | | 569 | *163 | 872 | 4.73 | 3.28 | 543.2 | 760 | 29.71 | *38 | 35.08 | 65.21 | 19.41 | 5.38 | *0.04 |
| % of Calories | | | | | | | | | | | *26.6% | 24.6% | 45.8% | 30.7% | 8.5% | *0.1% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------------------|---------|-----|-----|----|-----|-------|------|-------|-----|--------|----|------|-------|------|-------|-------|
| Wed - 11/29/2017 | | | | | | | | | | | | | | | | |
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| Protein Box/ bagel | 1 | 75 | 116 | 53 | 98 | *1.01 | 0.98 | 81.1 | 206 | *16.51 | *5 | 5.25 | 13.11 | 5.02 | *2.76 | *0.00 |
| 4-Way Salad | 0.5 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | 0.25 oz | 75 | 6 | 0 | 20 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.25 | 0.63 | 0.06 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Chicken Corn Dogs, WG | 4 oz | 250 | 200 | 33 | 325 | 4.17 | 1.50 | 66.7 | 21 | 0.0 | 4 | 7.5 | 25.0 | 6.67 | 2.08 | 0.00 |
| Tater Tots | 2.5 oz | 250 | 108 | 0 | 258 | 1.66 | 0.00 | 0.0 | 0 | 2.99 | 0 | 1.66 | 13.31 | 4.99 | 0.83 | 0.00 |

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Santa Monica-Malibu USD

Nov 1, 2017 thru Nov 30, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|----------------|----------------|----------------|-------------------------|
| Weighted Daily Average % of Calories | | | 610 | *89 | 842 | *10.14 | 2.77 | 479.8 | 851 | *38.04 | *36 *23.8% | 24.09 15.8% | 85.60 56.2% | 18.37 27.1% | *6.29 *9.3% | *0.00 *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| Thu - 11/30/2017 | | | | | | | | | | | | | | | | |
|--------------------------------------|-----------|-----|---------|-----|------|------|------|-------|-----|-------|---------------|----------------|----------------|----------------|--------------|----------------|
| Elementary Lunch-Traditional | Total | 300 | | | | | | | | | | | | | | |
| Bean Taco | 1 each | 75 | 27 | 1 | 83 | 0.85 | 0.44 | 25.0 | 68 | 0.55 | *N/A* | 1.66 | 3.4 | 0.89 | 0.28 | *0.00 |
| 4-Way Salad | 1/2 cup | 75 | 6 | 0 | 1 | 0.75 | 0.09 | 2.5 | 0 | 3.3 | 0 | 0.0 | 1.5 | 0.0 | 0.00 | 0.00 |
| Ranch Dressing, Light | .5 oz | 75 | 13 | 0 | 40 | 0.00 | 0.00 | 0.0 | 1 | 0.0 | 0 | 0.0 | 0.51 | 1.27 | 0.13 | 0.00 |
| Milk Variety 2016-2017 | 8 oz. | 300 | 110 | *3 | 140 | 0.00 | 0.00 | 315.9 | 499 | 1.6 | 15 | 8.98 | 15.96 | 0.83 | 0.50 | 0.00 |
| FRUIT,FRESH ASSORTED | 1 EACH | 300 | 64 | 0 | 1 | 2.55 | 0.21 | 13.6 | 125 | 13.64 | 12 | 0.7 | 16.47 | 0.23 | 0.05 | 0.00 |
| Popcorn Chicken - WG | 12 Pieces | 250 | 183 | 25 | 550 | 0.83 | 1.20 | 16.7 | 83 | 0.0 | *N/A* | 10.0 | 10.0 | 11.67 | 2.08 | 0.00 |
| CORN,SWEET YELLOW,CANNED,DRAIN | .5 CUP | 250 | 46 | 0 | 140 | 1.37 | 0.18 | 2.1 | 31 | 1.23 | 3 | 1.56 | 9.8 | 0.83 | 0.17 | 0.00 |
| Dinner Roll 51% WG | 1 Roll | 250 | 125 | 0 | 192 | 1.67 | 1.20 | 50.0 | 0 | 7.5 | *N/A* | 4.17 | 24.17 | 1.67 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 574 | *29 | 1147 | 8.02 | 3.32 | 425.7 | 807 | 27.82 | *31 *21.3% | 27.06 18.9% | 81.80 57.0% | 17.38 27.3% | 3.20 5.0% | *0.00 *0.0% |
| Nutrient Guideline | | | 550-650 | | 1230 | | | | | | | | | | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|-----|-----|-------|------|--------|-------|--------|---------------|----------------|----------------|----------------|----------------|----------------|
| Weighted Average | | | 589 | *58 | 924 | *8.91 | 3.79 | *515.0 | *1016 | *31.83 | *32 *49.4% | 29.14 19.8% | 83.22 56.5% | 16.43 25.1% | *5.05 *7.7% | *0.05 *0.1% |
|------------------|--|--|-----|-----|-----|-------|------|--------|-------|--------|---------------|----------------|----------------|----------------|----------------|----------------|

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-------------------------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | | |
| Calories | 589 | | 550 - 650 | 100% | | | | | | | | | | | | | |
| Cholesterol (mg) | 58 | | | | Missing | | | | | | | | | | | | |
| Sodium (mg) | 924 | | 1230 | | | | | | | | | | | | | | |
| Fiber (g) | 8.91 | | | | Missing | | | | | | | | | | | | |
| Iron (mg) | 3.79 | | | | | | | | | | | | | | | | |
| Calcium (mg) | 515.0 | | | | Missing | | | | | | | | | | | | |
| Vitamin A (IU) | 1016 | | | | Missing | | | | | | | | | | | | |
| Sugars (g) | 32 | 21.97% | | | Missing | | | | | | | | | | | | |
| Vitamin C (mg) | 31.83 | | | | Missing | | | | | | | | | | | | |
| Protein (g) | 29.14 | 19.79% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 83.22 | 56.53% | | | | | | | | | | | | | | | |
| Total Fat (g) | 16.43 | 25.11% | | | | | | | | | | | | | | | |
| Saturated Fat (g) | 5.05 | 7.72% | <10.00% | | Missing | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.05 | 0.08% | | | Missing | | | | | | | | | | | | |

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