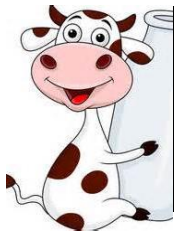


SMMUSD-Elementary Lunch Menu

Prepay online at www.myschoolbucks.com

June 2018

Last Day of School is June 8th



Varieties of Milk offered daily:
 1% white- (breakfast & lunch)
 Nonfat White
 (breakfast & lunch)
 Non-fat chocolate-(lunch only)



* Menu Subject to Change

Vegetarian Options:
Monday-Grilled Cheese
Tuesday-Hummus Box
Wednesday-Protein Box w/Bagel
Thursday- Bean Taco
Friday- Power Pack

1/2 cup serving of fruits/vegetables will be served with breakfast & lunch

**Specialty Salad offered Every Wednesday*

**Deli Sandwiches offered*

	<p>Pizza Friday! Pizza Friday! Domino's Pizza at: Edison , Grant Rogers, Cabrillo, Pt. Dume, Webster Papa John's Pizza at: Franklin, McKinley, Roosevelt, Muir Fresh Fruit and Veggie Bar</p>
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<p>Orange Chicken Brown Rice Steamed Broccoli</p> <p>Piezas de Pollo a Savor de Naranja</p>	<p>Chicken Tenders Potato Smiles Assorted Fresh Fruit</p> <p>Piezas de Pollo Empanizados</p>	<p>Brunch For Lunch French Toast Turkey Sausage Patty Tater Tots 100% Juice</p> <p>Palitos de Pan Frances</p>	<p>Deli Bar Baby Carrots W/ Low Fat Ranch Dressing Frozen Fruit Cup</p> <p>Barra de Sandwich</p>	<p>Bean & Cheese Burrito & Manager's Choice Veggie Sticks W/ Low Fat Ranch Dressing Sliced Apples</p> <p>Burrito de Frijoles Y Queso</p>
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MEAL PRICES

Elementary Full Price Breakfast-\$1.25
 Secondary Full Price Breakfast-\$1.50
 Reduced Breakfast-\$0.30

Elementary Full Price Lunch-\$3.00
 Secondary Full Price Lunch-\$3.50
 Reduced Lunch-\$0.40

Adult Prices: Breakfast-\$2.25
 Lunch-\$4.25

Menus & Food & Nutrition Info can be found on our website at www.smmusd.org/foodservice Suggestions or questions, email: fns@smmusd.org This Institution is an Equal Opportunity Provider

2018/19 Meal Application will be available on line at www.smmusd.org/foodservices and at the District Office in July

Please complete and submit a 2018/19 Meal Application by Sept. 1, 2018.

Parents of 5th Graders: All negative balances must be paid by **June 4, 2018**. Per Board Policy, credit is not available in the Middle Schools (grades 6-8). If there is a negative balance when entering middle school the full price student will not be able to purchase a lunch until the negative balance is paid.

Free/Reduced Price Meal Applications for 2018/19 school year will be mailed in July. Applications will also be available at the District Office, and can also be found on our website at www.smmusd.org/foodservices. All school sites will have applications available in August. Please complete and return the 2018/19 application by September 1, 2018 or sooner. It can take up to 10 operating days to process an application.

Positive balances may be transferred to siblings or reimbursed for any non-returning student or graduating seniors. Please send your e-mail request for fund balance transfers to pherschberger@smmusd.org or rmarchini@smmusd.org.

HARVEST OF THE MONTH

Health and Learning Success Go Hand-in-Hand: Eating nutrient-rich foods like fruits and vegetables can help children do better in school. With *Harvest of the Month*, you can set a positive example and put your child on the road to health and learning success.

Healthy Fun Facts and Serving Ideas:







GRAPES → Grapes appear in many colors. White, red, black, blue, green, purple and golden

Grapes are one of the world's favorite fruits, regularly listed in the top 10.

Add raw grapes to fruit salads, cheese platters, salads, crepes, cakes, tarts, sorbets or set in jelly.

Freeze small clusters of grapes. Serve instead of ice blocks on a hot day or drizzle with melted chocolate and serve as a dessert on their own or with ice cream.



2-Week Cycle Elementary Breakfast Menu					
 Cycle Date	 Menu is Subject to Change without notice				
<u>Cycle 1</u> June 4-8	Coffee Cake Or Cereal w/ Graham Crackers	Biscuit w/Sausage Or Cereal w/ String Cheese	Homemade Breakfast Burrito Or Cereal w/ Graham Crackers	Assorted Muffin w/ Yogurt Or Cereal w/ String Cheese	Banana Bread Or Cereal w/ Graham Crackers
<u>Cycle 2</u> June 1	Blueberry Muffin Or Cereal w/String Cheese	Belgian Waffle Or Cereal w/Graham Crackers	Breakfast Pizza Bagel Or Cereal w/String Cheese	French Toast Sticks Or Cereal w/Graham Crackers	Build Your Own Yogurt Parfait Or Cereal w/String Cheese
<u>Offered with Every Breakfast:</u> Assorted 4oz juice, fresh, or canned. Milk is offered daily-1% or nonfat white					

Prepay online at www.myschoolbucks.com

Opt out of Nonfat Chocolate Milk via email at fns@smmusd.org

Did you know? You may qualify for CalFresh and/or Affordable Health Care Benefits? Visit Virginia Avenue Park Tuesdays, 8 am- 5 pm. For more information/appointments call 310-458-8688