

SMMUSD-Elementary Lunch Menu

March 2018

*Menu Subject to change

SPRING BREAK-MARCH 26-APRIL 6, 2018



Varieties of Milk offered daily: 1% white-(Breakfast & Lunch)
Nonfat White (Breakfast & Lunch) Non-fat chocolate-(lunch only)



= Meatless Meal

Welcome Spring

coloringpage.eu

				1		2	
				Roasted Chicken Mashed Potatoes Corn Fresh Fruit and Veggie Bar s Pollo Horneado		Pizza Friday! Domino's Pizza at: Franklin, McKinley, Roosevelt, Muir Cabrillo, Pt. Dume, and Webster Papa John's Pizza at: Edison, Rogers, Grant Fresh Fruit and Veggie Bar Pizza de Domino's Y Papa John's	
5	6	7	8	9			
Veggie Chili w/ Corn Bread & Cheese Fresh Fruit and Veggie Bar Chili Vegetariano	BUILD YOUR OWN BURGER Baked Potato Wedges Fresh Fruit and Veggie Bar Haga su Propio Hamburguesa	Brunch For Lunch French Toast Sticks Beef Sausage Patty 100% Juice Fresh Fruit and Veggie Bar Palitos de Pan Toastado Franches	Teriyaki Chicken Steamed Brown Rice Broccoli Fresh Fruit and Veggie Bar Piezas de Pollo Con Salsa Teriyaki	Pizza Friday! Domino's Pizza at: Edison, Rogers, Grant Cabrillo, Pt. Dume, and Webster Papa John's Pizza at: Franklin, McKinley, Roosevelt, Muir Fresh Fruit and Veggie Bar Pizza de Domino's Y Papa John's			
12	13	14	15	16			
Bosco Cheese Sticks w/ Marinara Sauce Fresh Fruit and Veggie Bar Palitos de Queso con Salsa Marinara	Burrito Bar Corn Or Flour Tortilla Spanish Rice Corn Churro Fresh Fruit and Veggie Bar Barra de Burrito	Pasta Bar Vegetable Medley Chicken Cesar Salad Fresh Fruit and Veggie Bar Sandwich de Albondiga	Shamrock Shaped Chicken Nuggets Broccoli Holiday Cookies Fresh Fruit and Veggie Bar Piezas de Pollo	Pizza Friday! Domino's Pizza at Franklin, McKinley, Roosevelt, Muir Cabrillo, Pt. Dume, and Webster Papa John's Pizza at Edison, Rogers, Grant Fresh Fruit and Veggie Bar Pizza de Domino's Y Papa John's			
19	20	21	22	23			
Home Style Macaroni & Cheese Yummy Green Beans Fresh Fruit and Veggie Bar Macaron y Queso	Brunch For Lunch Waffle Sticks Canadian Turkey Bacon 100% Juice Fresh Fruit and Veggie Bar Palitos de Waffle	Orange Chicken Brown Rice Steamed Broccoli Fresh Fruit and Veggie Bar Piezas de Pollo a Savor de Naranja	Homemade Chicken Enchilada Tasty Refried Beans Tortilla Chips Roasted Zucchini Fresh Fruit and Veggie Bar Enchilada de Pollo	Pizza Friday! Domino's Pizza at Edison, Rogers, Grant Cabrillo, Pt. Dume, and Webster Papa John's Pizza at: Franklin, McKinley, Roosevelt, Muir, Cabrillo, Pt. Dume, Webster Fresh Fruit and Veggie Bar Pizza de Domino's Y Papa John's			

Vegetarian Options:
Monday-Grilled Cheese
Tuesday-Hummus Box
Wednesday-Protein Box w/Bagel
Thursday- Bean Taco
Friday- Power Pack
1/2 cup serving of fruits/vegetables will be served with breakfast & lunch
**Specialty Salad offered Every Wednesday*
**Deli Sandwiches offered Daily*
**Yogurt Parfait*

MEAL PRICES

Elementary Full Price Breakfast- \$1.25
 Secondary Full Price Breakfast- \$1.50
 Reduced Breakfast-\$0.30

Elementary Full Price Lunch-\$3.00
 Secondary Full Price Lunch-\$3.50
 Reduced Lunch-\$0.40

Adult Prices: Breakfast-\$2.25
 Lunch-\$4.25

Prepay online at www.myschoolbucks.com







HARVEST OF THE MONTH

Health and Learning Success Go Hand-in-Hand: Eating a balanced diet rich in fruits, vegetables, and whole grains supports a healthy body and mind. With Harvest of the Month, your family can explore, taste, and learn about fruits and vegetables and being active every day.



Produce Tips: Broccoli

- Broccoli originated in Italy off of the Mediterranean.
- Broccoli is a member of the cabbage family, making it a cruciferous vegetable. It's name is derived from the Italian word broccolo, meaning the flowering top of a cabbage.
- Broccoli is also very high in Vitamin A, Vitamin C and Fiber.
- Broccoli grows best in temperatures between 18 to 23 degrees Celsius.

 Cycle Date	2-Week Cycle Elementary Breakfast Menu				
	 Menu is Subject to Change without notice				
Cycle 1 Mar. 1-2 Mar. 12-16	Coffee Cake Or Cereal w/ Graham Crackers	Biscuit w/Sausage Or Cereal w/ String Cheese	Homemade Breakfast Burrito Or Cereal w/ Graham Crackers	Assorted Muffin w/ Yogurt Or Cereal w/ String Cheese	Zucchini Bread Or Cereal w/ Graham Crackers
Cycle 2 Mar. 5-9 Mar. 19-23	Ham & Cheese Egg Biscuit Or Cereal w/ String Cheese	Belgian Waffle Or Cereal w/ Graham Crackers	Banana Bread Or Cereal w/ String Cheese	French Toast Sticks Or Cereal w/ Graham Crackers	Build Your Own Yogurt Parfait Or Cereal w/ String Cheese
Offered with Every Breakfast: Fruit: Assorted 4oz juice, fresh, or canned - Milk offered Daily: 1% and nonfat white					

Prepay online at www.myschoolbucks.com

Opt out of Nonfat Chocolate Milk via email at fns@smmusd.org

Did you know? You may qualify for CalFresh and/or Affordable Health Care Benefits? Visit Virginia Avenue Park Tuesdays, 8 am- 5 pm. For more information/appointments call 310-458-8688