

**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/01/2018																
Elementary Lunch-Traditional	Total	300														
CHICKEN NUGGETS	5 pieces	250	183	37	542	0.83	1.50	16.7	83	1.0	*N/A*	11.67	12.5	10.0	2.08	*N/A*
Mashed Potatoes	2.04 oz	250	31	0	146	0.52	0.08	3.0	1	2.72	0	0.61	6.21	0.45	0.06	0.01
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Salad 4 way	2.118 oz	300	10	0	7	1.00	0.36	10.0	1800	6.0	1	1.0	2.0	0.0	0.00	0.00
Ranch Dressing, Light	0.25 oz	300	25	0	81	0.00	0.00	0.0	3	0.0	1	0.0	1.01	2.53	0.25	0.00
Bean Taco	2 each	40	43	*0	109	1.13	0.39	10.6	*1	*0.03	*0	1.24	6.17	1.56	0.45	*0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			472	*43	1062	6.07	2.61	385.7	*2623	*49.67	*27	24.84	60.02	16.07	3.55	*0.01
% of Calories											*22.5%	21.1%	50.9%	30.6%	6.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 02/02/2018																
Elementary Lunch-Traditional	Total	300														
DOMINOS	128GM	145	116	7	198	1.45	0.87	169.2	242	2.9	1	7.73	14.98	2.9	1.21	0.00
4-Way Salad	1/2 cup	290	24	0	3	2.90	0.35	9.7	0	12.76	1	0.0	5.8	0.0	0.00	0.00
Tomatoes, Grape	1/4 cup	290	4	0	0	0.00	0.00	0.0	0	0.0	0	2.9	2.9	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	290	49	0	157	0.00	0.00	0.0	5	0.0	1	0.0	1.96	4.89	0.49	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
POWER PACK	1 EACH	10	12	2	10	*0.07	*0.02	10.8	23	*0.0	*0	0.46	1.62	0.45	0.18	0.00
Big Daddy Ch/Pepp Pizza 51% Wg	1/8 pizza	1	1	0	1	0.01	0.00	0.4	1	0.0	*N/A*	0.03	0.06	0.03	0.01	0.00
Weighted Daily Average			375	*13	510	*6.90	*1.42	533.2	1006	*55.13	*28	20.86	58.21	9.39	2.42	*0.00
% of Calories											*30.4%	22.3%	62.2%	22.5%	5.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 02/05/2018</b>																
Elementary Lunch-Traditional	Total	300														
Bosco Cheese Stick w/Marinara	2 sticks	250	263	25	467	4.17	2.10	333.3	417	1.0	*N/A*	17.5	30.83	8.33	4.17	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Grilled Cheese Reduced Fat	1 sandwich	40	39	4	152	0.16	0.21	49.1	81	0.0	*N/A*	2.49	4.24	1.49	0.89	0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			500	*34	836	7.66	2.67	730.3	1235	44.23	*25	30.31	69.22	12.61	5.89	*0.00
% of Calories											*20.2%	24.3%	55.4%	22.7%	10.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

<b>Tue - 02/06/2018</b>																
Elementary Lunch-Traditional	Total	300														
Cheeseburger Mini Twins	4.25 oz	250	223	26	361	1.92	2.52	55.3	65	8.17	*N/A*	15.38	23.42	7.66	2.60	0.00
CORN,SWEET YELLOW,CANN ED,DRAIN	.5 CUP	250	46	0	140	1.37	0.18	2.1	31	1.23	3	1.56	9.8	0.83	0.17	0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Hummus Box	1 box	40	54	2	118	1.59	0.42	45.2	20	0.16	1	2.81	7.04	2.14	0.61	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			521	*33	836	8.21	3.48	450.5	853	52.79	*29	30.07	74.40	13.42	4.20	*0.00
% of Calories											*22.2%	23.1%	57.1%	23.2%	7.3%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 02/07/2018</b>																
Elementary Lunch-Traditional	Total	300														
French Toast Sticks	3 sticks 2.65oz	250	142	96	258	2.50	1.50	66.7	167	3.0	*N/A*	7.5	21.67	3.33	0.83	0.00
Sausage Patty, Beef	1.2 ounce	250	65	17	164	0.00	0.58	3.4	6	0.0	*N/A*	5.25	0.42	4.67	1.92	*N/A*
FRUIT JUICE,ASSORTED	4 fl.oz.	300	64	0	5	0.28	0.24	13.1	59	24.46	13	0.47	15.62	0.17	0.02	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Protein Box/ bagel	1	40	54	28	51	*0.40	0.51	41.2	100	*0.0	*1	2.8	5.02	2.68	1.47	0.00
4-Way Salad	1/2 cup	250	21	0	2	2.50	0.30	8.3	0	11.0	1	0.0	5.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	250	42	0	135	0.00	0.00	0.0	4	0.0	1	0.0	1.69	4.22	0.42	0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			567	*146	792	*8.26	3.41	478.1	1071	*78.38	*41	26.34	81.55	16.59	5.37	*0.00
% of Calories											*28.6%	18.6%	57.5%	26.3%	8.5%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 02/08/2018</b>																
Elementary Lunch-Traditional	Total	300														
Chicken S. Breaded 10 Piece	3 oz	250	167	46	400	0.00	0.90	16.7	83	0.0	*N/A*	15.0	4.17	10.0	2.50	0.00
Brown Rice	1/2 cup	250	90	0	4	1.50	0.34	8.3	0	0.0	*N/A*	2.1	18.66	0.74	0.15	0.00
Green Beans	.5 cup	250	11	0	141	1.07	0.51	14.6	196	2.42	*N/A*	0.68	2.53	0.06	0.01	*N/A*
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	0.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Bean Taco	2 each	40	43	*0	109	1.13	0.39	10.6	*1	*0.03	*0	1.24	6.17	1.56	0.45	*0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			509	*51	872	7.03	2.50	398.2	*1017	*45.68	*25	29.34	65.67	15.14	3.94	*0.00
% of Calories											*19.9%	23.1%	51.6%	26.8%	7.0%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

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**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 02/09/2018																
Elementary Lunch-Traditional	Total	300														
Big Daddy Ch/Pepp Pizza 51% Wg	1/8 pizza	145	85	8	157	0.97	0.65	60.4	121	0.29	*N/A*	4.59	8.46	3.87	1.45	0.00
DOMINOS	128GM	145	116	7	198	1.45	0.87	169.2	242	2.9	1	7.73	14.98	2.9	1.21	0.00
4-Way Salad	1/2 cup	290	24	0	3	2.90	0.35	9.7	0	12.76	1	0.0	5.8	0.0	0.00	0.00
Tomatoes, Grape	1/4 cup	290	4	0	0	0.00	0.00	0.0	0	0.0	0	2.9	2.9	0.0	0.00	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Ranch Dressing, Light	.5 oz.	290	49	0	157	0.00	0.00	0.0	5	0.0	1	0.0	1.96	4.89	0.49	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
POWER PACK	1 EACH	10	12	2	10	*0.07	*0.02	10.8	23	*0.0	*0	0.46	1.62	0.45	0.18	0.00
Weighted Daily Average			459	*21	666	*7.86	*2.07	593.2	1126	*55.42	*28	25.42	66.61	13.23	3.86	*0.00
% of Calories											*24.8%	22.2%	58.1%	26.0%	7.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/12/2018																
Elementary Lunch-Traditional	Total	300														
VEGETARIAN CHILI	2 CUPS	63	42	0	170	1.52	0.37	12.2	278	10.09	2	1.52	6.22	1.49	0.14	0.00
Tortilla Chips	12 chips/ 1 oz	250	113	*N/A*	50	1.67	0.33	15.0	83	0.83	*N/A*	1.67	15.83	4.17	0.83	*N/A*
Cheese Sauce Jalapeno RS	3 oz	250	108	25	692	0.00	0.35	294.1	294	0.0	0	6.67	3.34	7.5	5.00	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
4-Way Salad	1 cup	75	13	0	1	1.50	0.18	5.0	0	6.6	0	0.0	3.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Grilled Cheese Reduced Fat	1 sandwich	40	39	4	152	0.16	0.21	49.1	81	0.0	*N/A*	2.49	4.24	1.49	0.89	0.00
DELI SUB: on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			506	*34	1282	7.43	1.72	720.8	1473	57.45	*27	22.66	65.27	17.44	7.70	*0.00
% of Calories											*21.4%	17.9%	51.6%	31.0%	13.7%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/13/2018																
Elementary Lunch-Traditional	Total	300														
HOTDOG,BEEF	1 each	250	119	21	372	0.00	0.45	4.5	0	0.0	0	4.19	1.26	10.61	4.12	*N/A*
Hot Dog Bun 6" 51% Whole Grai	1 Bun	250	133	0	192	1.67	1.20	50.0	0	10.0	*N/A*	5.0	25.83	1.67	0.00	0.00
Veggie Beans	100 g	250	74	0	296	2.68	2.50	51.1	477	1.34	0	4.03	14.78	0.33	0.00	0.00
4-Way Salad	1/2 cup	260	22	0	3	2.60	0.31	8.7	0	11.44	1	0.0	5.2	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	260	44	0	140	0.00	0.00	0.0	4	0.0	1	0.0	1.76	4.39	0.44	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Hummus Box	1 box	40	54	2	118	1.59	0.42	45.2	20	0.16	1	2.81	7.04	2.14	0.61	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			625	*28	1297	11.13	5.15	504.9	1237	62.87	*28	26.34	88.01	20.67	5.87	*0.00
% of Calories											*17.7%	16.9%	56.3%	29.8%	8.4%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 02/14/2018																
Elementary Lunch-Traditional	Total	300														
Heart Shaped Chicken Nuggets	3 nuggets	250	225	29	492	1.67	1.50	16.7	0	0.0	*N/A*	11.67	10.83	15.0	3.33	*N/A*
Tater Tot	8 pieces	250	129	0	308	1.98	0.00	0.0	*N/A*	3.57	*N/A*	1.98	15.87	5.95	0.99	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	250	21	0	2	2.50	0.30	8.3	0	11.0	1	0.0	5.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	250	42	0	135	0.00	0.00	0.0	4	0.0	1	0.0	1.69	4.22	0.42	0.00
Protein Box/ bagel	1	40	54	28	51	*0.40	0.51	41.2	100	*0.0	*1	2.8	5.02	2.68	1.47	0.00
Cookie	1 cookie	300	140	5	82	0.31	0.54	2.7	83	0.0	*N/A*	1.54	18.65	6.6	2.33	*N/A*
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			790	*67	1246	*9.44	3.12	414.2	*922	*54.50	*27	28.31	89.20	35.97	9.25	*0.00
% of Calories											*13.8%	14.3%	45.2%	41.0%	10.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/15/2018																
Elementary Lunch-Traditional	Total	300														
Teriyaki Chicken	#12 scoop	250	115	62	425	0.00	*N/A*	*N/A*	40	*N/A*	8	14.17	8.86	3.1	0.89	0.00
Brown Rice	1/2 cup	250	90	0	4	1.50	0.34	8.3	0	0.0	*N/A*	2.1	18.66	0.74	0.15	0.00
CARROT STICKS	.5 cup	225	14	0	23	0.92	0.10	10.9	5506	1.94	2	0.31	3.16	0.08	0.01	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Bean Taco	2 each	40	43	*0	109	1.13	0.39	10.6	*1	*0.03	*0	1.24	6.17	1.56	0.45	*0.00
DELI SUB: on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			460	*67	779	6.89	*1.20	*377.8	*6283	*45.20	*35	28.14	70.99	8.27	2.32	*0.00
% of Calories											*30.3%	24.5%	61.8%	16.2%	4.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 02/16/2018																
Elementary Lunch-Traditional	Total	300														
DOMINOS	128GM	145	116	7	198	1.45	0.87	169.2	242	2.9	1	7.73	14.98	2.9	1.21	0.00
4-Way Salad	1/2 cup	290	24	0	3	2.90	0.35	9.7	0	12.76	1	0.0	5.8	0.0	0.00	0.00
Tomatoes, Grape	1/4 cup	290	4	0	0	0.00	0.00	0.0	0	0.0	0	2.9	2.9	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Ranch Dressing, Light	.5 oz	290	49	0	157	0.00	0.00	0.0	5	0.0	1	0.0	1.96	4.89	0.49	0.00
POWER PACK	1 EACH	10	12	2	10	*0.07	*0.02	10.8	23	*0.0	*0	0.46	1.62	0.45	0.18	0.00
Big Daddy Ch/Pepp Pizza 51% Wg	1/8 pizza	1	1	0	1	0.01	0.00	0.4	1	0.0	*N/A*	0.03	0.06	0.03	0.01	0.00
Weighted Daily Average			375	*13	510	*6.90	*1.42	533.2	1006	*55.13	*28	20.86	58.21	9.39	2.42	*0.00
% of Calories											*30.4%	22.3%	62.2%	22.5%	5.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/20/2018																
Elementary Lunch-Traditional	Total	300														
Waffle Stix- Belgian Chef WG	62 g	250	128	0	228	1.83	0.99	18.3	23	0.0	5	3.66	24.68	1.83	0.00	0.00
CANADIAN TURKEY HAM	1.52 OZ	250	42	25	217	0.00	0.30	0.0	0	0.0	0	6.67	0.0	2.08	0.83	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Hummus Box	1 box	40	54	2	118	1.59	0.42	45.2	20	0.16	1	2.81	7.04	2.14	0.61	0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			422	*32	781	6.75	2.07	411.4	779	43.39	*30	23.45	65.86	8.84	2.27	*0.00
% of Calories											*28.9%	22.2%	62.4%	18.9%	4.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/21/2018																
Elementary Lunch-Traditional	Total	300														
Taco Meat	2.97 oz	250	100	46	317	0.00	1.20	33.3	167	0.0	*N/A*	12.5	2.5	5.0	1.67	0.00
TACO SHELLS,BAKED	1 each	250	83	0	57	1.17	0.29	17.5	3	0.0	0	1.12	11.11	3.81	1.24	0.03
Beans, Vegetarian	113 g	250	83	0	117	4.17	1.50	33.3	21	0.0	4	5.0	15.83	0.42	0.00	0.00
Churro	1 churro	300	122	0	113	0.51	0.70	6.8	1	0.0	*N/A*	1.95	17.42	4.57	0.85	*N/A*
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Protein Box/ bagel	1	40	54	28	51	*0.40	0.51	41.2	100	*0.0	*1	2.8	5.02	2.68	1.47	0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			641	*79	872	*9.58	4.56	480.0	1028	*43.23	*30	33.69	86.02	19.27	6.06	*0.03
% of Calories											*19.0%	21.0%	53.7%	27.1%	8.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/22/2018																
Elementary Lunch-Traditional	Total	300														
Chicken Patty Sandwich on Whea	1 sandwich	250	295	46	560	3.24	2.94	64.7	417	9.61	*N/A*	17.31	36.43	9.97	2.08	0.00
Goldfish Cheddar	1 Bag	300	99	*N/A*	168	0.99	0.36	19.8	0	0.0	0	2.96	13.83	3.46	0.99	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
4-Way Salad	1 cup	75	13	0	1	1.50	0.18	5.0	0	6.6	0	0.0	3.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Bean Taco	2 each	40	43	*0	109	1.13	0.39	10.6	*1	*0.03	*0	1.24	6.17	1.56	0.45	*0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			641	*51	1055	9.43	4.14	445.5	*1154	*56.17	*26	31.83	92.07	17.78	4.35	*0.00
% of Calories											*16.0%	19.9%	57.5%	25.0%	6.1%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 02/23/2018																
Elementary Lunch-Traditional	Total	300														
Tony's Thin Crust Cheese Pizza	1 slice	145	145	12	280	1.93	0.87	120.8	145	0.0	7	7.73	16.92	5.32	2.42	0.00
DOMINOS	128GM	145	116	7	198	1.45	0.87	169.2	242	2.9	1	7.73	14.98	2.9	1.21	0.00
4-Way Salad	1 cup	290	48	0	6	5.80	0.70	19.3	0	25.52	2	0.0	11.6	0.0	0.00	0.00
Tomatoes, Grape	1/4 cup	290	4	0	0	0.00	0.00	0.0	0	0.0	0	2.9	2.9	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	290	49	0	157	0.00	0.00	0.0	5	0.0	1	0.0	1.96	4.89	0.49	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
POWER PACK	1 EACH	10	12	2	10	*0.07	*0.02	10.8	23	*0.0	*0	0.46	1.62	0.45	0.18	0.00
Weighted Daily Average			543	*25	792	*11.73	*2.64	663.3	1150	*67.89	*36	28.56	80.86	14.67	4.83	*0.00
% of Calories											*26.7%	21.0%	59.5%	24.3%	8.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 02/26/2018</b>																
Elementary Lunch-Traditional	Total	300														
Pasta with Tomato Sauce	#6 scoop	250	204	9	421	*2.13	2.70	148.6	1256	22.81	*1	8.04	32.99	4.9	1.92	*0.09
Garlic French Bread Pizza	1 piece	125	133	6	246	0.83	1.13	104.2	167	6.25	*N/A*	6.25	15.0	5.0	1.25	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Grilled Cheese Reduced Fat	1 sandwich	40	39	4	152	0.16	0.21	49.1	81	0.0	*N/A*	2.49	4.24	1.49	0.89	0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			575	*24	1036	*6.45	4.40	649.7	2241	72.29	*26	27.10	86.37	14.19	4.90	*0.09
% of Calories											*18.2%	18.9%	60.1%	22.2%	7.7%	*0.1%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 02/27/2018</b>																
Elementary Lunch-Traditional	Total	300														
Orange Flavored Chicken	3.6 oz	250	125	33	233	0.00	0.60	0.0	42	1.0	8	9.17	15.83	2.5	0.42	0.00
Brown Rice	1/2 cup	250	90	0	4	1.50	0.34	8.3	0	0.0	*N/A*	2.1	18.66	0.74	0.15	0.00
Fresh Seasonal Fruit	.5 cup	300	59	0	1	2.48	0.18	27.3	236	37.87	*9	0.76	14.92	0.28	0.04	*0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.25 oz	75	6	0	20	0.00	0.00	0.0	1	0.0	0	0.0	0.25	0.63	0.06	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Hummus Box	1 box	40	54	2	118	1.59	0.42	45.2	20	0.16	1	2.81	7.04	2.14	0.61	0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			461	*40	553	6.43	1.73	401.5	797	44.39	*34	24.39	75.42	7.53	1.94	*0.00
% of Calories											*29.6%	21.2%	65.4%	14.7%	3.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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**Santa Monica-Malibu USD**

**Feb 1, 2018 thru Feb 28, 2018**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/28/2018																
Elementary Lunch-Traditional	Total	300														
Protein Box/ bagel	1	40	54	28	51	*0.40	0.51	41.2	100	*0.0	*1	2.8	5.02	2.68	1.47	0.00
4-Way Salad	1/2 cup	75	6	0	1	0.75	0.09	2.5	0	3.3	0	0.0	1.5	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	75	13	0	40	0.00	0.00	0.0	1	0.0	0	0.0	0.51	1.27	0.13	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
FRUIT,FRESH ASSORTED	1 EACH	300	64	0	1	2.55	0.21	13.6	125	13.64	12	0.7	16.47	0.23	0.05	0.00
POTATO WEDGES,FRZ,CKD	.5 cup	250	152	0	49	2.36	1.98	15.1	0	22.21	*N/A*	4.65	34.19	0.31	0.08	*N/A*
Hamburger Bun 4" 51% WG	1 bun	250	133	0	183	2.50	1.50	50.0	0	10.0	*N/A*	5.0	27.5	0.83	0.00	0.00
Beef Patty	1 patty	250	125	33	208	0.83	1.20	16.7	25	0.0	*N/A*	10.83	1.67	7.5	3.33	0.42
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			667	*67	709	*9.50	5.57	457.2	751	*51.20	*28	33.54	104.06	14.06	5.72	*0.42
% of Calories											*17.0%	20.1%	62.4%	19.0%	7.7%	*0.6%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			532	*46	868	*8.09	*2.94	*506.8	*1460	*54.47	*29	27.16	75.68	14.97	4.57	*0.03
											*49.9%	20.4%	56.9%	25.3%	7.7%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	532		550 - 650	97%		18		Correction Required - Calories are Low
Cholesterol (mg)	46				Missing			
Sodium (mg)	868		1230					
Fiber (g)	8.09				Missing			
Iron (mg)	2.94				Missing			
Calcium (mg)	506.8				Missing			
Vitamin A (IU)	1460				Missing			
Sugars (g)	29	22.17%			Missing			
Vitamin C (mg)	54.47				Missing			
Protein (g)	27.16	20.42%						
Carbohydrate (g)	75.68	56.91%						
Total Fat (g)	14.97	25.33%						
Saturated Fat (g)	4.57	7.73%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.03	0.05%			Missing			

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