

Santa Monica-Malibu USD

Apr 2, 2018 thru Apr 30, 2018

Planned Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/09/2018																
Elementary Lunch-Traditional	Total	300														
Bosco Cheese Stick w/Marinara	2 sticks	250	263	25	467	4.17	2.10	333.3	417	1.0	*N/A*	17.5	30.83	8.33	4.17	0.00
Salad Bar 5 Veg Daily (3)	1 cup	250	76	0	42	2.47	*0.67	16.8	2466	18.17	*0	2.45	15.83	*0.85	0.12	*0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00
Milk Variety Daily 2018	1 cup	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Weighted Daily Average			634	*64	752	*9.77	*3.74	741.9	3588	*42.17	*30	33.00	98.07	*13.66	*6.66	*0.00
% of Calories											*19.0%	20.8%	61.9%	*19.4%	*9.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 04/10/2018																
Elementary Lunch-Traditional	Total	300														
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
BUN, HAMBURGER	EACH 2 oz	250	146	0	242	0.95	1.30	24.2	0	0.11	*4	3.7	24.74	3.52	0.48	*0.00
Hamburger with Potato Wedges	1 portion	250	364	33	938	4.92	3.60	148.4	52	2.27	*1	17.57	42.09	14.04	4.69	*0.42
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Salad Bar 5 Veg Daily (1)	1 cup	250	14	0	21	0.49	0.19	9.7	840	7.07	*0	0.62	2.74	0.17	0.01	*0.00
Hummus Box	1 box	50	57	3	126	1.50	0.43	51.6	25	0.2	1	3.01	6.67	2.51	0.76	0.00
Weighted Daily Average			809	*40	1506	*10.48	5.85	574.3	1496	32.65	*34	34.44	121.37	21.34	*6.45	*0.42
% of Calories											*17.1%	17.0%	60.0%	23.7%	*7.2%	*0.5%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 04/11/2018																
Elementary Lunch-Traditional	Total	300														
French Toast Sticks WG	2.65 oz	250	133	104	250	2.50	1.33	38.4	167	0.0	4	6.67	20.0	3.75	0.83	0.00
Beef Sausage Patty	1 patty	250	72	16	192	0.00	0.61	6.2	6	0.06	*N/A*	7.08	0.42	4.42	1.75	0.00
Juice, Assorted	1 each	250	96	0	22	0.00	0.20	11.1	56	40.0	*N/A*	0.83	25.0	0.0	0.00	*N/A*
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Salad Bar 5 Veg Daily (2)	1 cup	250	50	0	128	2.32	1.04	27.8	588	17.29	*2	1.75	10.74	0.2	0.05	*0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00
Weighted Daily Average			646	*159	835	*7.95	4.15	475.3	1522	*80.35	*35	29.39	107.57	12.84	*5.01	*0.00
% of Calories											*21.9%	18.2%	66.7%	17.9%	*7.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Santa Monica-Malibu USD

Apr 2, 2018 thru Apr 30, 2018

Planned Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/12/2018																
Elementary Lunch-Traditional	Total	250														
Teriyaki Chicken	#12 scoop	250	138	74	510	0.00	*N/A*	*N/A*	48	*N/A*	10	17.01	10.63	3.72	1.06	0.00
Brown Rice	.5 cup	250	130	0	10	1.00	0.00	0.0	0	0.0	0	3.0	27.0	1.0	0.00	0.00
BROCCOLI: frozen, boiled	1 CUP	250	52	0	20	5.52	1.12	60.7	1860	73.78	3	5.7	9.84	0.22	0.03	0.00
Milk Variety Daily 2018	8 oz.	300	132	*4	168	0.00	0.00	380.0	600	1.92	18	10.8	19.2	1.0	0.60	0.00
Salad Bar 5 Veg Daily (3)	1 cup	250	92	0	50	2.96	*0.80	20.1	2959	21.81	*0	2.93	19.0	*1.02	0.14	*0.00
Fruit Variety Daily salad bar	4 oz	300	141	*0	47	*3.16	0.40	28.4	95	25.68	*16	0.66	34.96	0.31	*0.02	*0.00
Hummus Box	1 box	50	68	3	151	1.80	0.52	61.9	30	0.24	1	3.62	8.0	3.02	0.91	0.00
Weighted Daily Average			753	*81	956	*14.44	*2.85	*551.1	5591	*123.43	*48	43.73	128.63	*10.29	*2.76	*0.00
% of Calories											*25.5%	23.2%	68.3%	*12.3%	*3.3%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 04/13/2018																
Elementary Lunch-Traditional	Total	300														
Pappa John's Pepperoni Pizza	1 slice	250	325	25	842	1.67	2.25	208.3	417	3.0	*N/A*	14.17	35.0	14.17	5.00	0.00
Salad Bar 5 Veg Daily (1)	1 cup	250	14	0	21	0.49	0.19	9.7	840	7.07	*0	0.62	2.74	0.17	0.01	*0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00
Weighted Daily Average			634	*64	1106	*5.29	3.41	609.9	1962	*33.08	*30	27.84	89.15	18.82	*7.39	*0.00
% of Calories											*19.0%	17.6%	56.2%	26.7%	*10.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 04/16/2018																
Elementary Lunch-Traditional	Total	300														
Baked Potato	4 oz	250	121	0	7	1.95	0.46	6.5	0	16.64	2	2.55	28.02	0.13	0.03	0.00
VEGETARIAN CHILI	2 CUPS	250	165	0	675	6.04	1.48	48.4	1102	40.04	6	6.03	24.69	5.92	0.56	0.02
Milk Variety Daily 2018	8 oz.	250	92	*3	117	0.00	0.00	263.9	417	1.33	13	7.5	13.33	0.69	0.42	0.00
Fruit Variety Daily salad bar	4 oz	250	98	*0	32	*2.19	0.28	19.7	66	17.83	*11	0.46	24.28	0.22	*0.01	*0.00
Hummus Box	1 box	50	57	3	126	1.50	0.43	51.6	25	0.2	1	3.01	6.67	2.51	0.76	0.00
Salad Bar 5 Veg Daily (2)	1 cup	1	0	0	1	0.01	0.00	0.1	2	0.07	*0	0.01	0.04	0.0	0.00	*0.00
Weighted Daily Average			533	*5	956	*11.70	2.65	390.2	1611	76.11	*33	19.56	97.02	9.47	*1.78	*0.02
% of Calories											*24.9%	14.7%	72.8%	16.0%	*3.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Planned Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/17/2018																
Elementary Lunch-Traditional	Total	300														
Flour Tortilla 8"	0.5 each	250	55	0	124	0.05	0.60	0.4	*N/A*	0.0	*N/A*	1.44	9.29	1.38	0.33	0.00
SPANISH RICE	1/4 CUP	250	52	0	148	0.61	0.70	7.5	182	5.27	*0	1.1	10.41	0.61	0.09	*0.00
CORN,SWEET YELLOW,CANN ED,DRAIN	.5 CUP	250	46	0	140	1.37	0.18	2.1	31	1.23	3	1.56	9.8	0.83	0.17	0.00
Churro	1 churro	250	102	0	94	0.42	0.58	5.7	1	0.0	*N/A*	1.62	14.52	3.81	0.71	*N/A*
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Salad Bar 5 Veg Daily (3)	1 cup	250	76	0	42	2.47	*0.67	16.8	2466	18.17	*0	2.45	15.83	*0.85	0.12	*0.00
Corn Tortilla	1 tortilla	250	53	0	16	0.83	0.30	16.7	0	0.0	*N/A*	0.83	10.83	0.83	0.00	0.00
Burrito Bar Meat	3 ounces	250	105	56	297	0.00	0.76	16.8	84	0.0	*N/A*	12.98	2.1	5.44	1.68	0.00
Cheese, Cheddar, Shredded	1.5 oz	250	100	20	257	0.00	0.05	320.2	224	0.0	*N/A*	9.64	0.71	6.48	4.16	0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00
Weighted Daily Average			884	*115	1361	*8.89	*4.82	777.9	*3694	*47.67	*34	44.68	124.90	*24.71	*9.63	*0.00
% of Calories											*15.2%	20.2%	56.5%	*25.2%	*9.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 04/18/2018																
Elementary Lunch-Traditional	Total	300														
Pasta Bar with Sauce	6.75 oz	250	293	30	561	3.91	1.87	183.1	308	7.45	9	15.36	40.49	7.16	2.68	0.00
Vegetable Classic Blend Mixed	3.48 oz	250	59	0	71	2.93	0.82	21.7	1052	8.18	*N/A*	2.53	11.6	0.25	0.00	0.00
Salad 3 Way	2.1 oz	250	10	0	7	0.83	0.15	83.3	583	3.0	1	0.83	1.67	0.0	0.00	0.00
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Chicken Breast, Italian Patty	1 oz	250	56	13	174	0.30	0.35	6.6	0	0.0	*N/A*	4.27	0.66	4.27	0.98	0.00
Salad Dressing, Caesar 0.5 ser	29g	250	50	2	192	0.00	0.00	0.0	0	0.0	0	0.42	0.42	5.0	0.83	0.00
Hummus Box	1 box	50	57	3	126	1.50	0.43	51.6	25	0.2	1	3.01	6.67	2.51	0.76	0.00
Weighted Daily Average			752	*51	1309	*12.11	3.96	686.6	2546	41.83	*39	35.98	106.63	20.28	*5.77	*0.00
% of Calories											*20.9%	19.1%	56.7%	24.3%	*6.9%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Planned Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/19/2018																
Elementary Lunch-Traditional	Total	300														
Chicken Pattie Krisp N Krunchy BUN, HAMBURGER	1 Pattie EACH 2 oz	250	167	46	575	833.34	1.50	16.7	83	0.0	*N/A*	11.67	10.0	8.33	1.67	0.00
Veggie Beans	100 g	250	74	0	296	2.68	2.50	51.1	477	1.34	0	4.03	14.78	0.33	0.00	0.00
4-Way Salad	1/2 cup	260	22	0	3	2.60	0.31	8.7	0	11.44	1	0.0	5.2	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	260	44	0	140	0.00	0.00	0.0	4	0.0	1	0.0	1.76	4.39	0.44	0.00
Milk Variety Daily 2018	8 oz.	250	92	*3	117	0.00	0.00	263.9	417	1.33	13	7.5	13.33	0.69	0.42	0.00
Hummus Box	1 box	40	45	2	100	1.20	0.35	41.3	20	0.16	1	2.41	5.33	2.01	0.61	0.00
Fresh Seasonal Fruit	.5 cup	250	49	0	1	2.06	0.15	22.7	197	31.56	*8	0.64	12.44	0.23	0.03	*0.00
DELI SUB:on Bun	1 EACH	10	11	2	35	0.11	0.09	2.2	0	0.46	*0	0.58	1.25	0.41	0.17	*0.00
Weighted Daily Average			650	*53	1510	842.94	6.20	430.8	1199	46.40	*27	30.52	88.84	19.92	3.80	*0.00
% of Calories											*16.3%	18.8%	54.7%	27.6%	5.3%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 04/20/2018																
Elementary Lunch-Traditional	Total	300														
DOMINOS	128GM	250	200	13	342	2.50	1.50	291.7	417	5.0	3	13.33	25.83	5.0	2.08	0.00
Fruit Variety Daily salad bar	4 ounces	300	29	*0	10	*0.66	0.08	5.9	20	5.35	*3	0.14	7.28	0.06	*0.00	*0.00
Salad Bar 5 Veg Daily (2)	1 cup	250	50	0	128	2.32	1.04	27.8	588	17.29	*2	1.75	10.74	0.2	0.05	*0.00
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Hummus Box	1 box	50	57	3	126	1.50	0.43	51.6	25	0.2	1	3.01	6.67	2.51	0.76	0.00
Weighted Daily Average			446	*18	745	*6.98	3.05	693.6	1549	29.44	*23	27.23	66.53	8.61	*3.39	*0.00
% of Calories											*20.9%	24.4%	59.7%	17.4%	*6.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 04/23/2018																
Elementary Lunch-Traditional	Total	300														
Green Beans	.5 cup	250	11	0	141	1.07	0.51	14.6	196	2.42	*N/A*	0.68	2.53	0.06	0.01	*N/A*
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Salad Bar 5 Veg Daily (1)	1 cup	250	14	0	21	0.49	0.19	9.7	840	7.07	*0	0.62	2.74	0.17	0.01	*0.00
Macaroni & Cheese WG RF	6 oz	250	242	25	817	1.67	0.90	350.0	667	0.0	*N/A*	14.17	25.83	9.17	5.00	0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			562	*64	1222	*6.35	2.56	766.2	2409	*32.49	*30 *21.5%	28.51 20.3%	82.51 58.7%	13.87 22.2%	*7.40 *11.8%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 04/24/2018																
Elementary Lunch-Traditional	Total	300														
CANADIAN TURKEY HAM	1.52 OZ	250	42	25	217	0.00	0.30	0.0	0	0.0	0	6.67	0.0	2.08	0.83	0.00
Juice, Assorted	1 each	250	96	0	22	0.00	0.20	11.1	56	40.0	*N/A*	0.83	25.0	0.0	0.00	*N/A*
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Waffle Sticks with Syrup	1	250	155	0	222	1.67	0.90	17.2	21	0.0	8	3.33	32.55	1.67	0.00	*0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Salad Bar 5 Veg Daily (2)	1 cup	250	50	0	128	2.32	1.04	27.8	588	17.29	*2	1.75	10.74	0.2	0.05	*0.00
Hummus Box	1 box	50	57	3	126	1.50	0.43	51.6	25	0.2	1	3.01	6.67	2.51	0.76	0.00
Weighted Daily Average % of Calories			627	*31	893	*8.12	3.21	447.9	1269	80.49	*39 *24.6%	25.15 16.1%	120.10 76.7%	7.55 10.8%	*2.15 *3.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 04/25/2018																
Elementary Lunch-Traditional	Total	300														
Orange Chicken, Rice, Veg	8 oz	250	260	36	371	2.23	2.34	32.8	552	33.63	*12	13.44	43.72	3.25	0.58	*0.00
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Salad Bar 5 Veg Daily (3)	1 cup	250	76	0	42	2.47	*0.67	16.8	2466	18.17	*0	2.45	15.83	*0.85	0.12	*0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00
Weighted Daily Average % of Calories			631	*75	656	*7.83	*3.98	441.3	3723	*74.80	*42 *26.6%	28.94 18.3%	110.96 70.3%	*8.57 *12.2%	*3.07 *4.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Santa Monica-Malibu USD

Apr 2, 2018 thru Apr 30, 2018

Planned Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/26/2018																
Elementary Lunch-Traditional	Total	350														
Hot Dog Bun 6" 51% Whole Grai	1 Bun	150	69	0	99	0.86	0.62	25.7	0	5.14	*N/A*	2.57	13.29	0.86	0.00	0.00
Hot Dog, Beef - 8/1 Elementary	2.66 oz	150	103	17	309	0.00	0.46	0.0	0	0.0	*N/A*	3.43	1.71	9.0	3.86	0.00
Hamburger Bun, Whole Wheat	4" bun	150	66	0	137	1.19	0.71	65.7	0	0.0	*N/A*	2.46	11.99	1.06	0.25	0.00
Beef, Patty, Smokey Grilled	3 oz	150	99	30	159	0.00	0.62	8.6	0	0.0	0	6.86	0.0	7.29	3.00	0.43
Hummus Box	1 box	50	49	2	108	1.29	0.37	44.2	21	0.17	1	2.58	5.72	2.15	0.65	0.00
ZUCCHINI SQUASH: boiled	0.5 CUP	250	13	0	3	0.86	0.32	15.4	957	11.06	1	0.98	2.31	0.31	0.06	0.00
Milk Variety Daily 2018	8 oz.	250	79	*2	100	0.00	0.00	226.2	357	1.14	11	6.43	11.43	0.6	0.36	0.00
Fruit Variety Daily salad bar	4 oz	250	84	*0	28	*1.88	0.24	16.9	57	15.29	*10	0.39	20.81	0.19	*0.01	*0.00
Salad Bar 5 Veg Daily (1)	1 cup	250	12	0	18	0.42	0.16	8.3	720	6.06	*0	0.53	2.35	0.15	0.01	*0.00
Weighted Daily Average			572	*52	959	*6.49	3.49	411.1	2112	38.86	*23	26.23	69.60	21.60	*8.19	*0.43
% of Calories											*16.0%	18.3%	48.7%	34.0%	*12.9%	*0.7%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 04/27/2018																
Elementary Lunch-Traditional	Total	300														
Pappa John's Pepperoni Pizza	1 slice	250	325	25	842	1.67	2.25	208.3	417	3.0	*N/A*	14.17	35.0	14.17	5.00	0.00
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Salad Bar 5 Veg Daily (2)	1 cup	250	50	0	128	2.32	1.04	27.8	588	17.29	*2	1.75	10.74	0.2	0.05	*0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00
Weighted Daily Average			670	*64	1213	*7.12	4.26	627.9	1711	*43.29	*31	28.97	97.15	18.84	*7.42	*0.00
% of Calories											*18.7%	17.3%	58.0%	25.3%	*10.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 04/30/2018																
Elementary Lunch-Traditional	Total	300														
Roasted Chicken	3 oz	250	138	83	79	0.00	0.83	0.8	88	0.83	0	15.83	0.0	8.33	2.92	0.00
Mashed Potato	1/2 cup	250	58	0	96	0.83	0.16	6.0	2	5.36	1	0.83	12.5	0.0	0.00	0.00
CORN,SWEET YELLOW,CANN ED,DRAIN	.5 CUP	250	46	0	140	1.37	0.18	2.1	31	1.23	3	1.56	9.8	0.83	0.17	0.00
Milk Variety Daily 2018	8 oz.	300	110	*3	140	0.00	0.00	316.7	500	1.6	15	9.0	16.0	0.83	0.50	0.00
Fruit Variety Daily salad bar	4 oz	300	118	*0	39	*2.63	0.33	23.6	79	21.4	*13	0.55	29.13	0.26	*0.01	*0.00
Salad Bar 5 Veg Daily (1)	1 cup	300	17	0	25	0.59	0.23	11.7	1008	8.49	*1	0.74	3.28	0.21	0.02	*0.00
Protein Box/Bagel	5.8 oz	50	67	35	64	*0.50	0.64	51.5	126	*0.0	*1	3.51	6.28	3.38	1.86	0.00

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			555	*122	583	*5.92	2.37	412.4	1834	*38.91	*34	32.03	76.99	13.85	*5.48	*0.00
% of Calories											*24.4%	23.1%	55.5%	22.5%	*8.9%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			647	*66	1035	*60.77	*3.79	*564.9	*2364	*53.87	*33	31.01	99.13	*15.26	*5.40	*0.05
											*46.3%	19.2%	61.3%	*21.2%	*7.5%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	647		550 - 650	100%				
Cholesterol (mg)	66				Missing			
Sodium (mg)	1035		1230					
Fiber (g)	60.77				Missing			
Iron (mg)	3.79				Missing			
Calcium (mg)	564.9				Missing			
Vitamin A (IU)	2364				Missing			
Sugars (g)	33	20.58%			Missing			
Vitamin C (mg)	53.87				Missing			
Protein (g)	31.01	19.16%						
Carbohydrate (g)	99.13	61.25%						
Total Fat (g)	15.26	21.22%						
Saturated Fat (g)	5.40	7.50%	<10.00%		Missing			
Trans Fat ¹ (g)	0.05	0.08%			Missing			

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