

# SMMUSD-Elementary Lunch Menu

# April 2018







Varieties of Milk offered daily: 1% white-(Breakfast & Lunch)  
 Nonfat White (Breakfast & Lunch) Non-fat chocolate-(lunch only)

\*Menu Subject to change

SPRING BREAK-MARCH 26-APRIL 6, 2018



= Meatless Meal

9	10	11	12	13
<b>Bosco Cheese Sticks w/ Marinara Sauce</b> Italian Vegetable Medley Fresh Fruit and Veggie Bar  Or Turkey & Cheese Sandwich Palitos de Queso con Salsa Marinara	<b>BUILD YOUR OWN BURGER</b> Baked Potato Wedges Fresh Fruit and Veggie Bar  Haga su Propio Hamburguesa	<b>Brunch For Lunch</b> <b>French Toast Sticks</b> Beef Sausage Patty  100% Juice Fresh Fruit and Veggie Bar Peach Compote Palitos de Pan Toastado Frances	<b>Teriyaki Chicken</b> Vegetable Fried Rice Steamed Broccoli Fresh Fruit and Veggie Bar  Piezas de Pollo Con Salsa Teriyaki	<b>Pizza Friday!</b> <b>Domino's Pizza at:</b> Franklin, McKinley, Roosevelt, Muir Cabrillo, Pt. Dume, and Webster <b>Papa John's Pizza at:</b> Edison, Rogers, Grant Fresh Fruit and Veggie Bar Tossed Green Salad Pizza de Domino's Y Papa John's

16	17	18	19	20
<b>Veggie Chili w/ Baked Potato &amp; Cheese</b> Fresh Fruit and Veggie Bar Or Tuna Salad Sandwich Chili Vegetariano	<b>Burrito Bar</b> Flour Tortilla Spanish Rice, Corn Fresh Fruit and Veggie Bar  Barra de Burrito	<b>Pasta Bar</b> Vegetable Medley Chicken Cesar Salad Fresh Fruit and Veggie Bar  Barra de Pasta	<b>Crispy Chicken Sandwich</b> w/Sweet Potato Fries Fresh Fruit and Veggie Bar Or Chef Salad Sandwich de Pollo	<b>Pizza Friday!</b> <b>Domino's Pizza at:</b> Edison, Rogers, Grant Cabrillo, Pt. Dume, and Webster <b>Papa John's Pizza at:</b> Franklin, McKinley, Roosevelt, Muir Fresh Fruit and Veggie Bar Pizza de Domino's Y Papa John's

23	24	25	26	27
<b>Home Style Macaroni &amp; Cheese</b> Yummy Green Beans Fresh Fruit and Veggie Bar  Macaron y Queso	<b>Brunch For Lunch</b> <b>Waffle Sticks</b> Canadian Turkey Bacon 100% Juice Fresh Fruit and Veggie Bar  Palitos de Waffle	<b>Orange Chicken</b> Brown Rice Steamed Broccoli Fresh Fruit and Veggie Bar  Piezas de Pollo a Savor de Naranja	<b>Hot Dogs and Hamburgers</b> w/Baked Beans Fresh Fruit and Veggie Bar Or Broccoli Slaw Perro Caliente y Hamburguesa de Res	<b>Pizza Friday!</b> <b>Domino's Pizza at</b> Franklin, McKinley, Roosevelt, Muir Cabrillo, Pt. Dume, and Webster <b>Papa John's Pizza at</b> Edison, Rogers, Grant Fresh Fruit and Veggie Bar Tossed Green Salad Pizza de Domino's Y Papa John's

30
<b>Lemon Garlic Chicken</b> Mashed Potatoes Corn, Dinner Roll Fresh Fruit and Veggie Bar Or Bean & Cheese Burrito Pollo Horneado con Limon y Ajo



**Vegetarian Options:**  
**Monday-**Grilled Cheese  
**Tuesday-**Hummus Box  
**Wednesday-**Protein Box w/Bagel  
**Thursday-** Bean Taco  
**Friday-** Power Pack  
*1/2 cup serving of fruits/vegetables will be served with breakfast & lunch*  
*\*Specialty Salad offered Every Wednesday*  
*\*Deli Sandwiches offered Daily*  
*\*Yogurt Parfait*

**MEAL PRICES**

Elementary Full Price Breakfast- \$1.25  
 Secondary Full Price Breakfast- \$1.50  
 Reduced Breakfast-\$0.30

Elementary Full Price Lunch-\$3.00  
 Secondary Full Price Lunch-\$3.50  
 Reduced Lunch-\$0.40

Adult Prices: Breakfast-\$2.25  
 Lunch-\$4.25

Prepay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)








## HARVEST OF THE MONTH

**Health and Learning Success Go Hand-in-Hand:** Eating a balanced diet rich in fruits, vegetables, and whole grains supports a healthy body and mind. With Harvest of the Month, your family can explore, taste, and learn about fruits and vegetables and being active every day.



### Facts about Carrots:

- Carrots originated in central Asia, near Afghanistan. The carrot is a root vegetable of the Apiaceae family. The edible part of the carrot is known as the “taproot”
- Carrots are also very high in Vitamin A, C, K and Fiber.
- Carrots grow best in temperatures between 60 to 70 degrees Fahrenheit.

 Cycle Date	2-Week Cycle Elementary Breakfast Menu 				
	 Menu is Subject to Change without notice				
<b>Cycle 1</b> Apr. 9-13 Apr. 23-27	Coffee Cake Or Cereal w/ Graham Crackers	Biscuit w/Sausage Or Cereal w/ String Cheese	Homemade Breakfast Burrito Or Cereal w/ Graham Crackers	Assorted Muffin w/ Yogurt Or Cereal w/ String Cheese	Zucchini Bread Or Cereal w/ Graham Crackers
<b>Cycle 2</b> Apr.-16-20 Apr. 30-May4	Ham & Cheese Egg Biscuit Or Cereal w/ String Cheese	Belgian Waffle Or Cereal w/ Graham Crackers	Banana Bread Or Cereal w/ String Cheese	French Toast Sticks Or Cereal w/ Graham Crackers	Build Your Own Yogurt Parfait Or Cereal w/ String Cheese

**Offered with Every Breakfast:** Fruit: Assorted 4oz juice, fresh, or canned - Milk offered Daily: 1% and nonfat white

Prepay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)

Opt out of Nonfat Chocolate Milk via email at [fns@smmusd.org](mailto:fns@smmusd.org)

Did you know? You may qualify for CalFresh and/or Affordable Health Care Benefits? Visit Virginia Avenue Park Tuesdays, 8 am- 5 pm. For more information/appointments call 310-458-8688