

# Santa Monica-Malibu USD

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 05/01/2017																
Elementary Lunch-Traditional	Total	300														
Bosco Stick & 2oz Marinara Cup	1 ea	250	287	25	566	4.16	2.10	349.9	499	4.97	*4	17.5	34.14	9.58	4.17	0.00
Baby Carrots	3 oz	300	35	0	65	2.00	0.36	20.0	6000	6.0	*N/A*	1.0	8.0	0.0	0.00	0.00
Sliced Apples	2 oz	300	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	*N/A*	*N/A*
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Grilled Cheese Sandwich	4.19 oz	50	47	5	97	0.50	0.27	77.7	4358	0.0	1	3.09	5.16	1.65	0.93	0.00
Weighted Daily Average			588	*34	1032	11.66	3.27	783.4	11411	149.37	*28	30.56	79.28	17.12	*6.10	*0.00
% of Calories											*19.3%	20.8%	53.9%	26.2%	*9.3%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 05/02/2017																
Elementary Lunch-Traditional	Total	300														
Mini Corn Dogs WG, RF, Chicken	6 pop dogs	250	226	31	351	3.76	1.81	125.5	0	0.0	5	8.78	25.09	10.04	3.14	0.00
Veggie Beans	100 g	300	89	0	355	3.22	3.00	61.3	573	1.61	0	4.83	17.74	0.4	0.00	0.00
Bananas, Raw	1/2 cup	300	67	0	1	2.00	0.20	40.0	100	0.0	2	0.82	17.13	0.25	0.08	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Grilled Cheese Sandwich	4.19 oz	50	47	5	97	0.50	0.27	77.7	4358	0.0	1	3.09	5.16	1.65	0.93	0.00
Weighted Daily Average			614	*40	1109	12.48	5.64	630.3	5535	16.41	25	26.50	89.11	18.23	5.15	0.00
% of Calories											16.5%	17.3%	58.1%	26.7%	7.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 05/03/2017																
Elementary Lunch-Traditional	Total	300														
CHICKEN NUGGETS	5 pieces	250	183	37	542	0.83	1.50	16.7	83	1.0	*N/A*	11.67	12.5	10.0	2.08	*N/A*
Criss Cut Fries	4 pieces	300	120	0	320	1.00	0.36	0.0	*N/A*	0.0	*N/A*	1.0	14.0	6.0	1.50	2.00
Grapes, Lunch Bunch	1/4 cup	300	40	0	6	*N/A*	0.00	10.0	45	0.6	9	0.0	10.0	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Grilled Cheese WG W/ RS Mozz	1 Sandwich	50	47	5	98	0.50	0.28	78.3	4395	0.0	1	3.12	5.2	1.67	0.93	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Santa Monica-Malibu USD**

**May 1, 2017 thru May 31, 2017**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			576	*46	1270	*5.34	2.50	430.8	*5027	16.39	*27 *18.9%	24.76 17.2%	65.69 45.6%	23.56 36.8%	5.52 8.6%	*2.00 *3.1%
Nutrient Guideline			550-650		1230											<10.00

Thu - 05/04/2017																
Elementary Lunch-Traditional	Total	300														
Turkey Taco Meat	2.97 oz	250	92	42	325	0.00	1.20	33.3	167	0.0	*N/A*	13.33	2.5	3.33	0.83	0.00
Tortilla WW Flour 8"	Tortilla	250	93	0	161	2.50	0.90	91.7	4	0.0	1	3.33	15.83	2.5	0.00	0.00
Refried Pinto Beans	.5 cup	300	103	0	140	5.50	1.75	52.0	0	1.1	*N/A*	5.83	18.3	0.97	0.20	0.00
Peaches, Diced Yellow LS	1/2 cup	300	70	0	10	1.00	0.00	0.0	300	1.2	16	1.0	17.0	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Grilled Cheese WG W/ RS Mozz	1 Sandwich	50	47	5	98	0.50	0.28	78.3	4395	0.0	1	3.12	5.2	1.67	0.93	0.00
Weighted Daily Average % of Calories			590	*50	1038	12.50	4.49	581.2	5370	17.10	*35 *23.8%	35.59 24.1%	82.82 56.1%	14.36 21.9%	2.98 4.5%	0.00 0.0%
Nutrient Guideline			550-650		1230											<10.00

Fri - 05/05/2017																
Elementary Lunch-Traditional	Total	300														
Tony's Thin Crust Cheese Pizza	1 slice	300	300	25	580	4.00	1.80	250.0	300	0.0	14	16.0	35.0	11.0	5.00	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Tomatoes, Grape	1/2 cup	300	9	0	0	0.00	0.00	0.0	0	0.0	0	6.0	6.0	0.0	0.00	0.00
Frozen Juice Cup	1/2 cup	300	70	0	10	3.00	0.30	72.3	612	69.85	*N/A*	0.0	18.0	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Weighted Daily Average % of Calories			514	*28	733	10.00	2.46	648.2	1411	84.64	*30 *23.6%	30.98 24.1%	80.96 63.0%	11.83 20.7%	5.50 9.6%	0.00 0.0%
Nutrient Guideline			550-650		1230											<10.00

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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**May 1, 2017 thru May 31, 2017**

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Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 05/08/2017</b>																
Elementary Lunch-Traditional	Total	300														
Grilled Cheese WG W/ RS Mozz	1 Sandwich	250	236	27	488	2.52	1.38	391.5	21975	0.0	5	15.59	26.02	8.33	4.67	0.00
Baby Carrots	3 oz	300	35	0	65	2.00	0.36	20.0	6000	6.0	*N/A*	1.0	8.0	0.0	0.00	0.00
Ranch Dressing, Light	1 oz	300	101	0	324	0.00	0.00	0.0	10	0.0	2	0.0	4.05	10.12	1.01	0.00
STRAWBERRIES,FRESH	1/2 CUP	300	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Quesadilla Twice Grilled	4.11 oz	50	48	4	99	0.54	0.30	84.8	101	1.03	*N/A*	3.52	5.11	1.68	1.10	0.00
Weighted Daily Average			578	*34	1119	9.50	2.69	833.7	28593	64.16	*27	29.57	70.67	21.18	7.29	0.00
% of Calories											*18.4%	20.5%	48.9%	33.0%	11.4%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

<b>Tue - 05/09/2017</b>																
Elementary Lunch-Traditional	Total	300														
Turkey Pepperoni Calzone WG RF	156g	250	308	21	500	4.17	2.25	291.7	625	45.0	3	18.33	41.67	9.17	3.33	0.00
GREEN BEANS: canned,cooked	1/2 CUP	300	7	0	85	0.64	0.30	8.8	118	1.45	*N/A*	0.41	1.52	0.03	0.01	*N/A*
PEACHES: canned,light syrup	1/2 CUP	300	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Quesadilla Twice Grilled	4.11 oz	50	48	4	99	0.54	0.30	84.8	101	1.03	*N/A*	3.52	5.11	1.68	1.10	0.00
Weighted Daily Average			616	*28	994	9.98	3.67	714.9	1791	65.29	*37	31.80	90.54	16.81	5.44	*0.00
% of Calories											*24.2%	20.6%	58.8%	24.5%	7.9%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 05/10/2017</b>																
Elementary Lunch-Traditional	Total	300														
Orange Flavored Chicken	3.6 oz	250	125	33	233	0.00	0.60	0.0	42	1.0	8	9.17	15.83	2.5	0.42	0.00
Brown Rice	.5 cup	250	108	0	8	0.83	0.00	0.0	0	0.0	0	2.5	22.5	0.83	0.00	0.00
Broccoli Florets FZN 30lb	1/2 cup	300	26	0	22	3.00	0.56	47.0	930	37.0	1	3.0	5.0	0.0	0.00	0.00
ORANGES	1/2 cup	300	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Quesadilla Twice Grilled Break	1 sandwich	50	25	2	50	0.29	0.16	42.7	50	0.54	*N/A*	1.79	2.66	0.84	0.54	0.00
Weighted Daily Average			514	*39	618	9.42	1.77	454.0	1742	104.41	*36	26.33	81.26	10.18	1.98	0.00
% of Calories											*27.7%	20.5%	63.2%	17.8%	3.5%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

<b>Thu - 05/11/2017</b>																
Elementary Lunch-Traditional	Total	300														
Chicken Fajita Meat	3 ounces	250	108	67	275	0.00	0.30	0.0	0	0.0	*N/A*	13.33	1.67	5.83	1.67	0.00
Tostada Bowl	1 Bowl	250	92	0	4	0.00	0.30	16.7	0	0.0	*N/A*	0.83	11.67	4.17	0.00	0.00
Refried Pinto Beans	.5 cup	300	103	0	140	5.50	1.75	52.0	0	1.1	*N/A*	5.83	18.3	0.97	0.20	0.00
Apples 2 oz Sliced	1/2 cup	300	34	0	0	2.00	0.18	10.0	50	123.6	*N/A*	0.0	8.0	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Quesadilla Twice Grilled Break	1 sandwich	50	25	2	50	0.29	0.16	42.7	50	0.54	*N/A*	1.79	2.66	0.84	0.54	0.00
Weighted Daily Average			547	*72	774	10.78	3.05	447.3	604	140.04	*17	30.76	66.28	17.71	3.42	0.00
% of Calories											*12.7%	22.5%	48.5%	29.1%	5.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/12/2017																
Elementary Lunch-Traditional	Total	300														
Big Daddy's Cheese Pizza	1/8 pizza	300	360	35	600	3.00	2.70	450.0	400	0.0	9	21.0	34.0	16.0	7.00	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Tomatoes, Grape	1/2 cup	300	9	0	0	0.00	0.00	0.0	0	0.0	0	6.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Pineapple Tidbits, LS, Canned	1/2 cup	300	100	0	0	1.00	0.72	0.0	110	6.0	22	0.0	24.0	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Weighted Daily Average			654	*38	905	7.00	3.78	775.9	1014	20.80	48	35.98	87.99	21.89	8.00	0.00
% of Calories											29.5%	22.0%	53.8%	30.1%	11.0%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Mon - 05/15/2017																
Elementary Lunch-Traditional	Total	300														
Macaroni and Cheese w/ WG & RF	2/3 cup	250	242	25	816	0.83	0.90	333.1	666	0.0	*N/A*	13.33	26.65	9.16	5.00	0.00
Baby Carrots	2/3 cup	300	35	0	65	2.00	0.36	20.0	6000	6.0	*N/A*	1.0	8.0	0.0	0.00	0.00
Hawaiian Roll	1 oz	300	77	0	129	0.34	0.72	41.4	*N/A*	0.0	*N/A*	2.1	13.76	1.29	0.32	*N/A*
Grapes, Lunch Bunch	1/4 cup	300	40	0	6	*N/A*	0.00	10.0	45	0.6	9	0.0	10.0	0.0	0.00	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average			634	*32	1403	*7.34	2.79	763.7	*7215	21.80	*26	27.73	89.73	18.02	7.15	*0.00
% of Calories											*16.6%	17.5%	56.6%	25.6%	10.1%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 05/16/2017																
Elementary Lunch-Traditional	Total	300														
Corn Dog Turkey	1 Corn Dog	250	225	25	617	0.83	2.25	66.7	0	0.0	*N/A*	8.33	22.5	11.67	3.33	0.00
Veggie Beans	100 g	300	89	0	355	3.22	3.00	61.3	573	1.61	0	4.83	17.74	0.4	0.00	0.00
ORANGES	1/2 cup	300	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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**Santa Monica-Malibu USD**

**May 1, 2017 thru May 31, 2017**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			599	*32	1358	10.52	6.16	525.6	1292	67.88	*26	25.38	82.84	19.74	5.19	0.00
% of Calories											*17.5%	16.9%	55.3%	29.7%	7.8%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 05/17/2017																
Elementary Lunch-Traditional	Total	300														
Pasta w/ Meat Sauce Turkey	1 cup	250	311	44	236	4.17	3.19	47.0	136	5.11	*2	19.96	37.39	8.45	2.84	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Tomatoes, Grape	1/2 cup	300	9	0	0	0.00	0.00	0.0	0	0.0	0	6.0	6.0	0.0	0.00	0.00
Hawaiian Roll	1 oz	300	77	0	129	0.34	0.72	41.4	*N/A*	0.0	*N/A*	2.1	13.76	1.29	0.32	*N/A*
PEARS,FRESH	1 EACH	300	95	0	2	5.15	0.30	14.9	42	7.14	16	0.6	25.28	0.23	0.04	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average			732	*50	754	13.82	5.02	462.5	*682	27.45	*35	39.97	113.75	17.53	5.03	*0.00
% of Calories											*19.2%	21.8%	62.1%	21.5%	6.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 05/18/2017																
Elementary Lunch-Traditional	Total	300														
Chicken Taquito WG	3.48 oz	250	175	12	225	2.50	1.20	33.3	167	0.0	0	7.5	22.5	6.67	1.25	0.00
SPANISH RICE	1/4 CUP	250	52	0	148	0.61	0.70	7.5	182	5.27	*0	1.1	10.41	0.61	0.09	*0.00
PLUMS,FRESH	1 EACH	300	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average			497	*19	759	8.20	2.82	404.0	1080	26.73	*24	20.37	71.77	15.02	3.19	*0.00
% of Calories											*19.5%	16.4%	57.7%	27.2%	5.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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**Santa Monica-Malibu USD**

**May 1, 2017 thru May 31, 2017**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Fri - 05/19/2017</b>																
Elementary Lunch-Traditional	Total	300														
Tony's Thin Crust Cheese Pizza	4.5 oz	250	250	21	483	3.33	1.50	208.3	250	0.0	12	13.33	29.17	9.17	4.17	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Tomatoes, Grape	1/2 cup	300	9	0	0	0.00	0.00	0.0	0	0.0	0	6.0	6.0	0.0	0.00	0.00
Apples, Sliced	1/2 cup	300	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	*N/A*	*N/A*
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average			533	*27	870	9.50	2.49	577.5	804	138.79	35	30.64	74.49	16.73	*6.00	*0.00
% of Calories											26.2%	23.0%	55.9%	28.2%	*10.1%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

<b>Mon - 05/22/2017</b>																
Elementary Lunch-Traditional	Total	300														
Senor Felix Bean & Cheese Bur	5.75 oz	250	275	17	408	5.83	2.25	166.7	0	2.0	0	11.67	36.67	8.33	4.17	0.00
MEXICALI CORN	1/4 CUP	250	36	2	115	0.79	0.35	3.6	142	5.93	*0	0.95	6.67	1.12	0.54	*0.03
PLUMS,FRESH	1 EACH	300	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Hummus Box	1 box	50	67	3	147	1.99	0.52	56.5	25	0.2	1	3.51	8.8	2.68	0.76	0.00
Weighted Daily Average			594	*25	975	12.54	3.59	556.6	898	29.20	*25	25.56	83.66	18.21	6.48	*0.03
% of Calories											*16.8%	17.2%	56.3%	27.6%	9.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

<b>Tue - 05/23/2017</b>																
Elementary Lunch-Traditional	Total	300														
CHEESEBURGER ON A BUN	1 EACH	250	328	65	605	0.63	2.53	302.7	305	0.46	3	18.98	18.67	19.3	8.87	*0.28
Baked Potato Smiles	2.41 oz	300	131	0	181	2.01	0.36	0.0	0	2.41	0	2.01	20.09	4.52	0.50	0.00
PEARS,FRESH	1 EACH	300	95	0	2	5.15	0.30	14.9	42	7.14	16	0.6	25.28	0.23	0.04	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Hummus Box	1 box	50	67	3	147	1.99	0.52	56.5	25	0.2	1	3.51	8.8	2.68	0.76	0.00

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**Santa Monica-Malibu USD**

**May 1, 2017 thru May 31, 2017**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			806	*71	1239	12.78	4.07	700.0	875	25.00	37	34.07	96.83	32.62	11.17	*0.28
% of Calories											18.6%	16.9%	48.0%	36.4%	12.5%	*0.3%
Nutrient Guideline			550-650		1230											<10.00

Wed - 05/24/2017																
Elementary Lunch-Traditional	Total	300														
Waffle stix	2 each	250	117	0	208	1.67	0.90	16.7	21	0.0	4	3.33	22.5	1.67	0.00	0.00
Turkey Sausage Patties Cooked	2 patties	250	118	45	243	0.00	1.67	18.3	63	0.0	2	13.33	1.67	6.67	1.83	0.00
Tater Tots	2.52 oz	300	131	0	312	2.01	0.00	0.0	0	3.62	0	2.01	16.1	6.04	1.01	0.00
Juice, Assorted 2016-2017	4 oz	300	75	0	19	0.00	0.00	13.3	134	40.05	*9	1.0	19.02	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Hummus Box	1 box	50	67	3	147	1.99	0.52	56.5	25	0.2	1	3.51	8.8	2.68	0.76	0.00
Weighted Daily Average			694	*51	1235	8.67	3.45	430.7	746	58.67	*33	32.16	92.08	22.94	4.60	0.00
% of Calories											*19.2%	18.5%	53.1%	29.8%	6.0%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Thu - 05/25/2017																
Elementary Lunch-Traditional	Total	300														
Taco Salad with Turkey	4 oz	250	72	23	219	1.21	1.47	62.2	522	2.76	*1	8.74	4.88	2.28	0.78	*0.00
Refried Pinto Beans	.5 cup	300	103	0	140	5.50	1.75	52.0	0	1.1	*N/A*	5.83	18.3	0.97	0.20	0.00
Tortilla Chips	1 oz	250	113	*N/A*	50	1.67	0.33	15.0	83	0.83	*N/A*	1.67	15.83	4.17	0.83	*N/A*
APPLES,Fresh	1/2 cup	300	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Hummus Box	1 box	50	67	3	147	1.99	0.52	56.5	25	0.2	1	3.51	8.8	2.68	0.76	0.00
Weighted Daily Average			613	*29	862	16.68	4.60	519.8	1208	26.04	*33	29.08	90.86	16.23	3.61	*0.00
% of Calories											*21.8%	19.0%	59.3%	23.8%	5.3%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

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**Santa Monica-Malibu USD**

**May 1, 2017 thru May 31, 2017**

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 05/26/2017																
Elementary Lunch-Traditional	Total	300														
Big Daddy's Cheese Pizza	1/8 pizza	300	360	35	600	3.00	2.70	450.0	400	0.0	9	21.0	34.0	16.0	7.00	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Tomatoes, Grape	1/2 cup	300	9	0	0	0.00	0.00	0.0	0	0.0	0	6.0	6.0	0.0	0.00	0.00
Frozen Fruit Cup	4 oz	300	55	0	14	0.04	0.00	0.0	182	1.25	10	0.0	15.66	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Weighted Daily Average			610	*38	918	6.04	3.06	775.9	1086	16.04	36	35.98	79.65	21.89	8.00	0.00
% of Calories											23.9%	23.6%	52.3%	32.3%	11.8%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 05/30/2017																
Elementary Lunch-Traditional	Total	300														
Chicken Strips WG	3 pieces	250	201	38	276	1.26	1.36	0.0	0	0.0	3	16.33	10.05	10.05	1.88	0.00
Criss Cut Fries	4 pieces	300	120	0	320	1.00	0.36	0.0	*N/A*	0.0	*N/A*	1.0	14.0	6.0	1.50	2.00
PEARS,FRESH	1 EACH	300	95	0	2	5.15	0.30	14.9	42	7.14	16	0.6	25.28	0.23	0.04	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Yogurt and Pretzel	1 portion	50	48	3	67	0.00	0.18	41.7	17	4.0	*N/A*	1.5	9.17	0.67	0.25	0.00
Weighted Daily Average			649	*44	970	10.40	2.56	382.5	*562	25.93	*36	28.40	82.48	22.84	4.68	2.00
% of Calories											*22.2%	17.5%	50.8%	31.7%	6.5%	2.8%
Nutrient Guideline			550-650		1230											<10.00

Wed - 05/31/2017																
Elementary Lunch-Traditional	Total	300														
BBQ Beef Rib Sandwich	1 each	250	258	*33	592	3.33	*1.50	*0.0	*0	*5.0	5	15.83	28.33	9.17	*3.33	*0.00
Veggie Sticks	1/2 cup	300	24	0	60	1.82	0.21	29.4	7508	3.74	3	0.66	5.31	0.17	0.03	0.00
ORANGES	1/2 cup	300	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Yogurt and Pretzel	1 portion	50	48	3	67	0.00	0.18	41.7	17	4.0	*N/A*	1.5	9.17	0.67	0.25	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			561	*39	1024	10.46	*2.34	*435.3	*8244	*78.61	*34 *24.1%	27.88 19.9%	78.08 55.7%	16.01 25.7%	*4.63 *7.4%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Weighted Average			605	*39	998	*10.26	*3.47	*583.4	*3963	*55.49	*32 *46.9%	30.00 19.8%	83.22 55.0%	18.67 27.8%	*5.51 *8.2%	*0.20 *0.3%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	605		550 - 650	100%				
Cholesterol (mg)	39				Missing			
Sodium (mg)	998		1230					
Fiber (g)	10.26				Missing			
Iron (mg)	3.47				Missing			
Calcium (mg)	583.4				Missing			
Vitamin A (IU)	3963				Missing			
Sugars (g)	32	20.84%			Missing			
Vitamin C (mg)	55.49				Missing			
Protein (g)	30.00	19.83%						
Carbohydrate (g)	83.22	55.00%						
Total Fat (g)	18.67	27.76%						
Saturated Fat (g)	5.51	8.19%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.20	0.29%			Missing			

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