

# SMMUSD-Elementary Lunch Menu

Prepay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)

# June 2017

Last Day of School

June 9th



Varieties of Milk offered daily:  
 1% white- (breakfast & lunch)  
 Nonfat White  
 (breakfast & lunch)  
 Non-fat chocolate-(lunch only)



Menu Subject to Change

		<b>1</b>		<b>2</b>	
		<b>Taco Salad Boat w/ Seasoned Turkey Meat</b> Refried Beans Pineapple Tidbits  Tostada con Carne de Pavo		<b>Pizza Friday! Big Daddy's Cheese Pizza</b> Fresh Green Salad w/ Cherry Tomatoes Frozen Fruit Cup Pizza de Queso de Big Daddy	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	
<b>Bosco Cheese Sticks</b> w/Marinara Sauce Kiwi  Palitos de Queso con Salsa Marinara	<b>Chicken Nuggets</b> Potato Smiles Orange Smiles  Empanada con Salchicha de Pavo	<b>Brunch For Lunch</b> <b>French Toast</b> Turkey Sausage Patty Tater Tots 100% Juice  Palitos de Pan Frances	<b>Turkey &amp; Cheese Sandwich</b> Baby Carrots W/ Low Fat Ranch Dressing Frozen Fruit Cup  Sandwich de Pavo y Queso	<b>Grilled Cheese Sandwich</b> Veggie Stix w/Low Fat Ranch Dressing Sliced Apples  Sandwich de Queso a la Parrilla	

**Vegetarian Options:**  
 5/29-6/1 –Yogurt & Pretzel  
 6/6 - 6/9- Bean & Cheese Burrito

*1/2 cup serving of fruits/vegetables will be served with breakfast & lunch*

Menus & Food & Nutrition Info can be found on our website at [www.smmusd.org/foodservice](http://www.smmusd.org/foodservice)    Suggestions or questions, email: [fns@smmusd.org](mailto:fns@smmusd.org)    This Institution is an Equal Opportunity Provider

2017/18 Meal Application will be available on line at [www.smmusd.org/foodservices](http://www.smmusd.org/foodservices) and at the District Office in July

**Please complete and submit a 2017/18 Meal Application by Sept. 1, 2017.**

**Parents of 5th Graders:** All negative balances must be paid by **June 5, 2017**. Per Board Policy, credit is not available in the Middle Schools (grades 6-8). If there is a negative balance when entering middle school the full price student will not be able to purchase a lunch until the negative balance is paid.

Free/Reduced Price Meal Applications for 2017/18 school year will be mailed in July. Applications will also be available at the District Office, and can also be found on our website at [www.smmusd.org/foodservices](http://www.smmusd.org/foodservices). All school sites will have applications available in August. Please complete and return the 2017/18 application by September 1, 2017 or sooner. It can take up to 10 operating days to process an application.

Positive balances may be transferred to siblings or reimbursed to any non-returning student or graduating seniors. Please send your e-mail request for fund balance transfers or refund requests to: [fns@smmusd.org](mailto:fns@smmusd.org).

**MEAL PRICES**

Elementary Full Price Breakfast-\$1.25  
 Secondary Full Price Breakfast-\$1.50  
 Reduced Breakfast-\$0.30

Elementary Full Price Lunch-\$3.00  
 Secondary Full Price Lunch-\$3.50  
 Reduced Lunch-\$0.40

Adult Prices: Breakfast-\$2.25  
 Lunch-\$4.25

## HARVEST OF THE MONTH

**Health and Learning Success Go Hand-in-Hand:** Eating nutrient-rich foods like fruits and vegetables can help children do better in school. With *Harvest of the Month*, you can set a positive example and put your child on the road to health and learning success.

**Healthy Fun Facts and Serving Ideas:**





**GRAPES** → Grapes appear in many colors. White, red, black, blue, green, purple and golden

Grapes are one of the world's favorite fruits, regularly listed in the top 10.

Add raw grapes to fruit salads, cheese platters, salads, crepes, cakes, tarts, sorbets or set in jelly.

Freeze small clusters of grapes. Serve instead of ice blocks on a hot day or drizzle with melted chocolate and serve as a dessert on their own or with ice cream.



2-Week Cycle Elementary Breakfast Menu					
 Cycle Date	 Menu is Subject to Change without notice	 WITH BREAKFAST			
<b>Cycle 1</b> June 1-2	Coffee Cake Or Cereal w/Graham Crackers	Biscuit w/Sausage Or Cereal w/String Cheese	Breakfast Pizza Bagel Or Cereal w/Graham Crackers	Oatmeal w/Graham Crackers Or Cereal w/String Cheese	Zucchini Bread Or Cereal w/Graham Crackers
<b>Cycle 2</b> June 5-9	Banana Bread Or Cereal w/String Cheese	Belgian Waffle Or Cereal w/Graham Crackers	Breakfast Pizza Bagel Or Cereal w/String Cheese	French Toast Sticks Or Cereal w/Graham Crackers	Build Your Own Yogurt Parfait Or Cereal w/String Cheese
Offered with Every Breakfast: Assorted 4oz juice, fresh, or canned. Milk Offered Daily: 1% or nonfat white					

**Prepay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)**

**Opt out of Nonfat Chocolate Milk via email at [fns@smmusd.org](mailto:fns@smmusd.org)**

**Did you know? You may qualify for CalFresh and/or Affordable Health Care Benefits? Visit Virginia Avenue Park Tuesdays, 8 am- 5 pm. For more information/appointments call 310-458-8688**