

Santa Monica-Malibu USD

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/01/2017																
Elementary Lunch-Traditional	Total	300														
Taco Salad Bowl	4 oz	250	223	26	574	5.09	2.14	161.0	4040	11.77	*1	10.89	13.78	14.98	3.16	*0.00
Refried Pinto Beans	.5 cup	300	103	0	140	5.50	1.75	52.0	0	1.1	*N/A*	5.83	18.3	0.97	0.20	0.00
Pineapple Tidbits, LS, Canned	1/2 cup	300	100	0	0	1.00	0.72	0.0	110	6.0	22	0.0	24.0	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Yogurt and Pretzel	1 portion	50	48	3	67	0.00	0.18	41.7	17	4.0	*N/A*	1.5	9.17	0.67	0.25	0.00
Weighted Daily Average			660	*32	1086	14.59	5.15	580.6	4670	37.67	*41	27.20	89.24	22.51	4.61	*0.00
% of Calories											*24.6%	16.5%	54.1%	30.7%	6.3%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 06/02/2017																
Elementary Lunch-Traditional	Total	300														
Big Daddy Ch/Pepp Pizza 51% Wg	1/8 pizza	300	175	18	325	2.00	1.35	125.0	250	0.6	*N/A*	9.5	17.5	8.0	3.00	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Tomatoes, Grape	1/2 cup	300	9	0	0	0.00	0.00	0.0	0	0.0	0	6.0	6.0	0.0	0.00	0.00
Frozen Fruit Cup	4 oz	300	55	0	14	0.04	0.00	0.0	182	1.25	10	0.0	15.66	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Weighted Daily Average			425	*21	643	5.04	1.71	450.9	936	16.64	*27	24.48	63.15	13.89	4.00	0.00
% of Calories											*25.8%	23.1%	59.5%	29.4%	8.5%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 06/05/2017																
Elementary Lunch-Traditional	Total	300														
Bosco Stick & 2oz Marinara Cup	1 ea	300	345	30	679	4.99	2.52	419.9	599	5.97	*5	20.99	40.96	11.49	5.00	0.00
KIWI FRUIT,(CHINESE GOOSE BERRI	1/2 cup	300	55	0	3	2.70	0.28	30.6	78	83.43	8	1.03	13.19	0.47	0.03	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Santa Monica-Malibu USD

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			585	*33	986	10.69	3.16	776.4	1181	104.19	*30 *20.8%	31.00 21.2%	78.14 53.4%	17.85 27.5%	6.03 9.3%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 06/06/2017																
Elementary Lunch-Traditional	Total	300														
CHICKEN NUGGETS	5 pieces	250	183	37	542	0.83	1.50	16.7	83	1.0	*N/A*	11.67	12.5	10.0	2.08	*N/A*
Potato Smiles	4 pieces	300	130	0	180	2.00	0.36	0.0	0	2.4	*N/A*	2.0	20.0	4.5	0.50	0.00
ORANGES	1/2 cup	300	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average % of Calories			599	*44	1108	9.30	2.77	414.3	803	69.67	*26 *17.6%	25.88 17.3%	75.10 50.2%	22.18 33.3%	4.44 6.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 06/07/2017																
Elementary Lunch-Traditional	Total	300														
Turkey Sausage Patty - Lunch	1.025 oz	250	50	25	83	0.00	0.30	16.7	0	0.0	*N/A*	5.0	0.0	3.33	0.83	0.00
French Toast Sticks WG	2.65 oz	300	160	125	300	3.00	1.60	46.1	200	0.0	5	8.0	24.0	4.5	1.00	0.00
Tater Tots	2.52 oz	300	131	0	312	2.01	0.00	0.0	0	3.62	0	2.01	16.1	6.04	1.01	0.00
Juice, Assorted 2016-2017	4 oz	300	75	0	19	0.00	0.00	13.3	134	40.05	*9	1.0	19.02	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average % of Calories			656	*157	1101	9.18	2.71	435.3	837	58.87	*32 *19.3%	27.32 16.7%	90.44 55.1%	21.43 29.4%	4.68 6.4%	0.00 0.0%
Nutrient Guideline			550-650		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Santa Monica-Malibu USD

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

Page 3

Generated on: 5/30/2017 7:46:00 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 06/08/2017																
Elementary Lunch-Traditional	Total	300														
Turkey Sandwich Sack Lunch	1 sandwich	250	593	49	988	4.45	3.56	557.3	*1096	*11.16	*17	32.1	75.19	18.77	4.69	*0.00
Baby Carrots	3 oz	300	35	0	65	2.00	0.36	20.0	6000	6.0	*N/A*	1.0	8.0	0.0	0.00	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
Frozen Fruit Cup	4 oz	300	55	0	14	0.04	0.00	0.0	182	1.25	10	0.0	15.66	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
4-Way Salad	1/2 cup	300	25	0	3	3.00	0.36	10.0	0	13.2	1	0.0	6.0	0.0	0.00	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average			924	*56	1453	10.66	4.73	936.5	*7782	*33.61	*44	44.41	130.17	26.33	6.53	*0.00
% of Calories											*19.1%	19.2%	56.4%	25.7%	6.4%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 06/09/2017																
Elementary Lunch-Traditional	Total	300														
Grilled Cheese WG RS RF Chs	1 sandwich	250	237	19	473	1.89	0.99	297.3	380	0.0	*N/A*	12.58	25.12	6.57	4.79	0.00
Veggie Sticks	1/2 cup	300	24	0	60	1.82	0.21	29.4	7508	3.74	3	0.66	5.31	0.17	0.03	0.00
sliced apples	1 bag	300	34	0	0	2.00	0.18	10.0	50	123.6	*N/A*	0.0	8.0	0.0	0.00	0.00
Milk Variety 2016-2017	8 oz.	300	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Ranch Dressing, Light	.5 oz	300	51	0	162	0.00	0.00	0.0	5	0.0	1	0.0	2.03	5.06	0.51	0.00
4-Way Salad	1/2 cup	1	0	0	0	0.01	0.00	0.0	0	0.04	0	0.0	0.02	0.0	0.00	0.00
Senor Felix Bean & Cheese Bur	5.75 oz	50	55	3	82	1.17	0.45	33.3	0	0.4	0	2.33	7.33	1.67	0.83	0.00
Weighted Daily Average			510	*26	916	6.89	1.83	685.9	8441	129.38	*19	24.56	63.78	14.30	6.66	0.00
% of Calories											*14.8%	19.2%	50.0%	25.2%	11.7%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			623	*53	1042	9.48	3.15	611.4	*3522	*64.29	*31	29.26	84.29	19.79	5.28	*0.00
											*45.3%	18.8%	54.1%	28.6%	7.6%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Santa Monica-Malibu USD

Jun 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

Elementary Lunch-Traditional

Weighted Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	623		550 - 650	100%													
Cholesterol (mg)	53				Missing												
Sodium (mg)	1042		1230														
Fiber (g)	9.48																
Iron (mg)	3.15																
Calcium (mg)	611.4																
Vitamin A (IU)	3522				Missing												
Sugars (g)	31	20.13%			Missing												
Vitamin C (mg)	64.29				Missing												
Protein (g)	29.26	18.80%															
Carbohydrate (g)	84.29	54.15%															
Total Fat (g)	19.79	28.60%															
Saturated Fat (g)	5.28	7.63%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%			Missing												

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.