
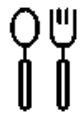

 = New Item
 = Meatless






















GRANT February Lunch Menu



I live less than 225 miles away, so all of my fruits and vegetables are local! 



| | | | | | | | | | |
|--|--|---|--|---|--|--|--|---|--|
| <p>WEDNESDAY 2/1 Pasta w/ Meat Sauce Aloha Roll Pear Or Yogurt & Pretzel <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>THURSDAY 2/2 Chicken Fajita Fiesta Corn Flour Tortilla Cara Cara Orange Or  Protein box + Bagel <i>Fresh fruit & Salad Bar on the side</i></p> | | <p>FRIDAY 2/3  Big Daddy Cheese Pizza Green Salad + Cherry Tomatoes Sliced Apples <i>Fresh fruit & Salad bar on the Side</i></p> | | | | | |
| | | <p>MONDAY 2/6  Grilled Cheese Sandwich Baby Carrots w/ Low Fat Ranch Peaches Or Cheese Quesadilla <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>TUESDAY 2/7 Turkey Pepperoni Pizza Pocket Green Beans Gold Nugget Mandarins Or Bean & Cheese Burrito <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>WEDNESDAY 2/8 Baked Chicken Mash Potatoes w/ gravy Aloha Roll & Apple Or Yogurt & Pretzel <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>THURSDAY 2/9 Tostada Boat Seasoned Turkey Taco Meat + Refried Beans & Pineapple Tidbits Or  Hummus Box <i>Fresh Fruit & Salad Bar on the Side</i></p> | |
| <p>MONDAY 2/13  Bosco Cheese Sticks Marinara Kiwi Or Cheese Quesadilla <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>TUESDAY 2/14 Cheeseburger on Whole Grain Bun   Baked Potato Smiles V-Day Cookie Strawberries Or Bean & Cheese Burrito <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>WEDNESDAY 2/15 French Toast + Turkey Sausage Patty  Tater Tots 100% Fruit Juice Or Yogurt & Pretzel <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>THURSDAY 2/16 Chicken Fajita Tostada Boat Pinto Beans Apple Slices Or  Protein Box + Bagel <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>FRIDAY 2/17   Big Daddy Cheese Pizza Green Salad + Cherry Tomato Pineapple Tidbits <i>Fresh Fruit & Salad Bar on the Side</i></p> | |
| <p>MONDAY 2/20   NO SCHOOL</p> | | <p>TUESDAY 2/21  BBQ Beef Rib Sandwich Potatoes Wedges Strawberries & Kiwi Or Bean & Cheese Burrito <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>WEDNESDAY 2/22  Teriyaki Chicken Steamed Brown Rice + Broccoli Cara Cara Orange Or Yogurt & Pretzel <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>THURSDAY 2/23 Taco Salad w/ Seasoned Turkey Taco Meat Refried Beans + Tortilla Chips Apples Or  Hummus Box <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>FRIDAY 2/24  Tony's French Bread Cheese Pizza Green Salad + Cherry Tomato Frozen Fruit Cups <i>Fresh Fruit & Salad Bar on the Side</i></p> | |
| <p>MONDAY 2/27  Bean & Cheese Burrito Corn Orange Or Cheese Quesadilla <i>Fresh Fruit & Salad Bar on the side</i></p> | | <p>TUESDAY 2/28 Baked Corn Dogs Baked Seasoned Potato Wedges Pineapple Tidbits Or Bean & Cheese Burrito <i>Fresh Fruit & Salad Bar on the Side</i></p> | | <p>PRICES  Elementary Full Lunch \$3.00 Elementary Reduced Lunch \$0.40 Adult Lunch \$4.25</p> | | <p>FRUIT & SALAD BAR OPTIONS OF THE MONTH FRUITS: ORANGES, MANDARINS VEGETABLES: BROCCOLI, CABBAGE, BEETS, AND DRY BEANS</p> | | <p>DAILY MILK OPTION 1% Low Fat Milk Nonfat Milk Nonfat Chocolate Milk</p> | |



Do you know that your kids
can go to the fruit and salad




February Breakfast Menu



I live less than 225 miles away, so all of
my fruits and vegetables are local!

This institution in an Equal Opportunity Provider

| | | | | |
|---|---|--|--|---|
| <p>Feb 6-10 MONDAY Coffee Cake</p> <p>Feb 13-17 Or / Graham Crackers</p> <p>Feb 20-24</p>  | <p>TUESDAY Biscuit w/ Sausage</p> <p>Or Cereal w/ String Cheese</p>  | <p>WEDNESDAY Breakfast Pizza Bagel</p> <p>Or Cereal w/ Graham Crackers</p>  | <p>THURSDAY Oatmeal w/ Graham Crackers</p> <p>Or Cereal w/ String Cheese</p>  | <p>FRIDAY Zucchini Bread</p> <p>Or Cereal w/ Graham Crackers</p>  |
| <p>Feb 1-3 MONDAY Banana Bread</p> <p>Feb 13-17</p> <p>Feb 27-Mar 3</p> <p>Or Cereal w/ String Cheese</p>  | <p>TUESDAY Belgian Waffle</p> <p>Or Cereal w/ Graham Crackers</p>  | <p>WEDNESDAY Breakfast Pizza Bagel</p> <p>Or Cereal w/ String Cheese</p>  | <p>THURSDAY French Toast Sticks</p> <p>Or Cereal w/ Graham Crackers</p>  | <p>FRIDAY Build Your Own Yogurt Parfait</p> <p>Or Cereal w/ String Cheese</p>  |

PRICES

Elementary Full Breakfast \$1.50
Elementary Reduced Breakfast \$1.25
Adult Breakfast \$2.25

Prepay online at www.myschoolbucks.com

DO YOU KNOW?

You may qualify for CalFresh and/or
affordable Health Care Benefits?

Visit Virginia Avenue Park, Tuesdays,
8 am – 5 pm

For more information/appointments:
Call 310-458-8688

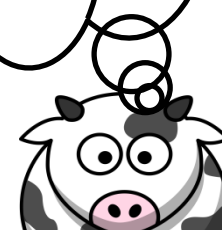
HEALTHY SERVING IDEAS



DAILY MILK OPTIONS

1% Low-fat Milk
Nonfat Milk
Nonfat Chocolate Milk

My milk is hormone



CARA CARA ORANGE

- The color may range from a pinkish to a deep red, much like that of the grapefruit
- These oranges are very low in acid, with a naturally sweet yet tangy flavor
- The seedless reddish-pink flesh is similar to cranberries, strawberries, or raspberries

PRODUCE TIPS

- Their slightly berry-like, sweet flavor tastes delicious when eaten alone and in fruit salads