
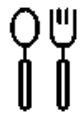
 = New Item  
 = Meatless



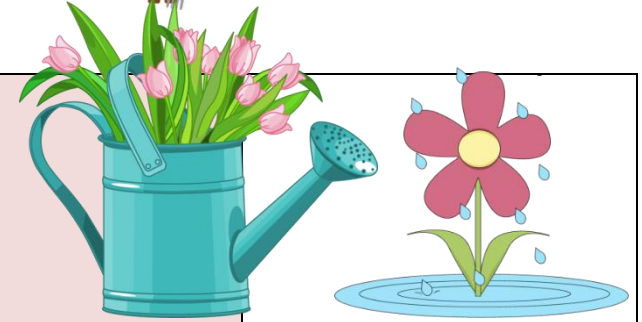
# GRANT'S April Lunch Menu








I live less than 225 miles away, so all of my fruits and vegetables are local!

\*Menu Subject to Change

## SPRING BREAK APRIL 3<sup>RD</sup> - 14<sup>TH</sup> SCHOOL RESUMES APRIL 17<sup>TH</sup>



<p><b>MONDAY 4/17</b>          Grilled Cheese Sandwich          Fresh Baby Carrots          w/Low Fat Ranch Dressing          Peaches</p>  <p>Or          Cheese Quesadilla</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>TUESDAY 4/18</b>          Baked Mini Corn Dogs          Green Beans          Banana</p>  <p>Or          Protein Box</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>WEDNESDAY 4/19</b>          Baked Chicken          Mash Potatoes w/gravy          Aloha Roll          Apple</p>  <p>Or          Bean &amp; Cheese Burrito</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>THURSDAY 4/20</b>          Taco Salad Boat w/ Seasoned          Turkey Meat          Tasty Refried Beans          Pineapple Tidbits</p>  <p>Or          Hummus Box</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>FRIDAY 4/21</b>          Pizza Friday!          Tony's Thin Crust          Cheese Pizza          Fresh Green Salad          w/ Cherry Tomatoes          Frozen Fruit Cup</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>
<p><b>MONDAY 4/24</b>          Bosco Cheese Sticks          w/Marinara Sauce          Kiwi</p>  <p>Or          Cheese Quesadilla</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>TUESDAY 4/25</b>          Cheeseburger on          Whole Grain Bun          Baked Potato Smiles          Strawberries</p>  <p>Or          Protein Box</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>WEDNESDAY 4/26</b>          Brunch For Lunch          French Toast          Turkey Sausage Patty          Tater Tots          100% Juice</p>  <p>Or          Bean &amp; Cheese Burrito</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>THURSDAY 4/27</b>          Chicken Fajita Tostada Boat          Pinto Beans          Apple Slices</p>  <p>Or          Hummus Box</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>	<p><b>FRIDAY 4/28</b>          Big Daddy Cheese Pizza          Cheese Pizza          Fresh Green Salad          w/Cherry Tomatoes,          Pineapple Tidbits</p> <p><i>Fresh Fruit &amp; Salad Bar on the Side</i></p>

### FRUIT & SALAD BAR OPTIONS OF THE MONTH

**FRUITS: ORANGES, TANGERINES, APPLES, PINEAPPLE**

**VEGETABLES: BROCCOLI, CUCUMBERS, CAULIFLOWER, BROCCOLI, CARROTS, AND DRY BEANS**

### DAILY MILK OPTION

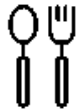
1% Low Fat Milk  
 Nonfat Milk  
 Nonfat Chocolate Milk



Do you know that your kids can go to the fruit and salad bar every day?







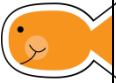





This institution in an Equal



# Grant's April Breakfast Menu



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<p>April 17-21 <b>MONDAY</b> Coffee Cake <i>Or</i> Cereal w/ Graham Crackers</p> 	<p><b>TUESDAY</b> Biscuit w/ Sausage <i>Or</i> Cereal w/ String Cheese</p> 	<p><b>WEDNESDAY</b> Breakfast Pizza Bagel <i>Or</i> Cereal w/ Graham Crackers</p> 	<p><b>THURSDAY</b> Oatmeal w/ Graham Crackers <i>Or</i> Cereal w/ String Cheese</p> 	<p><b>FRIDAY</b> Zucchini Bread <i>Or</i> Cereal w/ Graham Crackers</p> 
<p>April 24-28 <b>MONDAY</b> Banana Bread <i>Or</i> Cereal w/ String Cheese</p> 	<p><b>TUESDAY</b> Belgian Waffle <i>Or</i> Cereal w/ Graham Crackers</p> 	<p><b>WEDNESDAY</b> Breakfast Pizza Bagel <i>Or</i> Cereal w/ String Cheese</p> 	<p><b>THURSDAY</b> French Toast Sticks <i>Or</i> Cereal w/ Graham Crackers</p> 	<p><b>FRIDAY</b> Build Your Own Yogurt Parfait <i>Or</i> Cereal w/ String Cheese</p> 

## PRICES

Elementary Full Breakfast \$1.50  
 Elementary Reduced Breakfast \$1.25  
 Adult Breakfast \$2.25

Prepay online at [www.myschoolbucks.com](http://www.myschoolbucks.com)

## DO YOU KNOW?

You may qualify for CalFresh and/or affordable Health Care Benefits?

Visit Virginia Avenue Park, Tuesdays,

8 am – 5 pm

For more information/appointments:

Call 310-458-8688

## HEALTHY SERVING IDEAS



**STRAWBERRIES** --When ripe, strawberries are bright red, juicy and very sweet.

- The strawberry, a member of the rose family, is the only fruit with seeds on the outside. And on average, there are 200 seeds on each berry
- Eight strawberries will provide 140 percent of the recommended daily intake of Vitamin C
- Strawberries are eaten in a number of different ways including fresh, dried, as a jam, or in a drink

## DAILY MILK OPTIONS

- 1% Low-fat Milk
- Nonfat Milk
- Nonfat Chocolate Milk

My milk is hormone free!!

