






SMMUSD-Elementary Lunch Menu

October 2011

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>Home Style Mac & Cheese w/Tossed Garden Salad Green Apple</p> <p>Macarrones y Queso</p>	<p>4</p> <p>Cool Lunch! w/Teriyaki Chicken And Festive Rice</p>  <p>Piezas de Pollo con Salsa De Teriyaki</p>	<p>5</p> <p>Cool Lunch! w/Chicken Nuggets And Warm Dinner Roll</p> <p>Piezas de Pollo</p>	<p>6</p> <p>Cool Lunch! w/Turkey Taco Bar And Tortilla Chips Salsa</p> <p>Barra de Taco con Carne de Pavo</p>	<p>7</p> <p>Pizza Friday! Thin Crust Cheese Pizza w/Cherry Tomato Salad Frozen Peach Cup</p> <p>Pizza de Queso con Corteza Delgada</p>
<p>10</p> <p>Golden Crispy Chicken Patty Sandwich w/Potato Smiles Red Seedless Grapes</p> <p>Sandwich de Pollo</p>	<p>11</p> <p>Cool Lunch! w/Baked Turkey Corn Dog</p> <p>2010/11 Meal Application Expires</p> <p>Perro Caliente de Pavo Empanizado</p>	<p>12</p> <p>Brunch For Lunch! French Toast Stix w/Turkey Sausage Patty Baked Tater Tots 100% Orange Juice</p> <p>Palitos de Pan Frances</p>	<p>13</p> <p>Cool Lunch! w/Señor Felix Bean & Cheese Burrito Corn Mild Chili Salsa</p> <p>Burrito de Frijoles y Queso</p>	<p>14</p> <p>Pizza Friday! Big Daddy Pizza w/Fresh 3-way Salad Bartlett Pear</p> <p>Pizza de Queso de Big Daddy</p>
Cool Lunch is the Combination of the Best From the Hot Line and the Award Winning Farmers' Market Salad Bar				
<p>17</p> <p>All American Char Broiled Beef Hamburger w/Baked Seasoned Potato Wedges Fuji Apple</p> <p>Hamburguesa de Res a la Parrilla</p>	<p>18</p> <p>Cool Lunch! w/Grilled Cheese Sandwich</p>  <p>Sandwich de Queso a la Parrilla</p>	<p>19</p> <p>Cool Lunch! w/Grilled Honey BBQ Rib Sandwich</p> <p>Sandwich de Costilla a Savor De Miel</p>	<p>20</p> <p>Cool Lunch! w/Chicken Fajitas And Flour Tortilla Zesty Salsa</p> <p>Fajitas de Pollo</p>	<p>21</p> <p>Pizza Friday! Slice of Cheese Pizza w/Fresh Garden Salad Frozen Watermelon Cup</p> <p>Rebanada de Pizza de Queso</p>
<p>24</p> <p>FOOD DAY 3 Cheese Ravioli w/Warm Bread Stick Tamai Farm Salad Greens Nicholas Farm Red Ruby Grapes</p> <p>Macarron de Ravioli de Tres Quesos</p>	<p>25</p> <p>Cool Lunch! w/Turkey Hot Dog And Crinkle Cut Fries</p>  <p>Perro Caliente de Pavo</p>	<p>26</p> <p>Cool Lunch! w/Orange Chicken And Steamed Rice</p>  <p>Pollo a Savor de Naranja</p>	<p>27</p> <p>Cool Lunch! w/ Crunchy Turkey Taco Salsa</p> <p>Taco Dorado de Carne de Pavo</p>	<p>28</p> <p>Pizza Friday! Big Daddy Pizza w/Fresh Garden Salad Orange Slices</p> <p>Pizza de Queso de Big Daddy</p>
<p>31</p> <p>HALLOWEEN Franken Tenders w/Baked Potato Smiles Mummy Roll Cry Baby Sour Apple Cup</p> <p>Piezas de Pollo</p>	<p>Parents, please note that the 10/11 Applications expire the evening of October 11, 2011. Students who have not submitted a 2011/12 meal application will revert to Paid status the morning of October 12, 2011. Please submit your 2011/12 meal application by October 3, 2010 or sooner. It can take up to 10 days to process an application. Applications are on line at www.smmusd.org/foodserves.</p>		 <p>For more information please see the reverse side</p>	

BETTER SCHOOL LUNCHES

Make 1/2 your plate fruits and vegetables with Farmers' Market Salad Bar

Teryaki chicken 4 strips

3 Cheese Ravioli made with whole wheat flour

Frozen Peach and Watermelon Cups 100% juice

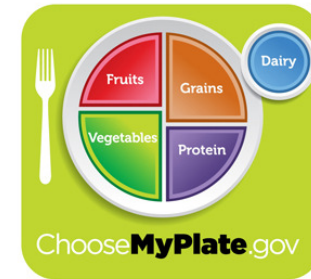
All bread, buns and rolls are whole wheat

No frying

No trans fats

A variety of nonfat and 1% milk offered daily

Featured Farmers' in October: Nicholas Farms & Tamai Farms



Food Day—nationwide campaign for delicious, healthy and affordable food

Second Choice Vegetarian Option

10/3-10/7-Bean Burrito

10/10-10/14-Yogurt & Pretzels

10/17-10/21-Cheese Sticks

10/24-10/28-Toasted Cheese Sandwich

10/31-11/4-Cheese Quesadilla

Elementary Full Price Breakfast-\$1.25

Elementary Full Price Lunch-\$3.00

Secondary Full Price Breakfast-\$1.50

Secondary Full Price Lunch-\$3.50

Reduced Breakfast-\$0..30

Reduced Lunch-\$0.40

Prepay online:www.mylunchmoney.com

Coming soon: Opt out of Nonfat Chocolate Milk