

**ELEMENTARY SCHOOL LUNCH MENU**




**JANUARY 2008**

Menu is subject to change without notice

+++Contains Turkey

\*\*\*Contains Beef

###Contains Chicken

Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Nutritional Analysis	
<p><i>Food and Nutrition Services is Hiring Substitute Employees. Please apply in Person at: Santa Monica-Malibu Unified School District, Classified Personnel-1651 16th Street, Santa Monica, CA 90404 or call (310) 450-8338, ext. 278</i></p> <p>BREAKFAST IS SERVED AT THE FOLLOWING ELEMENTARY SCHOOLS: EDISON, GRANT, MCKINLEY, MUIR AND ROGERS.</p> <p><b>BEGINNING JANUARY 17, 2008 EVERY THURSDAY WILL BE FARMERS MARKET SALAD BAR DAY. FRESH SEASONAL FRUITS AND VEGETABLES WILL ACCOMPANY THE HOT ENTRÉE.</b></p>				<p>HAPPY NEW YEAR!!</p>		
<p><u>January 7</u></p> <p>GRILLED CHEESE SANDWICH w/BAKED POTATO WEDGES SLICED APPLES</p> 	<p><u>January 8</u></p> <p><b>NEW!</b> ***SOUTHWEST PIZZA w/SALAD CUP FRUIT</p>	<p><u>January 9</u></p> <p>BAKED CHICKEN w/MASHED POTATOES WHEAT ROLL FRUIT</p>	<p><u>January 10</u></p> <p>***HAMBURGER ON A WHEAT BUN w/LETTUCE &amp; PICKLE CUP FRUIT</p> <p><b>SOUP &amp; SANDWICH BAR AT WEBSTER</b></p>	<p><u>January 11</u></p> <p>CHEESE PIZZA w/3 WAY SALAD FRUIT</p>	<p><u>Average</u></p> <p>Calories 620 Cholesterol 42 Mg Calcium 527 Mg Vit. A 1196 IU Vit. C 32 Mg</p> <p>Total Fat 27% Sat. Fat 10%</p>	<p><u>RDA</u></p> <p>644 100 267 1055 15</p> <p>&lt;30%&gt; &lt;10%&gt;</p>
<p><u>January 14</u></p> <p>CHICKEN NUGGETS w/BAKED POTATO SMILES FRUIT</p>	<p><u>January 15</u></p> <p>***SPAGHETTI w/SALAD CUP BREAD STICK ICEE JUICEE</p>	<p><u>January 16</u></p> <p>GRILLED CHICKEN SANDWICH ON A WHEAT BUN w/BAKED SWEET POTATO FRIES FRUIT</p>	<p><u>January 17</u></p> <p>FARMERS' MARKET SALAD BAR DAY +++w/TACO BAR</p>  <p><b>SOUP &amp; SALAD BAR AT WEBSTER</b></p>	<p><u>January 18</u></p> <p>CHEESE PIZZA w/MIXED GREEN SALAD FRUIT</p>	<p><u>Average</u></p> <p>Calories 621 Cholesterol 59 Mg Calcium 541 Mg Vit. A 2485 IU Vit. C 29 Mg</p> <p>Total Fat 29% Sat. Fat 9%</p>	<p><u>RDA</u></p> <p>644 100 267 1055 15</p> <p>&lt;30%&gt; &lt;10%&gt;</p>
<p><u>January 21</u></p> <p>MARTIN LUTHER KING'S BIRTHDAY</p> <p>HOLIDAY</p>	<p><u>January 22</u></p> <p><b>NEW!</b> ORANGE CHICKEN w/RICE SALAD FORTUNE COOKIE FRUIT</p>	<p><u>January 23</u></p> <p>BRUNCH FOR LUNCH WAFFLE STICKS w/+++SAUSAGE LINKS HASH BROWNS 100% FRUIT JUICE</p>	<p><u>January 24</u></p> <p>FARMERS' MARKET SALAD BAR DAY w/BAKED CHICKEN TENDERS</p> <p><b>SOUP &amp; SALAD BAR AT WEBSTER</b></p>	<p><u>January 25</u></p> <p>CHEESE PIZZA w/GREEN SALAD ICEE JUICEE</p>	<p><u>Average</u></p> <p>Calories 983 Cholesterol 77 Mg Calcium 529 Mg Vit. A 1264 IU Vit. C 45 Mg</p> <p>Total Fat 29% Sat. Fat 9%</p>	<p><u>RDA</u></p> <p>644 100 267 1055 15</p> <p>&lt;30%&gt; &lt;10%&gt;</p>
<p><u>January 28</u></p> <p>MAC &amp; CHEESE w/GREEN BEANS FRUIT</p>	<p><u>January 29</u></p> <p>MANAGER'S CHOICE</p> <p>MENU WILL BE POSTED IN THE CAFETERIA</p>	<p><u>January 30</u></p> <p>### DOUBLE DOGS w/BABY CARROTS FRUIT</p>	<p><u>January 31</u></p> <p>FARMERS' MARKET SALAD BAR DAY w/CHICKEN O'S</p>  <p><b>SOUP &amp; SALAD BAR AT WEBSTER</b></p>		<p><u>Average</u></p> <p>Calories 651 Cholesterol 59 Mg Calcium 485 Mg Vit. A 1406 IU Vit. C 29 Mg</p> <p>Total Fat 29% Sat. Fat 11%</p>	<p><u>RDA</u></p> <p>644 100 267 1055 15</p> <p>&lt;30%&gt; &lt;10%&gt;</p>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

PLEASE HELP YOUR CHILDREN UNDERSTAND THAT WHEN IT COMES TO SCHOOL, "IT'S NOT OKAY TO BE AWAY." ATTENDANCE LEADS TO SCHOOL SUCCESS.