

***Santa Monica High School
Daily Breakfast Menu
2010/2011***



Offered Daily

Hot Whole Grain Oatmeal (Made Fresh Every Morning)

Fresh Hot Hominy Grits (Made Fresh Every Morning)

Fresh Scrambled Eggs

Cinnamon French Toast

Pancakes

Reduced Fat Grilled Cheese Sandwich

Turkey Sausage

Fresh Whole Fruit

Home style Buttermilk Biscuits

Breakfast Pizza

Assorted Cold Cereals (Whole Grains, Reduced Sugar)

Whole Grain Graham Crackers

1% & Nonfat Milk

Assorted 100% Fruit Juice

All Above Breakfast Include Fresh Baked Potatoes or Fresh Fruit

All Meals Include a Combination of 3 Components

- *Protein*
- *Vegetable*
- *Fruit*
- *Bread*
- *Milk*

Prices: Full Price \$1.50 Reduced Price \$0.50