

**Santa Monica-Malibu USD**

**Nov 1, 2016 thru Nov 30, 2016**

Base Menu Spreadsheet

Elementary Brkfst-Traditional

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/01/2016																
Elementary Brkfst-Traditional	Total	100														
Waffle Stix- Belgian Chef WG	62 g	70	154	0	274	2.19	1.18	21.9	27	0.0	5	4.39	29.61	2.19	0.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			532	*3	458	*6.10	*3.54	*455.3	1410	*118.25	*48	*16.30	*112.14	4.12	0.88	0.00
% of Calories											*35.8%	*12.3%	*84.4%	7.0%	1.5%	0.0%
Nutrient Guideline			350-500		540											<10.00

Wed - 11/02/2016																
Elementary Brkfst-Traditional	Total	100														
Pizza Bagel Breakfast WG	1 Bagel	70	192	15	383	0.90	1.59	217.0	365	3.8	*N/A*	11.65	23.16	5.71	3.01	*N/A*
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
String Cheese, Mozarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			547	*18	501	*4.80	*3.36	*598.2	1411	*120.91	*41	*22.88	*101.72	7.18	3.74	*0.00
% of Calories											*30.4%	*16.7%	*74.4%	11.8%	6.2%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Thu - 11/03/2016																
Elementary Brkfst-Traditional	Total	100														
French Toast Sticks WG	2.65 oz	70	160	125	300	3.00	1.60	46.1	200	0.0	5	8.0	24.0	4.5	1.00	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			536	*91	476	*6.67	*3.83	*472.2	1531	*118.25	*47	*18.83	*108.21	5.73	1.58	0.00
% of Calories											*35.3%	*14.0%	*80.7%	9.6%	2.7%	0.0%
Nutrient Guideline			350-500		540											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Santa Monica-Malibu USD**

**Nov 1, 2016 thru Nov 30, 2016**

Base Menu Spreadsheet

Elementary Brkfst-Traditional

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Fri - 11/04/2016</b>																
Elementary Brkfst-Traditional HOLIDAY	Total SERVING	100 1														
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 11/07/2016</b>																
Elementary Brkfst-Traditional	Total	100														
Coffee Cake WG 4oz	1	70	400	50	360	3.00	1.80	80.0	100	0.0	34	6.0	61.0	15.0	1.50	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			704	*38	518	*6.67	*3.97	*495.9	1461	*118.25	*68	*17.43	*134.11	13.08	1.93	0.00
% of Calories											*38.4%	*9.9%	*76.2%	16.7%	2.5%	0.0%
Nutrient Guideline			350-500		540											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 11/08/2016</b>																
Elementary Brkfst-Traditional	Total	100														
Biscuits, Honey WW	64 g	70	190	0	320	2.00	1.44	150.0	30	1.2	6	4.0	30.0	6.0	2.00	0.00
Turkey Sausage Patty	1.025 oz	70	60	30	100	0.00	0.36	20.0	0	0.0	*N/A*	6.0	0.0	4.0	1.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
String Cheese, Mozzarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			587	*29	527	*5.57	*3.51	*565.3	1177	*119.09	*46	*21.73	*106.51	10.18	3.73	0.00
% of Calories											*31.1%	*14.8%	*72.6%	15.6%	5.7%	0.0%
Nutrient Guideline			350-500		540											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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**Nov 1, 2016 thru Nov 30, 2016**

Base Menu Spreadsheet

Elementary Brkfst-Traditional

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/09/2016																
Elementary Brkfst-Traditional	Total	100														
Pizza Bagel Breakfast WG	1 Bagel	70	192	15	383	0.90	1.59	217.0	365	3.8	*N/A*	11.65	23.16	5.71	3.01	*N/A*
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			559	*14	534	*5.20	*3.82	*591.8	1646	*120.91	*44	*21.38	*107.62	6.58	2.99	*0.00
% of Calories											*31.3%	*15.3%	*77.1%	10.6%	4.8%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Thu - 11/10/2016																
Elementary Brkfst-Traditional	Total	100														
OATMEAL	1 CUP	70	141	0	8	3.85	1.71	26.7	0	0.0	*0	6.13	24.05	2.5	0.44	*0.00
Elf Grahams, Assorted	28 g	70	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
String Cheese, Mozzarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			595	*8	317	*7.79	*4.57	*594.9	1806	*118.25	*47	*20.42	*116.80	7.74	2.64	*0.00
% of Calories											*31.5%	*13.7%	*78.5%	11.7%	4.0%	*0.0%
Nutrient Guideline			350-500		540											<10.00

Fri - 11/11/2016																
Elementary Brkfst-Traditional	Total	100														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540											<10.00

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Base Menu Spreadsheet

Elementary Brkfst-Traditional

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/14/2016																
Elementary Brkfst-Traditional	Total	100														
Banana Bread	3.4 oz	70	280	0	220	2.00	1.08	80.0	100	0.0	25	5.0	44.0	10.0	2.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
String Cheese, Mozzarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			608	*8	387	*5.57	*3.00	*502.3	1226	*118.25	*59	*18.23	*116.31	10.18	3.03	0.00
% of Calories											*38.8%	*12.0%	*76.5%	15.1%	4.5%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 11/15/2016																
Elementary Brkfst-Traditional	Total	100														
Waffle Stix- Belgian Chef WG	62 g	70	154	0	274	2.19	1.18	21.9	27	0.0	5	4.39	29.61	2.19	0.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			532	*3	458	*6.10	*3.54	*455.3	1410	*118.25	*48	*16.30	*112.14	4.12	0.88	0.00
% of Calories											*35.8%	*12.3%	*84.4%	7.0%	1.5%	0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 11/16/2016																
Elementary Brkfst-Traditional	Total	100														
Pizza Bagel Breakfast WG	1 Bagel	70	192	15	383	0.90	1.59	217.0	365	3.8	*N/A*	11.65	23.16	5.71	3.01	*N/A*
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
String Cheese, Mozzarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			547	*18	501	*4.80	*3.36	*598.2	1411	*120.91	*41	*22.88	*101.72	7.18	3.74	*0.00
% of Calories											*30.4%	*16.7%	*74.4%	11.8%	6.2%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 11/17/2016</b>																
Elementary Brkfst-Traditional	Total	100														
French Toast Sticks WG	2.65 oz	70	160	125	300	3.00	1.60	46.1	200	0.0	5	8.0	24.0	4.5	1.00	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			536	*91	476	*6.67	*3.83	*472.2	1531	*118.25	*47	*18.83	*108.21	5.73	1.58	0.00
% of Calories											*35.3%	*14.0%	*80.7%	9.6%	2.7%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Fri - 11/18/2016</b>																
Elementary Brkfst-Traditional	Total	100														
Yogurt, LF Vanilla	8 oz	70	200	5	105	*N/A*	0.00	200.0	1000	0.0	28	7.0	39.0	1.5	1.00	0.00
Granola, LF Fruit	55 g	70	210	0	270	3.00	1.08	20.0	90	0.0	18	4.0	44.0	2.5	0.50	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			711	*7	528	*6.67	*3.46	*593.9	2154	*118.25	*76	*20.93	*149.51	5.38	1.93	0.00
% of Calories											*42.7%	*11.8%	*84.1%	6.8%	2.4%	0.0%
Nutrient Guideline			350-500		540										<10.00	

<b>Mon - 11/21/2016</b>																
Elementary Brkfst-Traditional	Total	100														
Coffee Cake WG 4oz	1	70	400	50	360	3.00	1.80	80.0	100	0.0	34	6.0	61.0	15.0	1.50	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			704	*38	518	*6.67	*3.97	*495.9	1461	*118.25	*68 *38.4%	*17.43 *9.9%	*134.11 *76.2%	13.08 16.7%	1.93 2.5%	0.00 0.0%
Nutrient Guideline			350-500		540											<10.00

Tue - 11/22/2016																	
Elementary Brkfst-Traditional	Total	100															
Biscuits, Honey WW	64 g	70	190	0	320	2.00	1.44	150.0	30	1.2	6	4.0	30.0	6.0	2.00	0.00	
Turkey Sausage Patty	1.025 oz	70	60	30	100	0.00	0.36	20.0	0	0.0	*N/A*	6.0	0.0	4.0	1.00	0.00	
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00	
String Cheese, Mozzarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00	
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00	
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00	
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00	
Weighted Daily Average % of Calories			587	*29	527	*5.57	*3.51	*565.3	1177	*119.09	*46 *31.1%	*21.73 *14.8%	*106.51 *72.6%	10.18 15.6%	3.73 5.7%	0.00 0.0%	
Nutrient Guideline			350-500		540											<10.00	

Wed - 11/23/2016																	
Elementary Brkfst-Traditional	Total	100															
Pizza Bagel Breakfast WG	1 Bagel	70	192	15	383	0.90	1.59	217.0	365	3.8	*N/A*	11.65	23.16	5.71	3.01	*N/A*	
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00	
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00	
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00	
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00	
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00	
Weighted Daily Average % of Calories			559	*14	534	*5.20	*3.82	*591.8	1646	*120.91	*44 *31.3%	*21.38 *15.3%	*107.62 *77.1%	6.58 10.6%	2.99 4.8%	*0.00 *0.0%	
Nutrient Guideline			350-500		540											<10.00	

Thu - 11/24/2016																	
Elementary Brkfst-Traditional HOLIDAY	Total SERVING	100															
		1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00	

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**Santa Monica-Malibu USD**

**Nov 1, 2016 thru Nov 30, 2016**

Base Menu Spreadsheet

Elementary Brkfst-Traditional

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540											<10.00

Fri - 11/25/2016																
Elementary Brkfst-Traditional HOLIDAY	Total SERVING	100														
		1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			350-500		540											<10.00

Mon - 11/28/2016																
Elementary Brkfst-Traditional	Total	100														
Banana Bread	3.4 oz	70	280	0	220	2.00	1.08	80.0	100	0.0	25	5.0	44.0	10.0	2.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
String Cheese, Mozarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			608	*8	387	*5.57	*3.00	*502.3	1226	*118.25	*59	*18.23	*116.31	10.18	3.03	0.00
% of Calories											*38.8%	*12.0%	*76.5%	15.1%	4.5%	0.0%
Nutrient Guideline			350-500		540											<10.00

Tue - 11/29/2016																
Elementary Brkfst-Traditional	Total	100														
Waffle Stix- Belgian Chef WG	62 g	70	154	0	274	2.19	1.18	21.9	27	0.0	5	4.39	29.61	2.19	0.00	0.00
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
Elf Grahams, Assorted	28 g	30	120	0	112	1.33	1.60	185.6	928	0.0	8	2.0	20.66	4.0	1.00	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			532	*3	458	*6.10	*3.54	*455.3	1410	*118.25	*48	*16.30	*112.14	4.12	0.88	0.00
% of Calories											*35.8%	*12.3%	*84.4%	7.0%	1.5%	0.0%
Nutrient Guideline			350-500		540											<10.00

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# Santa Monica-Malibu USD

Nov 1, 2016 thru Nov 30, 2016

Base Menu Spreadsheet

Elementary Brkfst-Traditional

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/30/2016																
Elementary Brkfst-Traditional	Total	100														
Pizza Bagel Breakfast WG	1 Bagel	70	192	15	383	0.90	1.59	217.0	365	3.8	*N/A*	11.65	23.16	5.71	3.01	*N/A*
Cereal, Assorted	28 g	30	102	*0	178	*0.67	*6.60	*46.7	475	*5.6	4	*1.78	*19.01	0.9	0.15	0.00
String Cheese, Mozzarella	28 g	30	80	15	4	0.00	0.07	207.0	146	0.0	0	7.0	1.0	6.0	3.50	0.00
Fresh Fruit, Assorted	1/2 cup	100	98	0	1	3.97	0.25	27.6	204	34.87	*6	1.11	25.5	0.28	0.04	0.00
Milk Variety 2016-2017	8 oz.	100	110	*3	140	0.00	0.00	315.9	499	1.6	15	8.98	15.96	0.83	0.50	0.00
Juice, Assorted 2016-2017	8 oz	100	150	0	39	0.00	0.00	26.7	267	80.1	*19	2.0	38.05	0.0	0.00	0.00
Weighted Daily Average			547	*18	501	*4.80	*3.36	*598.2	1411	*120.91	*41	*22.88	*101.72	7.18	3.74	*0.00
% of Calories											*30.4%	*16.7%	*74.4%	11.8%	6.2%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			585	*24	478	*5.91	*3.61	*533.6	1472	*119.08	*51	*19.67	*114.08	7.70	2.50	*0.00
											*78.4%	*13.5%	*78.0%	11.8%	3.8%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	585		350 - 500	117%			85	Correction Required - Calories too High
Cholesterol (mg)	24				Missing			
Sodium (mg)	478		540					
Fiber (g)	5.91				Missing			
Iron (mg)	3.61				Missing			
Calcium (mg)	533.6				Missing			
Vitamin A (IU)	1472							
Sugars (g)	51	34.82%			Missing			
Vitamin C (mg)	119.08				Missing			
Protein (g)	19.67	13.45%			Missing			
Carbohydrate (g)	114.08	78.01%			Missing			
Total Fat (g)	7.70	11.84%						
Saturated Fat (g)	2.50	3.84%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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