



***Lincoln Middle School's
Weekly Breakfast Menu
2011/2012***

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>WG English Muffin w/ Turkey Sausage, Egg & Cheese</i>	<i>WG Reduced Fat Grilled Cheese Sandwich</i>	<i>Breakfast Pizza</i>	<i>Scrambled Egg & Cheese Breakfast Burrito</i>	<i>Lumberjack French Toast w/Turkey Sausage Patty</i>

Assorted Items Offered Daily

Fruit & Yogurt Parfait
 Pancake & Sausage on a Stick
 RF Grilled Cheese Sandwich
 Belgian Waffle w/ Turkey Sausage Patty
 Biscuit, Turkey Sausage & Cheese
 Whole Wheat PB&J Sandwich (2.8oz)
 All Breakfast Include Potatoes or Fresh Fruit

Offered Fresh Daily

Assorted 100% Fruit Juice
 Assorted Fresh Fruit
 1% & Nonfat Milk
 Assorted Cold Cereal (Whole Grains, Reduced Sugar)
 Whole Grain Graham Crackers

Prices

**Full Price \$1.50
 Reduced Price \$0.30**