



JAMS Breakfast Menu 2011/2012

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Belgian Waffle w/Turkey Sausage Patty</i>	<i>Reduced Fat Grilled Cheese Sandwich</i>	<i>Breakfast Pizza</i>	<i>Breakfast Bowl Scrambled Eggs, Potatoes & Cheese</i>	<i>WG English Muffin w/Turkey Sausage, Egg & Cheese</i>

A Variety of the Following Items Are Offered Daily

*Fruit & Yogurt Parfait
 Lumberjack French Toast w/Turkey Sausage Patty
 Pancake & Sausage on a Stick
 Pancakes w/Turkey Sausage Patty
 Breakfast Burrito
 Biscuit, Turkey Sausage, & Cheese
 All Breakfast Include Fresh Baked Potatoes or Fresh Fruit*

Offered Everyday

*Assorted Fresh Fruit
 Assorted Cold Cereals (Whole Grains, Reduced Sugar)
 Whole Grain Graham Crackers
 Assorted 100% Fruit Juice
 1% & Nonfat Milk,*

Prices: Full Price \$1.50, Reduced Price \$0.30

