

Santa Monica High School PTSA would like to invite district parents to join us for an important and informative parent education seminar focused on

Drug and Alcohol Awareness and Education

As parents, it is important for all of us to be aware and informed so that we can support our students and our SMMUSD student community.



Date: May 9, 2017

Time: 7 to 9 pm

Location: Samohi Cafeteria

*Light refreshments will be served.
Spanish translation will be available.*

Topics and Speakers

Teen Development and Risk Taking -- Reasons Why Kids Use

Shuli Lotan, Coordinator of Mental Health Counseling, SMMUSD

What Drugs are Out There and What Paraphernalia Looks Like

*Beatriz Gutierrez, School Resource Officer, SMPD
Ana Jara, Youth and Family Services Coordinator, SMPD*

Health Effects of Use on Teen Brains and Bodies

Dr. Emily DeFraitas, Psychiatrist and Samohi alumna

Signs of What to Look For and Stages of Use How to Talk to Your Kids About Drugs and Alcohol Coping Skills and Healthy Alternatives

*Shawn Davis, Drug and Alcohol Prevention Manager, CLARE Foundation
Ana Jara, Youth and Family Services Coordinator, SMPD*

Resources Available to Students and Families

Shuli Lotan, Coordinator of Mental Health Counseling, SMMUSD

Questions and Answers

Moderated by Dr. Antonio Shelton, Samohi Principal

No RSVP required. Questions? Email: Joan Krenik at mkrenik@yahoo.com